School Based Health Centers (SBHCs):
- Are located in schools on or on school grounds.
- Work cooperatively within the school to become an integral part of the school.
- Provide a comprehensive range of services that meet the specific physical and behavioral health needs of the young people in the community.
- Employ a multidisciplinary team of providers to care for the students: nurse practitioners, registered nurses, physician assistants, social workers, physicians, alcohol and drug counselors, and other health professionals.
- Provide clinical services through a qualified health provider such as a hospital, health department, or medical practice.
- Require parents to sign written consents for their children to receive the full scope of services provided at the SBHC.
- Often have an advisory board consisting of community representatives, parents, youth, and family organizations, to provide planning and oversight.
- Provide care to students who otherwise might not have access to quality healthcare services.

National Data:
- Sites:
  - Comprise 1,909 sites.
  - Offer only primary care (39%), offer primary care and behavioral health (39%), offer primary, behavioral, and adjacent services (23%).
  - Of 1,708 sites, 25.8% are Hispanic, 39.5% are White, 18.1% are Black, 2.4% are Asian/Pacific Islander, 1.7% are Native American/Alaskan Native, and 4.8% are Other.
  - Relieve funding from their state government (46%), private foundations (49%), school district (46%), and the federal government (39%).

NM Data:
- Sites:
  - Comprise approximately 80 sites.
  - Offer only primary care (39%), offer primary and behavioral health (39%), offer primary, behavioral, and adjacent services (23%).
  - Of 220 sites, 25.8% are Hispanic, 39.5% are White, 18.1% are Black, 2.4% are Asian/Pacific Islander, 1.7% are Native American/Alaskan Native, and 4.8% are Other.
  - Relieve funding from their state government (46%), private foundations (49%), school district (46%), and the federal government (39%).

UNM Family & Community Medicine SBHC Program

**Sites**

- **University Schools:**
  - UNM ACE Leadership (anticipated opening 10/09)
  - Roosevelt Middle School (established in 2006)
  - Health Education / Promotion
  - Includes multiple services, such as completing EPSDTs, conducting sports physicals, immunizations.
  - East San Jose Elementary School (established in 1986)
  - Includes a wide array of services, including radiography, cleanings, fluoride treatments, sealants, dental exams, screenings, education, prescriptions, referrals, performing lab work, and referring to other providers as needed.
  - Washington Middle School (established in 1991)
  - Van Buren Middle School (established in 1992)

- **Elementary Schools:**
  - Albany Park High School (established in 1978)
  - Highland High School (established in 1993)
  - Middle School:
    - Grant Middle School (established in 2001)
    - Roosevelt Middle School (established in 2001)
    - Van Buren Middle School (established in 1991)
    - Washington-Middle School (established in 1991)
    - Wilson Middle School / Native American Community Academy (established in 2002)

**Populations**

During the FY10 school year, the Program treated 2,476 students:
- At 7 schools:
  - 43% are White,
  - 42% are Hispanic,
  - 5% are Black,
  - 3% are Asian/Pacific Islander,
  - 1.7% are Native American/Alaskan Native,
  - 1.4% are Other.

**Services**

During the FY10 school year, the Program provided:
- Behavioral Health: 2,201 visits
  - Includes psychiatric therapy, pediatric care, mental health, consultations, education.
- Oral Health: 1,342 visits
  - Includes a wide array of services, including radiography, cleanings, fluoride treatments, sealants, dental exams, screenings.
- Prevention: 612 visits
  - Includes multiple services, such as conducting EPSDTs, conducting sports physicals, treating illnesses and injuries, providing family planning (counseling, education, prescriptions, referrals), performing lab work, and referring to other providers as needed.

**Research**

During FY10, the SBHC worked with Dept. of Pediatrics to conduct research on Motivational Interviewing (MI) efficacy on obesity. Research was conducted in accordance with Community Based Participatory Research principles and compared ‘care as usual’ in a SBHC with use of MI, increased SBHC contact and monitoring, and parent engagement. Pre- and post data have been entered and is being analyzed.

**Funding**

FY10 Total budget = $1.7 million
- 50% external funding (0.61 Medicaid, 46.41 private grants, 35.31 state contracts, 7.71 collections)
- 21% Internal funding (44.51 Dept. of Pediatrics, 15.11 Dept of Surgery / Dental)

**References**
3. NM Alliance on School Based Health Care. Retrieved online from www.nasbhc.org

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