



Autism Family and Provider Resource Team

Victoria Almaguer, MA, CCC-SLP, LEND Trainee

Contact: Lauriann King, Education and Outreach Manager



Autism Family and Provider Resource Team

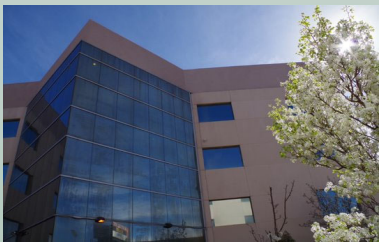
- Mission statement: To offer families evidence-based resources (at least 3 if possible), and let them decide as a family which they will choose. We can assist the family in navigating the service system in order to access the services.
- Philosophy: To build up the capacity of the individual calling; To offer tools and resources so that the family/provider is empowered to problem solve and make determinations for themselves as appropriate for their own family or profession.
- The team works to empower families to navigate child-serving systems while taking their own, primary goals into account.
- All services provided by this team are free to eligible families.

Population Served

- Individuals with autism or suspected of having autism. Individuals may be referred directly after receiving a diagnosis from the UNM Autism Spectrum Evaluation Clinic.
- Individuals seeking support without a diagnosis of autism are referred to the UNM Center for Development and Disability Information Network.
- There are eight (8) individuals ready to work with families seeking help from their office, six (6) of which are nationally certified Family Peer Support Workers.
- There is not a waiting list for their services.

Funding

- The Family and Provider Resource Team is funded by the New Mexico Department of Health.
- Funding is stable.
- The team also receives annual contacts.
- Collaborations may also result in funding, such as the portal funded by the New Mexico Public Education Department.



Podcast Series

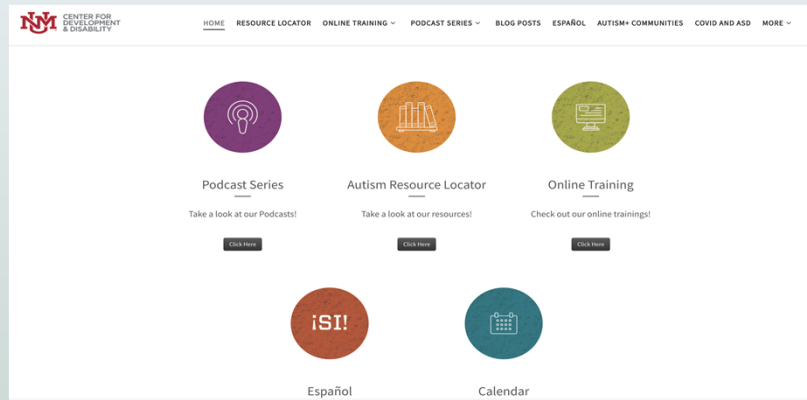
- Autism Office Hours
- Autism Atlas
- The Inside View
- Educator Voices

Autism Resource Locator

- Survey
- Family member or provider?
- What are you looking for?

Online Training

- Parents
- Educators
- Family/Community
- For Providers
- Imagine Training Series



Resource Database

- 0-3 year olds
- 3-5 year olds
- 5-18 year olds

Transition to Adulthood

- Post-secondary opportunities for those with ASD
- Extracurricular activities for those transitioning into adulthood

Adults with Autism Spectrum Disorder

- Disability Resource Directory
- Information on self-advocacy



Certified Family Peer Support Worker

- Shares their own experience to establish a bond through similar "lived experiences"
- Supports caregivers to ensure their voice is heard as an informed decision maker and helps to strengthen support systems already in place.
- Supports family members to navigate child-serving systems with more independence
- Received "specialized training that fosters resiliency and empowers other families who are raising children with similar experiences"

Individual Interviewed

- Lauriann King, Education and Outreach Manager
 - Phone: (505) 272-5304
 - E-mail: LaKing@salud.unm.edu

Considerations

- The approach to services is strength-based and culturally sensitive.
- Focus is placed on family-driven, child-centered approaches.
- Considers: cultural history, religion, life experiences, beliefs, and preferences.
- Need for increased bilingual staff.
- Need for increased knowledge in Native American communities.

References

- New Mexico Credentialing Board For Behavior Health Professionals, Inc. "Certified Family Peer Support Worker (CFPSW)." New Mexico Credentialing Board For Behavior Health Professionals, Inc., <http://www.nmcbhbp.org/cfpsw.html>.
- UNM Center for Development and Disability. "Autism Portal." Autism Portal, <https://cdd.health.unm.edu/autismportal/>.

