

## What happens after graduation?

Pediatric Study Group Presentation - February 7, 2019

### Objectives

1. Attendees will demonstrate a basic understanding of laws and the time-line related to a student's transition from school to the community.
2. Attendees will demonstrate a basic understanding of Medicaid Waivers and how they serve clients with disabilities.
3. Attendees will be able to identify 3 work supports in the community.
4. Attendees will demonstrate a general understanding of recreational/artistic supports available to adults with disabilities in our community.
5. Attendees will be able to list at least 3 daytime rehabilitation programs in our state.
6. Attendees will understand their role as the school and/or community-based therapist in regard to how to support transition from school supports to community integration.

### Laws related to transition <https://www.wrightslaw.com/idea/art/defs.transition.htm>

2004 IDEA, section 1401: "(34) TRANSITION SERVICES - The term 'transition services' means a coordinated set of activities for a child with a disability that

(A) is designed to be a results-oriented process, that is focused on improving the academic and functional achievement of the child with a disability to facilitate the child's movement from school to post-school activities, including post-secondary education, vocational education, integrated employment (including supported employment), continuing and adult education, adult services, independent living, or community participation;

(B) is based on the individual child's needs, taking into account the child's strengths, preferences, and interests . . . "

### APS Transition Services

<http://www.aps.edu/schools/schools/transition-services>

- Evaluation begins at 14 years old (~8th grade)
- Evaluation by a "transition specialist"
- Reported in IEP
- Annual re-assessment
- Transition Services
- 18-22 years old

### Transition to post-secondary education

<https://www2.ed.gov/about/offices/list/ocr/transition.html>

Office of Civil Rights (OCR) enforces Section 504 of the Rehabilitation Act of 1973 (Section 504) and Title II of the Americans with Disabilities Act of 1990 (Title II), which prohibit discrimination on the basis of disability.

- postsecondary school is not required to provide FAPE.

- postsecondary school is required to provide appropriate academic adjustments as necessary to ensure that it does not discriminate on the basis of disability (not required to lower or substantially modify essential requirements).
- must provide comparable, convenient, and accessible housing to students with disabilities at the same cost.

Student rights/responsibilities

<https://www2.ed.gov/about/offices/list/ocr/transition.html>

- A post-secondary school may not deny your admission simply because you have a disability.
- You must inform the school that you have a disability and need an academic adjustment.
- School will probably require you to provide documentation showing that you have a current disability and need an academic adjustment.
- Neither your high school nor your postsecondary school is required to conduct or pay for a new evaluation to document your disability and need for an academic adjustment.

Eastern NM University-Roswell – Special Services Program

<https://www.roswell.enmu.edu/special-services/>

“The Special Services Department provides services to students with disabilities to ensure accessibility to university programs. For academic purposes, our services include disability related information, referral information, extended testing, reader services, note taking assistance, books on CD, large print exams, scribe services, adaptive technology, and sign language interpreter services. Academic accommodations are provided to eligible students free of charge. We are also a resource for tutoring services, study skills, community resources, and disability awareness.”

Training programs:

- |                        |                              |
|------------------------|------------------------------|
| • Animal Healthcare    | • Food Services              |
| • Auto Mechanics       | • Office Skills              |
| • Building Maintenance | • Stocking and Merchandising |
| • Child Care Attendant | • Special Topics             |

In addition to the required ENMU-Roswell tuition and fees

- |  |   |
|--|---|
| • Special Services Program<br>fee: \$88.55 per credit hour | • Fingerprinting Fee for Offices<br>Skills: \$34                |
| • Life Skills fee: \$30 per semester                       | • Fingerprinting Fee for Child<br>Care: \$34                    |
| • Independent Living Lab fee: \$30 per<br>semester         | • CPR Card Fee: \$20  |
| • Food Service fee: \$30 per semester                      | • Bus Pass Fee: \$31.50 Fall; \$31.50<br>Spring; \$12.60 Summer |

NM Medicaid Developmental Disabilities Waiver (DDW) <https://nmhealth.org/about/ddsd/>

- Home and Community-Based Services Waiver Program (HCBS)
- Requires NM to provide community-based services which cost less than institutionalization
- Renewed with CMS at the federal level
- 5-year cycle (2018)
- Mi Via & Medically Fragile Waivers are separate programs

Administered by NM Dept. of Health (DOH), Developmental Disabilities Support Division (DDSD)

- Clinical Services Bureau (CSB)
  - Nursing Services
  - Therapy Services Unit - OT, PT, SLP

Available services

- Behavior support
- PT, OT, SLP
- Nursing
- Case management
- Day Programs/Living Supports
- Employment services
- Nutrition
- Assistive Technology
- Crisis Supports
- Personal Support Technology
- Environmental Modification
- Non-Medical Transportation
- Supplemental Dental Care
- Respite
- Socialization and Sexuality Education

DDSD therapy services provided to:

- Improve health and safety,
- Support Individual Service Plan (ISP) outcomes,
- Train direct support professionals (DSP),
- Increase independence,
- Minimize impact of disabling condition.

Therapy Services Unit (TSU)

- Technical Assistance via consultation and/or hands on support
- Aspiration Risk Management
- Assistive Technology (AT Loan Bank, AT Evals)
- Specialty Seating Clinic
- Adult SAFE Clinic
- Safety Net Services
- Direct Consultation to IDTs and Therapists

## Medical Care Transitions

- Collaboration/communication
- Scary for families/individuals to navigate
- International awareness of the difficulties
- Parent = Navigator + Caregiver + Chronic Grief  
(Gauthier-Boudreault, Gallagher, Couture, 2017)
- Therapists have a unique position in this transition!
- Relationship with person/family
- Knowledge of function & age-related changes  
(Orlin, Cicirello, O'Donnell, Doty, 2017)

## Medical Care Transitions – NM Resources

- TEASC (Transdisciplinary Evaluation and Support Clinic)  
<http://fcm.unm.edu/clinical/teasc>
  - UNM Dept. of Community and Family Medicine
  - 505-272-5158
- UNM Adult Cerebral Palsy Clinic  
<http://coc.unm.edu/clinics/cocclinics/index.html>
  - 505-925-2383
- NM DOH SAFE Clinic <https://nmhealth.org/publication/view/marketing/4001/>
  - 505-841-6188 or 1-800-283-8415
- UNM Continuum Of Care <https://coc.unm.edu/>
  - 505-925-2350

## Residential Supports

- Jackson vs. Los Lunas Center for Persons with Disabilities (1990)
- Lawsuit-court order: residents moved to less restrictive environment.

### Independent Living

- Home Health Aide, Homemaker/Direct
- In-home Living Supports

### Supported Living

- Group Homes, Family Living Provider
- Intermediate Care Facility/Individuals with ID (IFC/IID)

<https://www.nmlegis.gov/handouts/DISC%20082815%20Item%203%20Intermediate%20Care%20Facilities%20Housing%20Challenges%20in%20ICF%20IID%20Program.pdf>

## Vocational supports

- Project SEARCH <http://cdd.unm.edu/project-search/index.html>
- Division of Vocational Rehabilitation (DVR) <http://www.dvr.state.nm.us/>
  - Apply senior year
  - DVR Counselor
  - DVR counselor can attend child's "EXIT" IEP – senior year

### New Mexico DOH – DDSD

- Transitioning Youth: Transition to Employment Grant
  - 10 hrs per month for follow-along support at \$12/hour.
  - \$460 for transportation per year.
  - Between the ages of 17 and 25
  - Must be on the DDSD Central Registry (Waiting List)
- Work Experience Grant Program
  - Trial Work Opportunity
  - Community-Based Situational Assessments
  - Microenterprise (Self-Employment)
- Adelante <https://goadelante.org/wp-content/uploads/2018/09/TTW-details.pdf>
  - Unemployment rate for people with disabilities is over 70%
  - EmployAbility: Sales clerks, film operators, car detailers, pet groomer's aides, day care workers, delivery drivers, and many other jobs.
  - Ticket to Work Program, an approved Employment Network with the Social Security Administration in providing FREE Ticket to Work services.

### “Meaningful Day” or “Adult Habilitation”

- Supporting people in their communities in non-work activities.
  - Secondary Freedom of Choice <http://sfoc.health.state.nm.us/>
- 1. MaxCare <http://maxcarenm.net/>
- 2. Mandy's Farm <https://mandysfarm.org/>
- 3. Life ROOTS <http://liferootsnm.org/>
- 4. A Center for Function and Creativity (CFC) <https://www.mycfcnm.com/>
- 5. VSA Arts of New Mexico <http://vsartsnm.org/day-arts.htm>

### Where do you come in?

- Mobility needs – transfers!
- Functional math is needed!
- Communication of basic needs & complex ideas!
- Ability to follow a schedule
- Accessing the bathroom (transfers!)
- Social interaction
- Health/fitness outside of therapy & without structured school activities  
<https://youtu.be/WizUKuio6fw>
- Knowledge of local/statewide resources
- Begin talking about transition EARLY & OFTEN!!

## Community Resources

1. Adaptive Sports Program New Mexico <https://www.adaptivesportsprogram.org/>
2. Global Opportunities Unlimited <https://www.adaptivesportsprogram.org/>
3. NM Special Orchestra <https://specialorchestra.org/index.html>
4. Therapeutic Riding  
<http://www.clouddancersofthesouthwest.org/index.html>  
<https://lovingthunder.com/>  
<https://trp.nmsu.edu/>
5. SOAR (Special Opportunities, Abilities, & Relationships) at Grace Church  
<https://visitgracechurch.com/soar/>
6. Special Olympics New Mexico <https://sonm.org/>
7. Merry Makers – Albuquerque  
Cesar Chavez Community Center / 7505 Kathryn SE (Louisiana & Kathryn)
8. New Mexico Wheelchair Sports <http://nmwheelchairsports.com/>  
Wheelchair Basketball, Sled Hockey
9. Special Orchestra <https://specialorchestra.org/index.html>
10. Great Southwest Council Boy Scout Troop – for adults with disabilities  
<http://www.gswcbsa.org/> 505-345-8603
11. New Mexico Technology Assistance Program (NMTAP)  
<http://www.tap.gcd.state.nm.us/>
12. New Mexico Commission for the Blind <http://www.cfb.state.nm.us//>
13. GOTTransition.org <https://www.gottransition.org/index.cfm>
14. SunVan 505-243-7433
15. Office of Social Security 1-800-772-1213
16. Parents Reaching Out 505-247-0192 or 1-800-524-5171
17. Independent Living Resource Center 505-266-5022 or 1-800-260-5022
18. San Juan Center for Independence 505-566-5827 or 1-877-484-4500

**Selected references for Transition to Adulthood**  
**Pediatric Study Group – 2/7/19**

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