Getting an Abdominal Ultrasound

What is an Abdominal Ultrasound?

Ultrasound makes pictures of the inside of the body using sound.

When you get an abdominal ultrasound, we move a probe across your belly. The probe sends out sound waves, which send images to a computer. The result is a "picture" of the inside of your abdomen.

There are **no** known risks to having this kind of ultrasound. Ultrasound exams do **not** use x-rays.

Before Your Ultrasound

- ➤ **Don't** eat or drink anything starting 8 to 12 hours before the test. Ultrasounds of the abdomen work much better if your stomach is not full
- You can take your medicines with water, unless your doctor tells you otherwise.

During and After Your Ultrasound

- Wear loose-fitting clothes. You may need to take off some clothes in the exam room.
- We may ask you to wear a gown.
- We'll put a clear gel on your skin, then slide the probe over it.
- When we are finished, we will wipe off the clear gel.
- After your ultrasound exam, you can go back to your normal day.

Questions? Call Us!

Vascular Lab Diagnostic Center, 2nd Floor-Main Hospital 2211 Lomas Blvd. NE Albuquerque, NM 87106 (505) 272-2403 Open 8:00 am-5:00 pm







