1. An HSC badge is required at all times to enter and utilize the HSC Wellness Center. Due to liability issues, non-HSC affiliated persons (spouses, children, guests) are not permitted.

2. In an emergency please dial 911 or use the Red Phone in the gym to speak with UNM PD.

3. Please do not drop weights in the gym. This can result in personal injury and/or damage to equipment.

4. Please wipe down equipment after each use. Keeping the equipment clean will eliminate spread of germs and extend the lifetime of the equipment.

5. Please do not monopolize the equipment. If there are people waiting, please limit usage to 30 minutes. We must all be cognizant and respectful of others.

6. Please use equipment in the manner for which it was intended. Exercise equipment is provided for you to use solely for the manufacturer’s intended use of that specific piece of equipment.

7. Dress code for the gym:
   - Dress, business casual and street clothes are not appropriate for fitness activities.
   - Street shoes and/or black-soled shoes are not permitted.
   - Shirts, shoes, pants/shorts are required at all times.

8. No outside food or beverages (other than water) are allowed inside the gym. In order to protect and preserve the condition of the flooring and equipment, water must be in non-breakable, spill-proof bottles.

9. Please use headphones while playing music in the gym. Users listening to music or other audio while working out are required to use earbuds or headphones while using the gym so as not to disturb other people.

10. Use equipment at your own risk. Please know your physical limitations.

11. Please contact us if there are any issues with the gym and/or equipment. If you see a problem inside the gym or with a piece of equipment, please report the issue to HSC-BeWell@salud.unm.edu. If it is an issue that requires immediate attention, please call 505.272.5849.

This is OUR gym, so please take care of it!