Getting Your DOB Test
(Dobutamine Stress Echocardiogram)

What is DOB?
A DOB test helps your doctor see how well your heart works under stress. You will get a medicine called Dobutamine. It will make your heart beat stronger and faster during the test. You will lie on a bed during the test.

What we do during the test:
- Watch your blood pressure and heart rate.
- Do an ECHO (echocardiogram). This is an exam of your heart as it beats.
- Check your ECG (EKG).

We may do only parts of this test. This depends on your heart rate and how you are feeling. A doctor will look at your results before you leave.

What to Do Before Your Test
- Do not eat or drink for 6 hours before your test.
- If you are diabetic and take insulin, take only half of your dose. If you are taking a pill, take the whole pill. You may also have dry toast and only 1 cup of orange juice no later than 6 hours before the test. Please call your doctor if you have questions.
- If you take medicines each day, you can take them with a small sip of water. Your doctor may ask you not to take certain medicines before this test.

On the Day of Your Test
- Come to the Diagnostic Center on the 2nd floor of the hospital.
- If you need to cancel your test, please call 272-2403.
- You may need to make a co-pay for this test.

Questions? Call Us!
Heart Station
Diagnostic Center, 2nd Floor – South Tower
Phone: 505-272-2403  7:00 a.m. – 5:30 p.m.
After 5:30 p.m. call 272-2111. Ask for the “Cardiology Fellow” on call.

In case of emergency call 911.