

NEW MEXICO GERIATRIC EDUCATION CENTER

University of New Mexico Health Sciences Center

In collaboration with Veteran Affairs Medical Center, Albuquerque and Indian Health Service Elder Care Initiative

Present

SUMMER 2008 GERIATRIC INSTITUTE

Better Outcomes, Healthier Elders: Collaboration in Management of Chronic Disease

Special emphasis on the Interdisciplinary Healthcare of American Indian Elderly

INTERDISCIPLINARY TOPICS

- ◆ **Cardiovascular Diseases**
- ◆ **Malignant Diseases**
- ◆ **Arthritis and Related Disorders**
- ◆ **Elder Issues in Chronic Disease**
- ◆ **Health Literacy**

June 19-21, 2008

**Radisson Hotel and Conference Center
2500 Carlisle Blvd. NE**

Albuquerque, New Mexico 87110

For Reservations: 1-800-333-3333 or 505-889-3311

Look for on-line brochure in Mid-March

at <http://hsc.unm.edu/cme> or

<http://hsc.unm.edu/som/fcm/gec>

Registration Fees: MDs - \$275, Other Disciplines - \$190

A conference rate for one 1/2 day is available for June 21, Health Literacy focus.

*For attendance at this 1/2 day session only, please call for rate.

For more information on tuition waivers available for Indian Health Service and Tribal Providers, call the New Mexico Geriatric Education Center at (505) 272-4934 or email cdavison@salud.unm.edu.

SUMMER 2008 GERIATRIC INSTITUTE

Thursday, June 19, 2008

- 8:00 am Welcome and Blessing
- 8:10 am **Introduction to the Epidemiology of Chronic Disease in Aging**
Meghan Gerety, MD
- 8:40 am **Impact of Chronic Illness on Family Dynamics-Linda George, PhD**
- 9:30 am Panel Discussion and Questions
- 9:40 am Break
- 10:00 am How Successful Have We Been in Improving Cardiovascular Disease Outcomes?
- 10:25 Elder Perspective
Evolving Best Practices for the Cardiovascular Diseases
- 10:35 am Stroke
- 11:00 am Coronary Artery Disease
- 11:25 am Congestive Heart Failure
- 11:50 am Panel Discussion and Questions
- 12:10 pm Lunch Provided
- 1:10 pm How Successful Have We Been in Improving Malignant Disease Outcomes?
- 1:40 Elder Perspective
Evolving Best Practices for the Most Common Malignancies
- 1:50 pm Kidney / Urinary Tract / Prostate Cancers
- 2:15 pm Lung Cancer
- 2:50 pm Break
- 3:05 pm Colorectal Cancer
- 3:30 pm Breast Cancer
- 3:55 pm Panel Discussion and Questions
- 4:10 pm Concurrent Sessions: 1) Case Management for Elders with Chronic Disease; 2) Cardiac Rehabilitation; 3) Rehabilitation Therapy for Arthritis; 4) Opportunities for Telehealth at UNM: The ECHO Project; 5) Role of Spirituality and Religion on Health and Well-Being
- 5:10 pm Adjourn

Friday, June 20, 2008

- 8:00 am Announcements
- 8:05 am How Successful Have We Been in Improving Outcomes in Arthritis and Related Disorders?
- 8:45 Elder Perspective
Evolving Best Practices for Arthritic Conditions and Related Disorders

Friday, June 20, 2008

- 8:50 am Management of the Common Arthritic Conditions
- 9:15 am Osteoporosis, Falls, and Fractures
- 9:40 am Coping with Fibromyalgia
- 10:05 am Panel Discussion and Questions
- 10:20 am Break
- 10:40 am Panel: Cultural Perspectives in Self-Management of Chronic Disease; African-American Perspective; American Indian Perspective; Hispanic/Latino Perspective
- 12:00 pm Lunch on Your Own
- 1:00 pm Elder Perspective
- 1:10 pm Depression
- 1:35 pm Chronic Obstructive Pulmonary Disease
- 2:00 pm Polypharmacy in Chronic Disease
- 2:25 pm Diabetes
- 2:50 pm Panel Discussion and Questions
- 3:00 pm Break
- 3:20 pm Critical Elements in Chronic Disease Management
- 4:00 pm Concurrent Sessions: 1) IHS Chronic Disease Management Model; 2) Pain Management in Chronic Disease; 3) Integrative (Complementary) Approaches Treatments and Medications; 4) Telehealth Program at the VA Medical Center; 5) Self-Management Tools for Diabetes
- 5:00 pm Adjourn

Saturday, June 21, 2008

- 8:00 am Introduction
- 8:15 am Elder Perspective
- 8:30 am ***What is Health Literacy and Why Does it Matter to Older Adults and Health Professionals? - Claudette Dalton, MD**
- 9:15 am Cultural Dimensions of Health Literacy among American Indians
- 10:00 am Break
- 10:20 am Assessing for Health Literacy
- 10:45 am Guidelines for Effective Oral and Written Communication through Plain Language
- 11:05 am Using MedlinePlus Patient Information to Enhance Health Literacy
- 11:30 am Panel Discussion and Questions
- 11:40 am Wrap Up and Overview of Subsequent Health Literacy Workshops
- 12:00 pm Summer 2008 Geriatric Institute Adjourns

ACCREDITATION

The University of New Mexico School of Medicine Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Office of Continuing Medical Education designates this education activity for a maximum of **17.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity is approved for **17.0** contact hours by the University of New Mexico Office School of Medicine Continuing Medical Education, an approved provider by the New Mexico Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



REGISTRATION FORM

Summer 2008 Geriatric Institute, June 19 - 21

Name: _____ Specialty: _____

Profession: (please circle one): MD DO PHARMD RPH RN LPN NP PA SW CHR OT PT NHA Other _____

Organization: (i.e. agency, pueblo/tribe, hospital) _____ IHS

Street Address: _____ Ethnicity (Optional): _____

City: _____ State: _____ Zip: _____

Email: _____ Daytime Phone: _____ Fax: _____

“Early Bird” Registration

(postmarked on or before June 6, 2008)

- MD DO PhD.....\$275.00
- Nurse PA SW NHA OT PT Others.....\$190.00
- CHR.....\$100.00
- House Officer/Student.....Free
(Student/HO enclose a copy of UNM ID)

“Regular” Registration

(postmarked after June 6, 2008)

- MD DO PhD.....\$315.00
- Nurse PA SW NHA OT PT Others.....\$230.00
- CHR\$140.00

Cancellation: If you cannot attend, the Office of Continuing Medical Education will refund tuition, less a \$40.00 administrative fee, provided a cancellation request is received in writing prior to **June 12, 2008**. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is cancelled, the Office of CME is not responsible for any airfare, hotel or other costs incurred by participants.

Telephone: 505-272-3942 and Fax: 505-272-8604 registrations accepted for Visa/MasterCard

Make Check Payable to Office of Continuing Medical Education and mail it with this form to:

University of New Mexico, Office of CME, MSC09 5370, 1 University of New Mexico, Albuquerque, NM 87131-0001

Please indicate method of payment: Check Institutional PO# _____ Tribal/IHS Tuition Waiver
 UNM Tuition Remission MasterCard Visa (include last 3 numbers on back of card _____)

Account # : _____ Expiration Date: _____ Amount: _____

Signature: _____