

Mission & Goals

- Uses activities with horses to positively contribute to the cognitive, physical, emotional and social well-being of individuals with disabilities.
- Clients – at least 5 y/o with disability (broad definition), currently only “independent riders” with no need for physical support, need Dr. sign off
- Exclusion is physical impairment that would cause safety issue on horse, 185 lb weight limit

What is “Therapeutic Horsemanship”

- Purely recreational, teaching riding skills
- Can improve balance, core strength, self-esteem, confidence, but not primary goals



Cloud Dancers: Therapeutic Horsemanship

Interview with Karen Molony, Director

Funding:

- Private Pay
- Some clients use DD waiver \$

Cost

- 8 week group session, 60 min classes \$310
- Private session 30 min \$40 a lesson
- 50 % scholarships avail for all Carrie Tingley patients
- 4 group session, 60-minute classes \$155

Program Evaluations?

- Not yet, but moving in that direction

Outside Collaborators?

- Not yet

Providers:

- “PATH”- (Professional Association Therapeutic Horsemanship International) certified instructors
- 5 therapeutic riding horses – highly trained with life experience, ex: retired show horse accustomed to staying on task despite distractions, accepting attitude

Consumer Reviews:

- Strength’s-based language in app (Describe “Physical Function”, “Psychosocial function” “Goals”)
- Easy to find
- Program director easy to get in touch with and passionate about program

