

H S S C BULLETIN BOARD



Courtesy of UNM HSC Education and Outreach

WELCOME BACK & HAPPY NEW YEAR, HSC STUDENTS!

Welcome to the first edition of the HSSC Newsletter, where we give you an overview of HSC updates and student opportunities, and highlight student achievements!

Table of Contents

HSSC Updates	2
Student Opportunities	3
Student Life & Advocacy	9
Contact Us	11

HSSC UPDATES

Inception of the HSSC Bulletin Board

The purpose of the newsletter is to consolidate the extraordinary list of opportunities available across various HSC programs to make it easy for HSC students to refer to and rely on for new opportunities regarding academia, research, volunteering, work, and much more!

If you have content you would like include for the February 2024 edition, please use the [HSSC Drop Box](#) or *scan the QR code to submit*:



HSC Library Renovation

Students should be aware that renovations will be expected at the HSC Library & Informatics Center (HSLIC) from between the months of January 2024 through October 2024.

- During this period:
 - HSLIC will remain open on Mondays–Fridays from 7 AM – 4:30 PM
 - There will be 24/7 access to the 3rd and 4th floors
 - All study rooms will remain available
- Renovation plans include adding more study spaces and a small kitchenette to the first floor for student use.

North Campus Food Pantry

Stop by the North Campus Food Pantry in the student lounge!

- Resources are available to all HSC students.
- Be sure to fill out the anonymous form to help track usage and replenish items.
- Looking for representatives from the different programs to form a food pantry committee
- Rio Rancho will be getting a restock within the next week or so.

STUDENT OPPORTUNITIES

Health Advocacy Initiative

- Hello HSSC Members: My name is Jordan Lee, a medical student representing the Healthcare Advocacy Initiative of New Mexico (HAINM). Our mission is to advocate for enhanced healthcare access by bridging the gap between healthcare and legislation.
- I'm currently involved in coordinating efforts to sustain One Hope, a local student-run clinic that provides vital primary care to underserved populations.
- Unfortunately, the clinic is at risk of closure. In collaboration with Dr. Bouquin, we believe the UNM Health System can play a crucial role in preventing this. If you're interested in learning more and contributing, please join our WhatsApp group using this link: <https://chat.whatsapp.com/GhBETtVevOqLDsWPzcSJKa>

HATS Off Nominations: [NOMINATE HERE](#)

- Nominate any MD or MD/PhD candidates for their Humanism, Activism, Talent, or Service
- Recognize someone for the special, unique, or remarkable things they do or have accomplished
- Deadline: **Wednesday, January 10th, 2024**
- Ceremony: **February 6th, HSC Auditorium**

AHEC Scholars Info Session: [REGISTER HERE](#)

- When: **January 16th, 2024**
- Where: **12 PM - 1 PM in DCNW 2740**
- About:
 - Food will be provided
 - Informative Credit for IPE Honors



QUESTIONS: NMAHECSCHOLARS@SALUD.UNM.EDU

STUDENT OPPORTUNITIES

Rio Rancho Public Schools Student Research Expo @ Rio Rancho High School *Seeking Judges for Expo Panel*

- When: **January 18, 2024**
- Where: **Rio Rancho High School, Rio Rancho, New Mexico**
- About:
 - My name is Lauren Huey and I am a science teacher at V Sue Cleveland High School in Rio Rancho. I am in charge of recruiting and organizing judges for the research expo this year and wanted to extend an invitation for you to be a judge.
 - The RRPS Student Research EXPO is an opportunity for students to design and carry out a research project that is in an area of their interest. This opportunity allows students to develop problem-solving and research design skills. As you know these are vital skills in any STEM job and are skills that are helpful in life. Along with developing employable skills, the research EXPO gives students the opportunity to interact with industry professionals, which is where you come in.
 - By volunteering your time, you are helping our students to achieve and succeed. I hope that you will consider sharing your expertise with our students while judging the RRPS Student Research EXPO this year.
 - Rio Rancho High School is seeking 20-30 more amazing judges for their upcoming Student Research Expo.
 - If you are not able to help but want to judge in future years, please fill out the **January 2024 Availability Form** and select no for availability.
 - If you know of a coworker or friend who would be a good judge, feel free to forward them my email.
 - Attached is a form to gather information about your interest in judging as well as contact information for other potential judges. More information about the research EXPO will be sent over the next several weeks as the date gets closer.
 - Thank you so much for your time, and I hope to see you in January.

[SIGN-UP TO VOLUNTEER HERE](#)

[QUESTIONS OR JUDGE NOMINATIONS:](#)
LAUREN HUEY, LAUREN.HUEY@RRPS.NET

STUDENT OPPORTUNITIES

Vitalant Blood Drive (*Hosted by PA Program*)

- When: **January 19th, 2024, 10 AM – 1 PM**
- Where: UNM North Campus, Bloodmobile located outside of Dominici
- Sponsored by Vitalant

[SIGN-UP TO DONATE HERE](#) -OR- [CALL 505-879-0608](#)

NM Coalition to End Homelessness

- Seeking volunteers for annual Point-in-Time Count Event
- When: **January 30–February 2, 2024**
- About:
- The PIT Count is an annual outreach effort to survey every person in the city who is experiencing unsheltered homelessness. Volunteers will conduct surveys, distribute donations, and help connect unsheltered neighbors to beneficial services.
- Volunteers must attend a training beforehand – sign up via [this PIT Count Volunteer Sign-Up Form](#)
 - In the Agency Affiliation section, please enter “*Health Sciences Center*”

[SIGN-UP TO VOLUNTEER HERE](#)

QUESTIONS: HAINM@UNM.EDU

IPE's 5th Annual Values, Ethics, and Shared-Decision Making Conference: [REGISTER HERE](#)

- When: **February 2nd, 2024**
- Where: **1 PM – 4 PM in the CON/COP Building, Rooms 359 & 368**
- Interactive Credit for IPE Honors



STUDENT OPPORTUNITIES

Brain & Behavioral Health Research Day

Discover the Future of Brain & Behavioral Health in New Mexico

- When: **March 16, 2024**
- Where: **White Sands Missile Range, NM**
- About:
 - The 2024 Bataan Memorial Death March on White Sands Missile Range is coming up and is asking for volunteers to help with this event. Currently the event is planned to be held in-person. The military depends on ALL to volunteers to help in the medical tents to pull the event off. The military counts on us so sign up TODAY and we have been answering the call for decades. If you have never attended before there is a first time for everything and it is guaranteed to be a GREAT time!
 - We need everything including:
 - Experienced providers
 - Nurses
 - Emergency Medical Services
 - Techs
 - Physical/Occupational Therapy
 - Athletic Training
 - Pharmacy
 - Non-experienced medical personnel
 - Non-medical personnel
 - Residents
 - Students (EMS, Nursing, Medical, PT/OT, Athletic Training, Pharmacy, etc.).
 - Here are some videos that explain the event:
 - <https://www.youtube.com/watch?v=NQYCQPrT3aA>
 - <https://www.youtube.com/watch?v=ThYPN3lqYs4>
 - Website: <https://bataanmarch.com/> for more information.

[SIGN UP TO VOLUNTEER HERE](#)

QUESTIONS OR TO CONFIRM ATTENDANCE:

MICAH SHAW, MSHAW@SALUD.UNM.EDU

STUDENT OPPORTUNITIES

Brain & Behavioral Health Research Day

Discover the Future of Brain & Behavioral Health in New Mexico

- When: **March 22, 2024**
- Where: **9:00 AM to 3:30 PM MST, UNM Domenici Center for Health Sciences Education, Albuquerque, NM**
- About:
 - Come explore the latest breakthroughs and advancements in brain and behavioral health research and programs at UNM and across New Mexico!
 - Topics include: Population/Mental/Behavioral Health, Neuroimaging, Substance Use & Pain Research, Neurological Disorders, Neuro-oncology, Neurosurgery, and more!
 - 2024 Event Theme: *Neurodevelopmental Disorders & Child Health*
- Important Dates:
 - *January 22* – **Registration & Abstract Submission Opens**
 - *March 4* – **Deadline to Submit an Abstract**
 - *March 22* – **Event Day**
- Call for Abstracts:
 - The UNM Brain & Behavioral Health Institute will be accepting abstracts to participate in the poster session. *Community organizations, UNM faculty, staff, students, postdoctoral fellows & residents are encouraged to participate.*
 - **“Opt-in” Poster Competition**
 - Students, postdoctoral fellows, residents, other trainees, and community organizations are eligible for the “opt-in” competition part of the poster session.
 - For academic research posters:
 - Three monetary awards will be given for each category (basic science, clinical research, and population health).
 - 1st place = \$100 first place
 - 2nd place = \$75 second place
 - 3rd place = \$50 third place.
 - For community organizations:
 - Two \$100 awards will be presented to the top finalists.
 - **Submission Deadline: March 4th, 2024.**

QUESTIONS OR ABSTRACT SUBMISSIONS:
FAITH ANN BRANDT, HSC-BBHI@SALUD.UNM.EDU

STUDENT OPPORTUNITIES

Western Positive Psychology Association Conference

Call for Submissions & Registration



- When: **March 22 - 24, 2024**
- Where: Albuquerque, New Mexico
- About:
 - This conference brings together a collaborative scientific community of faculty, students, practitioners, and scholars to advance and support research on the science of well-being and optimal human functioning.
 - We are accepting podium-oral presentations, symposia, workshops, and poster submissions to the 8th Western Positive Psychology Association Conference.
 - Proposals must be submitted by **January 15, 2024 11:59 PM PST**.
 - To submit, you will need:
 - Presentation title (10-14 words)
 - Abstract of 150-250 words, your name, (and co-presenters if applicable), academic institution(s) and/or organization affiliation(s), plus preferred presentation format
 - If you are submitting a symposium, the corresponding author first will submit the symposium title followed by the symposium abstract and additional presenters.
 - The symposium chair and each presenter then provide their abstracts under separate submissions.
 - The chair is responsible for participant communication.
 - Abstracts will be reviewed by our academic committee team from Claremont Graduate University, University of New Mexico, WPPA, and California State University. Accepted participants will be notified by January 23, 2024.

[LEARN MORE ABOUT CONFERENCE HERE](#)

[SUBMIT ABSTRACT HERE](#)

QUESTIONS: WPPA.CONFERENCE@CGU.EDU

STUDENT LIFE & ADVOCACY

New Mexico Youth with Opioid Use Disorder Are Unable to Access Evidence-Based Treatment in the Form of Medication for Addiction Treatment (MAT)

Problem: Youth substance use, addiction, and death is a growing crisis and it is exceedingly difficult for youth to gain access to evidence-based treatment

Solution: Support a bill being introduced in the New Mexico Legislature that would expand evidence-based treatment for opioid use disorder (OUD) for adolescents in New Mexico

The Opioid Epidemic is Increasingly Affecting Youth

- The overall diagnosis rate for OUD among youth rose nearly 6-fold between 2001 and 2014.
- Nearly 12x as many adolescents suffer from OUD each year than are diagnosed with cancer.
- Overdose deaths among adolescents have increased by more than 100% since 2019.
- Two-thirds of individuals in treatment of OUD report their first use was before the age of 25, and one-third report that it was before the age of 18.
- Rates of overdose death disproportionately affect Native American and Latinx communities in New Mexico.
- Rates of overdose death also disproportionately affect rural communities in New Mexico.

MAT is Evidence-Based Treatment for OUD, but Access is Limited

- MAT used to treat adolescents with OUD is endorsed by the American Academy of Pediatrics, American Society of Addiction Medicine, Society for Adolescent Health and Medicine, World Health Organization, and National Institutes of Health.

STUDENT LIFE & ADVOCACY

New Mexico Youth with Opioid Use Disorder Are Unable to Access Evidence-Based Treatment in the Form of Medication for Addiction Treatment (MAT) *(cont.)*

- MAT is associated with reduced all-cause mortality, fewer relapses to opioid use, enhanced recovery and retention in addiction care, reduction in the spread of infectious diseases like HIV and hepatitis C, and improved overall mental health.
- The average parent would need to call 29 facilities in the U.S. before finding one that provides MAT to patients 16 years or younger.
- Less than 5 substance abuse treatment programs in New Mexico offer or allow adolescents to utilize MAT.
- Youth detention centers in New Mexico also do not consistently provide MAT to youth with OUD.
- Collectively, these policies put adolescents at increased risk for continued addiction into adulthood, overdose, and death.

Action You Can Take as a Medical Student

- Call your local legislators and encourage them to support or co-sponsor this bill when it is filed.
- Sign up to give public commentary during hearings on the bill.
- Write an op-ed on the topic.

QUESTIONS ON OTHER WAYS TO GET INVOLVED:

AMANDA COLLAR, COLLARAL@SALUD.UNM.EDU

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CONTACT US

Want to highlight a students' achievements?

Have an opportunity you want to share?

Ideas? Photos of events? Improvements?

**SCAN QR CODE TO SUBMIT CONTENT FOR THE
FEBRUARY 2024 EDITION OF HSSC BULLETIN BOARD**



OR EMAIL US AT:

HSSCSecretary@salud.unm.edu

- OR -

HSSCPresident@salud.unm.edu