

PROTOCOL #6 – Testing and Triage, University of New Mexico

Migraine Headache

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History

Duration: 4- 72hrs

Description: recurrent, unilateral (usually), pulsating, moderate to severe, aggravated by or preventing usual physical activity and associated with Nausea/vomiting, phonophobia and/or photophobia.

Aura: may precede or present concurrent with headache. Typically visual, sensory, or speech, last 5 to 60min and completely reversible.

Caution: atypical symptoms/presentation, thunderclap HA, loss of consciousness, seizure, motor symptoms, loss of balance, loss of hearing, gait disturbance, memory loss, recent trauma

Evaluation

Comprehensive neurologic exam

HEENT exam

Neuroimaging: CT scan indicated when caution symptoms/signs present, or focal findings present and inconsistent w/ aura.

Treatment

NSAIDS

ACETAMINOPHEN

NARCOTICS

ANTI-EMETICS

TRIPTANS

Consider prophylaxis if chronic/recurrent.