CENTER FOR DEVELOPMENT & DISABILITY

Parent Home Training (PHT)

For Families of Children with Autism Spectrum Disorder (ASD) through 5 years

What is PHT?

- A short-term educational program for caregivers
- Free 1-1 partnership with skilled professionals
- Learn research-based strategies to support a child with ASD
- Your child is not required to attend

Who is eligible for PHT?

- Residents of New Mexico
- Child with an educational eligibility and/or a medical diagnosis of ASD
- Child that is 5 years or younger

How can PHT help my family?

Set goals to meet your family's needs:

- understanding ASD
- behavior
- communication
- mealtime
- self-help skills
- social communication

What are the benefits of PHT?

- Build knowledge about ASD and learn new skills to use at home
- Develop the strengths of the child-caregiver relationship
- Use research-based strategies in daily routines

How long is PHT?

- Up to 6 visits
- About 1 hour per visit
- Visits are through telehealth, in-person and/or phone calls

In which languages is PHT offered?

- English and Spanish
- Interpretation services are available for other languages upon request

Autism Resources Portal

https://cdd.health.unm.edu/autismportal

Autism Family & Provider Resource Team

Call us: 800-270-1861
Email us:
HSC-AutismPrograms@salud.unm.edu

For more information, please contact:

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Parent Home Training Website

https://hsc.unm.edu/cdd/autism-programs/autism-parent-training.html

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