

# New Mexico Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Nicole Martinez, BA Biology & BS Psychology ◦ nimmartinez@salud.unm.edu

<sup>1</sup>Graduate Student, University of New Mexico College of Population Health Master of Public Health Program, Albuquerque New Mexico.

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## ABOUT

### Mission:


The mission of New Mexico WIC Program is to improve health outcomes and quality of life for eligible Women, Infants, and Children by providing nutritious food, nutrition education, nursing (breastfeeding) promotion and support, and referrals to health and other services.

### Funding:


WIC is a program of the Department of Health and is federally funded through the United States Department of Agriculture (USDA).

### Contact and Staff:

Nurses, nutritionists, and social workers work to provide services directly to participants.



**NM WIC State Office**  
2040 S. Pacheco St.  
Santa Fe, NM 87505  
Phone: (505) 476-8800  
Toll Free: (866) 867-3124  
Fax: (505) 476-8900



**Clinic Locations**

[www.nmwic.org](http://www.nmwic.org)



## ELIGIBILITY

### 1. Live in the state of New Mexico

### 2. A member of the household must be

- a) Currently **pregnant**
- b) **Nursing** a baby under 1 year of age
- c) Have had a **baby** in the last 6 months
- d) Baby who is less than 1 year old
- e) **Child who is less than 5 years old**
- f) **Nutritional Risk**

Family Size	Annual	Monthly	Twice Monthly	Biweekly	Weekly
1	\$23,606	\$1,968	\$984	\$908	\$454
2	31,894	2,658	1,329	1,227	614
3	40,182	3,349	1,675	1,546	773
4	48,470	4,040	2,020	1,865	933

### 3. Meet income guidelines

- a) Eligibility for Medicaid, SNAP, TANF, or FDPIR could mean you already meet income guidelines

## SERVICES

<b>Anthropometric Data: Mothers and Infants/Toddlers</b>	<b>Referral to Other State Social/Health Services</b>	<b>Iron Checks</b>
<b>Nutrition Consultations: Individual plans</b>	<b>Provision of supplements and formula</b>	<b>Breastfeeding Peer Support</b>
<b>Distribution of Electric Breast Pump</b>	<b>Rental of hospital grade breast pump (if infant is admitted to NICU)</b>	<b>Farmers Market Vouchers (summer)</b>
<b>Nutrition Education Classes</b>	<b>Distribution of SNAP EBT Cards</b>	<b>Distribution of Food Packages</b>



## REFERENCES

- <https://www.nmwic.org/>
- Marissa Polkovitz, NW Region WIC Coordinator, marissa.polkovitz@state.nm.us
- <https://www.fns.usda.gov/wic/about-wic-wic-glance>