

# UNM Parent Home Training Program

The UNM Center for Development and Disability Parent Home Training Program is a three-to-four month-long educational program consisting of six sessions. It is funded by the NM Department of Health and offered for children with autism under age six within families' homes. A team of trained consultants in education, behavior analysis, psychology, social work, and speech-language pathology work with the families on individualized goals such as:

- How I interact with my child with autism
  - Improving communication skills
- Improving adaptive skills, such as toilet training
  - Addressing challenging behaviors

The purpose of the program is to educate parents and caregivers about the autism diagnosis and to provide strategies so that the child can maximize their potential. The PHT Program serves as a bridge for when the child begins school with the goal of generalization of skills across settings.

PHT services are available in every county in New Mexico. Currently, telehealth is offered via telephone or Zoom. English and Spanish-speaking therapists are available. Interpreter services can be requested.

Call 505-272-4725 or 1-800-270-1861 for further information

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