



HSC Wellness Center Code of Conduct

1. **An HSC badge is required at all times to enter and utilize the HSC Wellness Center.** Due to liability issues, non-HSC affiliated persons (spouses, children, guests) are not permitted.
2. **In an emergency please dial 911 or use the Red Phone in the gym to speak with UNM PD.**
3. **Please do not drop weights in the gym.** This can result in personal injury and/or damage to equipment.
4. **Please wipe down equipment after each use.** Keeping the equipment clean will eliminate spread of germs and extend the lifetime of the equipment.
5. **Please do not monopolize the equipment.** If there are people waiting, please limit usage to 30 minutes. We must all be cognizant and respectful of others.
6. **Please use equipment in the manner for which it was intended.** Exercise equipment is provided for you to use solely for the manufacturer's intended use of that specific piece of equipment.
7. **Dress code for the gym:**
 - Dress, business casual and street clothes are not appropriate for fitness activities.
 - Street shoes and/or black-soled shoes are not permitted.
 - Shirts, shoes, pants/shorts are required at all times.
8. **No outside food or beverages (other than water) are allowed inside the gym.** In order to protect and preserve the condition of the flooring and equipment, water must be in non-breakable, spill-proof bottles.
9. **Please use headphones while playing music in the gym.** Users listening to music or other audio while working out are required to use earbuds or headphones while using the gym so as not to disturb other people.
10. **Use equipment at your own risk.** Please know your physical limitations.
11. **Please contact us if there are any issues with the gym and/or equipment.** If you see a problem inside the gym or with a piece of equipment, please report the issue to HSC-BeWell@salud.unm.edu. If it is an issue that requires immediate attention, please call 505.272.5849.

This is OUR gym, so please take care of it!