

# 30th Annual Advances in Primary Care

*Supporting You,  
Supporting Your Practice*

September 5, 2008

UNM Student Union  
Building  
Albuquerque, NM

*Photo: White Sands New Mexico, by David Jones*

Presented by:



Department of Internal Medicine, Department of Family and Community  
Medicine and the Office of Continuing Medical Education

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## ACCREDITATION

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The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education designates this educational activity for a maximum of 8.0 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

This activity is approved for 8.0 contact hours by the University of New Mexico Office of Continuing Medical Education, an approved provider by the New Mexico Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Per the criteria for approval from the New Mexico Nurses' Association participants who are requesting nursing credit must attend the entire conference to obtain the certificate of credit. Certificates of nursing credit will be issued at 5:00 pm.

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## CANCELLATION

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If you pre-register and cannot attend, the Office of Continuing Medical Education will refund tuition, less a \$40.00 administrative fee, provided it is received in writing on or before August 29, 2008. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is cancelled, the Office of CME is not responsible for any airfare, hotel or other costs incurred by participants.

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## REGISTRATION INFORMATION

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Your registration fee includes conference materials, a continental breakfast, refreshment breaks and lunch. Minimum and maximum numbers have been established for this conference; therefore, your pre-registration will be confirmed by mail. Please present your confirmation letter at the registration desk. It is UNM policy to charge the offerer \$15.00 plus normal merchant bank fees for each returned check.

All eligible UNM Faculty and Staff may enroll using a tuition remission (waiver) to cover tuition costs listed on the registration form. Properly completed, tuition remissions must accompany the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

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## CONFERENCE SITE AND PARKING INFORMATION

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This conference will be held at the UNM Student Union Building, which is located on the University of New Mexico Campus. You will need to pay for parking at either the SUB Parking Structure or another lot a little farther away. The cost is \$16.00 for the structure and \$8.00 for the lot. Directions and a map will be sent along with your confirmation letter.

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## NEARBY HOTELS

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We do not have a room block secured for this conference. However the three hotels listed below are just a few miles from the conference site.

**Embassy Suites**  
1000 Woodward Place NE  
Albuquerque, NM 87102  
Phone: (505) 245-7100

**Albuquerque Hilton Hotel**  
1901 University Boulevard NE  
Albuquerque, NM 87102  
Phone: (505) 884-2500

**Fairfield Inn by Marriott**  
1760 Menaul NE  
Albuquerque, NM 87102  
Phone: (505) 889-4000

These hotels are a few miles from the University of New Mexico Campus, where the conference is being held. **Participants are responsible for their own transportation between the two sites.**

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## PROGRAM

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### 30th Annual Advances in Primary Care “Supporting You, Supporting Your Practice” Friday, September 5, 2008

#### Conference Objectives

The practice of medicine is complex, stressful, and ever changing. This conference’s goals are to provide updates and support in practice management, medical knowledge, joy and renewal in medicine.

In addition to the Keynote speakers, the program will present 3 blocks of educational opportunities. One covers concise updates regarding tools and techniques to aid in office practice. The second offers small group workshops, covering physician well being, facilitated reflection and appreciative inquiry. The third focuses on updates of the spectrum of diseases involved in the metabolic syndrome.

- 7:45 AM **Welcome and Keynote Speaker**  
**Maintaining Joy in Practice – What I Love about Practicing Medicine Even After All These Years**  
Arthur Kaufman, MD
- 8:40 AM **Keeping Current with Medical Advances: New Ways to Access the Medical Literature**  
Philip Kroth, MD, MS
- 9:40 AM **UNM Preceptorship Program**  
Brian Solan, MD, MPH
- 9:50 AM **Break**
- 10:00 AM **Breakout Sessions** - On the registration form, please select which session you would prefer to attend, either Session A or Session B.
- A. Office Support Technologies**  
Facilitator: Dan Stulberg, MD
- 10:00 am 1. **Electronic Health Records**  
William H. (Trey) Dodson, III, MD
- 10:20 am 2. **Using PDAs in Practice**  
Dan Stulberg, MD
- 10:40 am 3. **Systems to Support Chronic Care**  
Carolyn Voss, MD
- 11:00 am 4. **Using Group Visits to Enhance Patient Health Outcomes and Satisfaction**  
Linda Macdonald, MD
- 11:20 am 5. **Coding Updates**  
Kay Lusk, Certified Professional Coder
- 11:40 am 6. **General Discussion**
- B. Physician Well-Being: Work as an Expression of Self and Healing**  
Facilitator: Bronwyn Wilson, MD, MPH
- 10:00 am 1. **Is Your Life in Balance?**  
Melissa Kennedy, MD
- 10:25 am 2. **Healer’s Art – Awe in Medicine**  
Toby Palley, MD
- 10:50 am 3. **Peer Balint Groups for Provider Support**  
Bradley Samuel, PhD
- 11:15 am 4. **Appreciative Inquiry: A Tool to Improve Morale and Performance**  
Bronwyn Wilson, MD, MPH
- 11:35 am 5. **General Discussion**
- 12:00 PM **Lunch, provided** - Optional Interest Groups Tables
- 1:00 PM **Afternoon Keynote/Demonstration: Supporting Your Practice: Telemedicine ECHO Project Demonstration**  
Sanjeev Arora, MD
- 2:15 PM **Break**

- 2:30 PM **Updates in Cardiovascular Health**  
(15 minute talks with 5 minute Q&A)
- 2:30 pm 1. **Updates on the New Tests for Coronary Artery Disease Detection**  
TBA
- 2:50 pm 2. **Caring for the Post MI Patient in the Primary Care Setting**  
Mark Ricciardi, MD
- 3:10 pm 3. **Updates in Pharmacologic Management of Hypertension**  
Allen Adolphe, MD, PhD
- 3:30 pm 4. **New Approaches & Best Methods in Treating Obesity**  
Kathleen Colleran, MD
- 3:50 pm 5. **How to Incorporate the New Diabetes Medicines into Your Current Treatment Protocols**  
Patricia Kapsner, MD
- 4:10 pm 6. **Question and Answer**
- 4:30 PM **Discussion and Wrap Up**  
Dan Stulberg, MD and Bronwyn Wilson, MD, MPH
- 5:00 PM **Conference Adjourns**

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## FACULTY

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### UNIVERSITY OF NEW MEXICO SCHOOL OF MEDICINE AND LOCAL FACULTY

#### Allen Adolphe, MD, PhD

Professor  
Division of General Internal Medicine  
Department of Internal Medicine

#### Sanjeev Arora, MD

Professor of Medicine (Gastroenterology/Hepatology)  
Executive Vice Chairman  
Department of Internal Medicine

#### Kathleen Colleran, MD

Associate Professor  
Division of Endocrinology  
Department of Internal Medicine

#### William H. (Trey) Dodson, III, MD

Associate Residency Program Director  
Associate Professor  
Department of Family and Community Medicine

#### Patricia Kapsner, MD

Associate Professor  
Division of Endocrinology  
Department of Internal Medicine

#### Arthur Kaufman, MD

Vice President for Community Health  
Professor, Family and Community Medicine

#### Melissa Kennedy, MD

Section of Integrative Medicine, Center for Life

#### Philip Kroth, MD, MS

Assistant Professor  
Director, Health Sciences Informatics Program  
Development  
Health Sciences Library and Informatics Center

#### Kay Lusk

Certified Professional Coder  
Coding Education Manager  
UNM Medical Group

#### Linda Macdonald, MD

HBE Disease Management Clinic  
Sandia National Laboratories  
Albuquerque, NM

#### Toby Palley, MD

Associate Professor  
Department of Family and Community Medicine

#### Mark Ricciardi, MD

Associate Professor  
Director, Cardiac Catheterization Labs

#### Bradley Samuel, PhD

Assistant Professor  
Department of Family and Community Medicine

#### Brian Solan, MD, MPH

Associate Professor  
Department of Family and Community Medicine

#### Carolyn Voss, MD

Executive Medical Director for Ambulatory  
Services  
Assistant Dean, Clinical Affairs  
Professor of General Internal Medicine

#### PLANNING COMMITTEE

#### Dan Stulberg, MD

Associate Professor  
Department of Family and Community Medicine

#### Bronwyn Wilson, MD, MPH

Associate Professor  
Division of General Internal Medicine  
Department of Internal Medicine

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## REGISTRATION FORM

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**30th Annual Advances in Primary Care**  
“Supporting You, Supporting Your Practice”

Fax to:

Office of Continuing Medical Education  
(505) 272-8604

Name: \_\_\_\_\_

Circle Your Title: MD DO RN LPN NP PA EMT Other: \_\_\_\_\_

Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**10:00 am Breakout Selection**

**A. Office Support Technologies**       **Vegetarian Box Lunch**

**B. Physician Well-Being**

**“Early Bird” Registration, postmarked on or before 8/22/08**

\_\_\_\_\_ MD, DO, RN, LPN, NP, PA, Other ..... \$150.00

**“Regular” Registration, postmarked after 8/22/08**

\_\_\_\_\_ MD, DO, RN, LPN, NP, PA, Other ..... \$190.00

**Method of Payment:**

\_\_\_\_\_ Check    \_\_\_\_\_ UNM Tuition Remission    \_\_\_\_\_ Purchase Order# \_\_\_\_\_

\_\_\_\_\_ Mastercard    \_\_\_\_\_ Visa (V# on Back \_\_\_ \_\_ \_\_)

Credit Card No.: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Amount: \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

Make check payable to the **UNM Office of CME** and mail it along with this form to:  
The University of New Mexico, Office of Continuing Medical Education, MSC09-5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001.  
Telephone registrations (505) 272-3942 and fax registrations (505) 272-8604 will be accepted with Visa, Mastercard and Purchase Orders only. **UNM Faculty:** Please fax your Tuition Remission Form when paying for this conference.

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## CONTACT INFORMATION

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This symposium is presented by the University of New Mexico School of Medicine, Departments of Internal Medicine and Family and Community Medicine and the Office of Continuing Medical Education. For additional information contact:

UNM Office of Continuing Medical Education

MSC09 5370 - 1 University of New Mexico

Albuquerque, NM 87131-0001

Phone: (505) 272-3942 • Fax: (505) 272-8604

Visit the UNM CME website: <http://hsc.unm.edu/cme>