How to Use an Event Recorder

An **Event Recorder** is a monitor for your heart. It helps your doctor see if your heart is beating like it should. It also helps show if heart trouble is causing your dizziness, fainting, shortness of breath, or other problems. You wear the monitor at home for up to a month.
We show you how to use it.

What Happens When You Get an Event Recorder

- We place two wires on your chest using small, round stickers called electrodes. The wires plug into the monitor.

- The monitor clips onto pants or a belt. Or you can carry it in a shirt pocket.

- You keep the monitor with you at all times. Take it off to shower.

- ✘ **Don't** get the monitor or wires wet.

- You send data from the monitor to us over a landline phone.

We have 3 kinds of event recorders. Your doctor will choose one for you.

How to Send Data Over the Phone

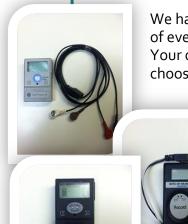**Call (505) 272-1124.** We will talk you through these steps:

1. Unplug the wires from the monitor.

2. Place the phone mouthpiece over the phone picture on the monitor.

3. Press the monitor **Send** button.

4. You'll hear a tone until the monitor is finished sending.

5. Ask the staff member if the data came through. If it did, you can hang up and plug the wires back into the monitor.

You can send data 24 hours a day, 7 days a week, including weekends and holidays.

Questions? Call Us!
Heart Station, Diagnostic Center, 2nd Floor – Main Hospital
Phone: (505) 272-2403   7:00 a.m. – 5:00 p.m.
After 4:00 p.m. call 272-2111. Ask for the "Cardiology Fellow" on call.

UNM HOSPITALS

Event Recorder Diary

Event Number	Date of Event	Time of Event	Symptoms at Time of Event	Did you send in this event?
1				
2				
3				
4				
5				
6				
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21				

UNM HOSPITALS

Event Recorder Diary

Event Number	Date of Event	Time of Event	Symptoms at Time of Event	Did you send in this event?
22				
23				
24				
25				
26				
27				
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