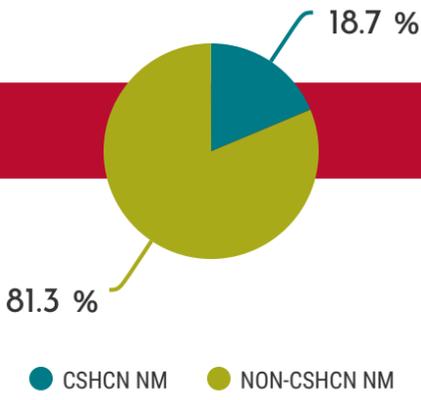


# A Profile of Children with Special Health Care Needs in New Mexico

Summary of 2018-2019 National Survey of Children's Health

## Nearly 1 in 5 Children in NM Have a Special Health Care Need

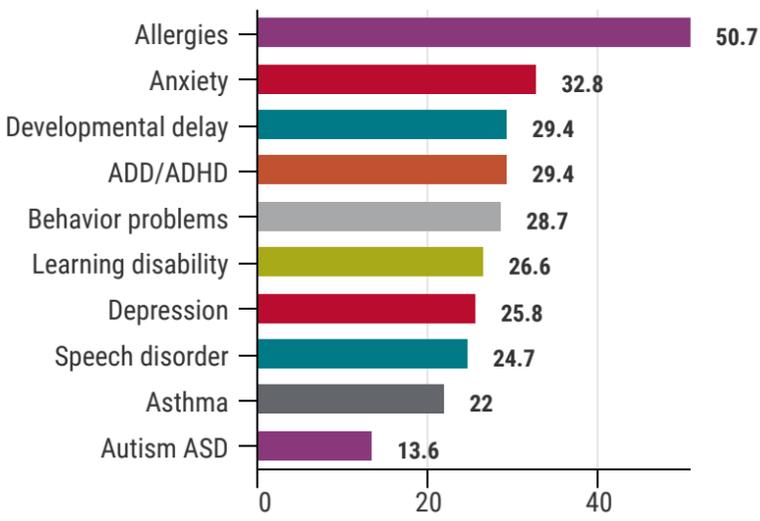


**18.7%** of children have a special health care need

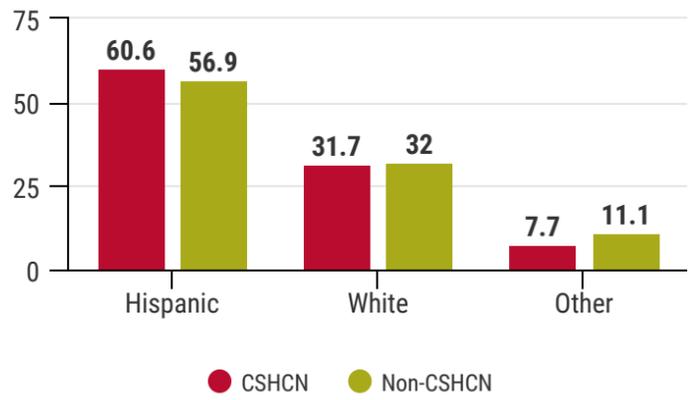
### Who Are CSHCNs?

According to the CDC, children with special health care needs (CSHCN) are those, 0-17, who "require more care for their physical, developmental, behavioral, or emotional differences than their typically developing peers. A special healthcare need can include physical, intellectual, and developmental disabilities, as well as long-standing medical conditions, such as asthma, diabetes, a blood disorder, or muscular dystrophy."

### Top Conditions of CSHCNs: Allergies & Anxiety



### Slightly Higher Prevalence in Hispanics



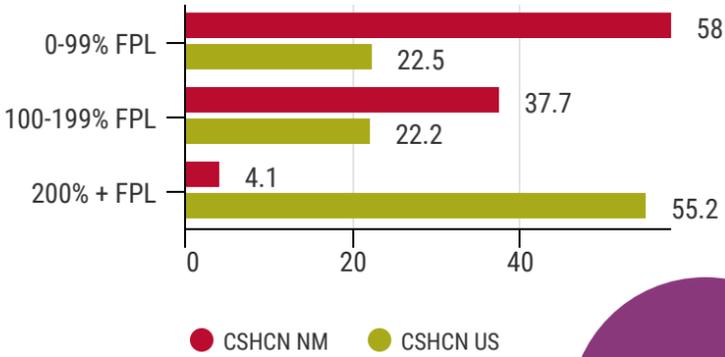
### CSHCNs Have Greater Odds of Visiting ER & Missing School

Twice as likely to receive needed care coordination.

3.8x more likely to miss 7 days or more of school



### Families of CSHCNs Face Greater Economic Hardship



58% of households with CSHCNs in NM fall under 100% federal poverty level compared to 22.5% of CSHCN in the US.

**1.5 X** more likely to receive Medicaid

**2 X**

more likely to have a hard time covering basics like food & housing

**5.3 X**

more likely to stop or cut back on work due to their child's health

### What can Public Health do?



**Strengthen Economic Infrastructure:**  
Fully fund care coordination and strengthen assistance programs that help reduce the effects of poverty



**Increase Resources:**  
Improve access to specialty care by promoting the medical home model and expanding access to specialty care



**Provide Culturally Sensitive Healthcare:**  
Assess the extent to which providers understand the role of culture and language for NM's diverse communities