Nearly 1 in 5 Children in NM Have a Special Health Care Need

According to the CDC, children with special health care needs (CSHCN) are 0-17 and “require more care for their physical, developmental, behavioral, or emotional differences than their typically developing peers. A special healthcare need can include physical, intellectual, and developmental disabilities, as well as long-standing medical conditions, such as asthma, diabetes, a blood disorder, or muscular dystrophy.”

Top Conditions of CSHCNs: Allergies & Anxiety

No Disparity by Race/Ethnicity

CSHCNs Have Greater Odds of Visiting ER & Missing School
Families of CSHCNs Face Greater Economic Hardship

58% of households with CSHCNs in NM fall under 100% federal poverty level compared to 22.5% of CSHCN in the US.

1.5 times more likely to receive Medicaid

2 times more likely to have a hard time covering basics like food & housing

5.3 times more likely to stop or cut back on work due to their child’s health

What can Public Health do?

Strengthen Economic Infrastructure:
Fully fund care coordination and strengthen assistance programs that help reduce the effects of poverty

Increase Resources:
Improve access to specialty care by promoting the medical home model and expanding access to specialty care

Provide Culturally Sensitive Healthcare:
Assess the extent to which providers understand the role of culture and language for NM’s diverse communities