

CONTENTS

Chapter 1	Introduction	1
	What is RSI?	
	What is RSA?	
	The Spectrum of Airway Management	
	Four Purposes of RSI	
	Five Indications for RSI	
	Contraindications for RSI	
	Complications and Risks of RSI	
	Take Home Points	
Chapter 2	Basic Principles	9
	No Positive Pressure Ventilation	
	Preoxygenation	
	Cricoid Pressure	
	Three Strikes and You're Out	
	Tube Confirmation	
	Securing the Tube	
	Sedation, Analgesia and Paralysis	
	The 10 P's – The Actual Steps of RSI	
	Take Home Points	
	Case Scenario: "Bread and Butter" RSI	
Chapter 3	Pharmacology	31
	Premedication	
	Induction Agents	
	Paralytics (Neuromuscular Blockers)	
	Sugammadex	
	Sedatives & Analgesics	
	Take Home Points	
	Case scenario: Neuro patient	
Chapter 4	The Difficult and Missed Airway	67
	Definitions	
	Predicting the Difficult Airway	
	Develop a Plan – The Multiple Attempts Algorithm	

	The Optimal First Attempt	
	The Missed First Optimal Attempt	
	The Missed Second Attempt	
	Between Attempts	
	The Missed Third Attempt	
	Take Home Points	
	Case Scenario: Difficult airway – the morbidly obese patient	
Chapter 5	Pediatric Considerations	135
	Anatomical and Physiological Differences in Children	
	RSI Pharmacology for Children	
	RSI Technique for Pediatric Patients	
	Pediatric Difficult Airways	
	Pediatric Back-up Airways	
	Pediatric Alternative Airways	
	Take Home Points	
	Case Scenario: Pediatrics	
Chapter 6	The 10 P's of Rapid Sequence Intubation	145
	Case Scenario: Difficult intubation-the hypotensive and hypoxic patient	
Chapter 7	Rapid Sequence Airway	153
	What is RSA?	
	History and Development of RSA	
	Case Report	
	Indications and Contraindications	
	Sample Protocol	
	Case Scenario: In-flight airway management/RSA	
Chapter 8	Legal Stuff and Quality Assurance	161
	Legal Issues	
	Documentation	
	Quality Assurance/Improvement	
References	171
Acronyms and Abbreviations	189
About the Author	192