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# What Happens After Graduation?

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# Objectives

- Attendees will demonstrate a basic understanding of laws and the time-line related to a student's transition from school to the community.
- Attendees will demonstrate a basic understanding of Medicaid Waivers and how they serve clients with disabilities.
- Attendees will be able to identify 3 work supports in the community.
- Attendees will demonstrate a general understanding of recreational/artistic supports available to adults with disabilities in our community.
- Attendees will be able to list at least 3 daytime rehabilitation programs in our state.
- Attendees will understand their role as the school and/or community-based therapist in regard to how to support transition from school supports to community integration.

# Laws related to transition

**2004 IDEA, section 1401: “(34) TRANSITION SERVICES** - The term `transition services' means a coordinated set of activities for a child with a disability that--

(A) is designed to be a results-oriented process, that is focused on improving the academic and functional achievement of the child with a disability to facilitate the child's movement from school to post-school activities, including post-secondary education, vocational education, integrated employment (including supported employment), continuing and adult education, adult services, independent living, or community participation;

(B) is based on the individual child's needs, taking into account the child's strengths, preferences, and interests . . . .”

# APS Transition Services

- Evaluation begins at 14 years old (~8<sup>th</sup> grade)
- Evaluation by a “transition specialist”
- Reported in IEP
- Annual re-assessment
- Transition Services
  - 18-22 years old

<http://www.aps.edu/schools/schools/transition-services>



# Transition to post-secondary education

Office of Civil Rights (OCR) enforces Section 504 of the *Rehabilitation Act of 1973* (Section 504) and Title II of the *Americans with Disabilities Act of 1990* (Title II), which prohibit discrimination on the basis of disability.

- postsecondary school is **not required** to provide FAPE.
- postsecondary school is required to provide appropriate **academic adjustments** as necessary to ensure that it does not discriminate on the basis of disability (not required to lower or substantially modify essential requirements).
- must provide **comparable, convenient, and accessible housing** to students with disabilities at the **same cost**.



# Student rights/responsibilities

- A post-secondary school **may not deny** your admission simply because you have a disability.
- **You** must inform the school that you have a disability and need an academic adjustment.
- School will probably require **you** to **provide documentation** showing that you have a current disability and need an academic adjustment.
- Neither your high school nor your postsecondary school is required to conduct or pay for a new evaluation to document your disability and need for an academic adjustment.

# Eastern NM University-Roswell Special Services Program

- “The Special Services Department provides services to students with disabilities to ensure accessibility to university programs. For academic purposes, our services include disability related information, referral information, extended testing, reader services, note taking assistance, books on CD, large print exams, scribe services, adaptive technology, and sign language interpreter services. Academic accommodations are provided to eligible students free of charge. We are also a resource for tutoring services, study skills, community resources, and disability awareness.”

<https://www.roswell.enmu.edu/special-services/>

# ENMU-Roswell

Training programs:

- Animal Healthcare
- Auto Mechanics
- Building Maintenance
- Child Care Attendant
- Food Services
- Office Skills
- Stocking and Merchandising
- Special Topics





# Eastern NM University-Roswell

## Special Services Program

In **addition** to the required ENMU-Roswell tuition and fees

- Special Services Program fee: \$88.55 per credit hour
- Life Skills fee: \$30 per semester
- Independent Living Lab fee: \$30 per semester
- Food Service fee: \$30 per semester
- Fingerprinting Fee for Offices Skills: \$34
- Fingerprinting Fee for Child Care: \$34
- CPR Card Fee: \$20
- Bus Pass Fee: \$31.50 Fall; \$31.50 Spring; \$12.60 Summer

**Other avenues after graduation...**

# NM DD WAIVER

- NM Medicaid Developmental Disabilities Waiver (DDW)
  - Home and Community-Based Services Waiver Program (HCBS)
  - <https://nmhealth.org/about/ddsd/>
- Requires NM to provide community based services which cost less than institutionalization
- Renewed with CMS at the federal level
  - 5 year cycle (2018)
- Mi Via & Medically Fragile Waivers are separate programs

# NM DD WAIVER

- NM Dept. of Health (DOH)
- Developmental Disabilities Support Division (DDSD)
- Clinical Services Bureau (CSB)
  - Nursing Services
  - Therapy Services Unit - OT, PT, SLP



# NM DD WAIVER SERVICES

- Accessing Services
- Available services
  - Behavior support
  - PT, OT, SLP
  - Nursing
  - Case management
  - Day Programs/Living Supports
  - Employment services
  - Nutrition



# NM DD WAIVER SERVICES

- Assistive Technology
- Crisis Supports
- Personal Support Technology
- Environmental Modification
- Non-Medical Transportation
- Supplemental Dental Care
- Respite
- Socialization and Sexuality Education



# NM DD WAIVER

- Get necessary services to all individuals
- Provide therapy services to:
  - Improve health and safety,
  - Support Individual Service Plan (ISP) outcomes,
  - Train direct support professionals (DSP),
  - Increase independence,
  - Minimize impact of disabling condition.

# Therapy Services Unit (TSU)

- Technical Assistance via consultation and/or hands on support
  - Aspiration Risk Management
  - Assistive Technology (AT Loan Bank, AT Evals)
- Specialty Seating Clinic
- Adult SAFE Clinic
- Safety Net Services
- Direct Consultation to IDTs and Therapists



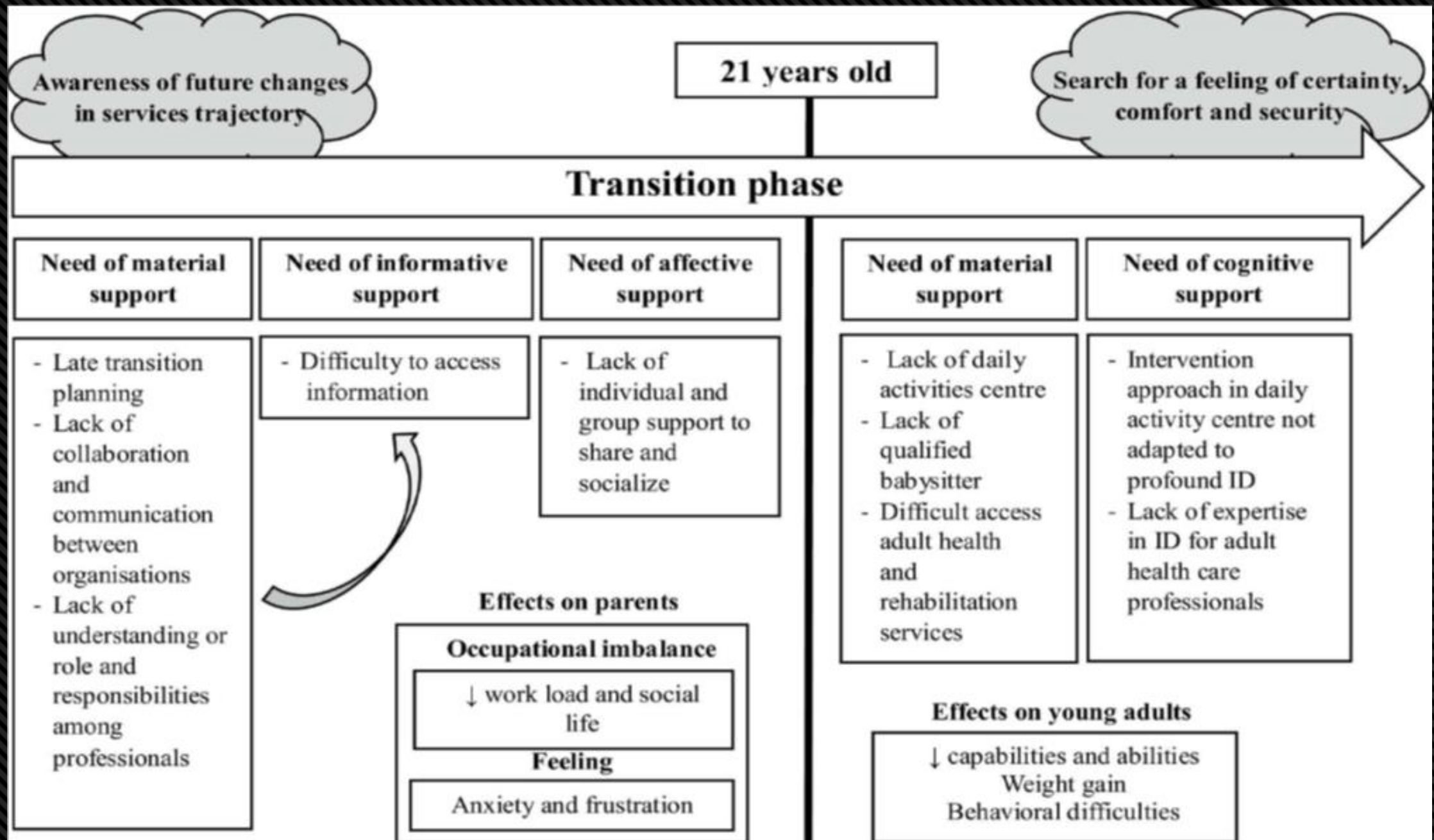
# Medical Care Transitions

- Collaboration/communication
- Scary for families/individuals to navigate
- International awareness of the difficulties
- Parent = Navigator + Caregiver + Chronic Grief

(Gauthier-Boudreault, Gallagher, Couture, 2017)

- Therapists have a unique position in this transition!
  - Relationship with person/family
  - Knowledge of function & age-related changes

(Orlin, Cicirello, O'Donnell, Doty, 2017)



# Medical Care Transitions – NM Resources

TEASC (Transdisciplinary Evaluation and Support Clinic)  
UNM Dept. of Community and Family Medicine

- <http://fcm.unm.edu/clinical/teasc>
- 505-272-5158

UNM Adult Cerebral Palsy Clinic

- <http://coc.unm.edu/clinics/cocclinics/index.html>
- 505-925-2383

NM DOH SAFE Clinic

- <https://nmhealth.org/publication/view/marketing/4001/>
- 505-841-6188 or 1-800-283-8415

UNM Continuum Of Care

- <https://coc.unm.edu/>
- 505-925-2350

# Residential Supports

- Jackson vs. Los Lunas Center for Persons with Disabilities (1990)
  - Lawsuit-court order: residents moved to less restrictive environment.
- Independent Living
  - Home Health Aide, Homemaker/Direct
  - In-home Living Supports
- Supported Living
  - Group Homes, Family Living Provider
- Intermediate Care Facility/Individuals with ID (IFC/IID)





# RISP State Profile FY 2015

## New Mexico

Figure 1: Medicaid Waiver and ICF/IID Recipients 1977-2015

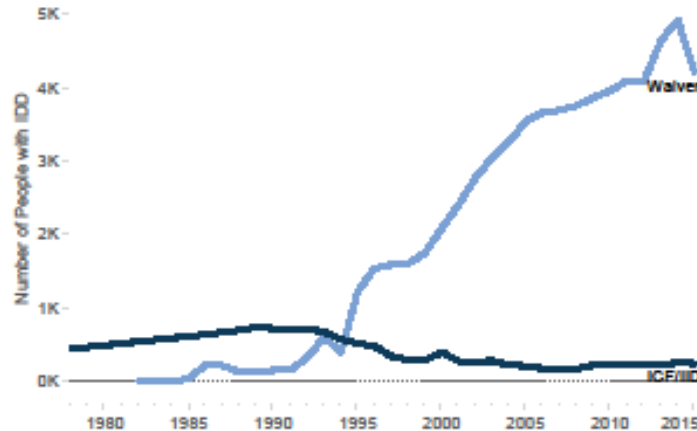


Figure 2: Medicaid Spending Per Person Fiscal Year 2015

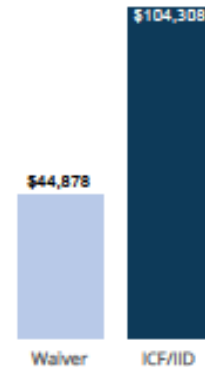


Figure 3: Residence Size and Type of People Served by the DD Agency on June 30, 2015

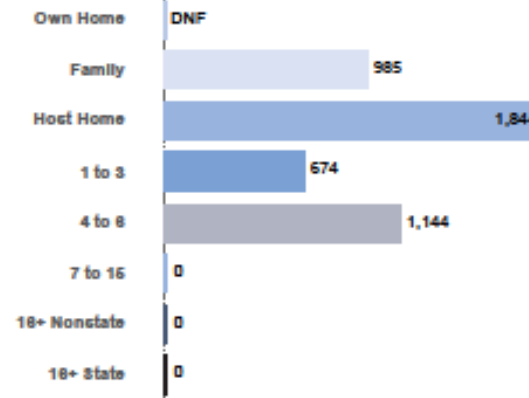


Table 1: Trends in In-Home and Residential Supports for People with Intellectual or Developmental Disabilities

Category	Type	1977	1982	1981	2000	2006	2010	2012	2013	2014	2016
People in Individualized Settings	Own Home				451	471	451	274	70	DNF	DNF
	Family				393	942	1,565	651	1,160	944	985
	Host Home				219	391	422	0	1,915	1,808	1,844
	1 to 3				744	737	752	2,934	PD	PD	674
People in Congregate Settings	4 to 8				224	206	363	134	PD	PD	1,144
	1 to 8	113	139	396	968	943	1,115	3,068	246	1,789	1,818
	7 to 16	100	155	360	279	130	120	120	120	0	0
	16+	581	552	473	16	0	0	0	0	0	0
People Served by the DD Agency	Caseload (known to the DD agency)								11,534	10,674	11,328
	LTSS Recipients *(1)	794	846	1,229	2,326	2,877	3,673	4,222	3,511	5,663	5,835
	Waiting for Medicaid Waiver *				190	3,359	4,998	4,998	6,248	6,133	6,365
People in Non-DD Settings	Nursing Facility *(2)			88	94	110	103	109	96	99	100
	Psychiatric Facility *(2)			0	0	0	0	0	DNF	DNF	DNF
Medicaid Recipients and Expenditures *	Waiver Expenditures per Person			\$19,944	\$52,091	\$62,374	\$73,966	\$69,489	\$64,504	\$56,052	\$44,878
	ICF/IID Expenditures per Person			\$49,249	\$68,680	\$96,016	\$108,309	\$106,937	\$109,070	\$97,692	\$104,308
	Waiver Recipients per 100,000			10.3	115.7	185.2	193.3	197.3	223.6	237.0	202.9
	ICF/IID per 100,000			45.6	22.3	11.4	11.1	11.2	11.0	12.7	12.1

Settings by size include ICF/IID, group homes, and nonstate other, but if nonstate other data is DNF it is assumed to be zero. DNF = Did Not Furnish. PD = Partial data (a DNF present in a calculation). (s) Data may be from an outside source. \* See state notes and the RISP FY2015 report for further explanation. (1) Long Term Supports and Service (LTSS) recipients may include imputed values to replace DNF; up until 2012 people in psychiatric and nursing homes not served directly by the DD agency may be part of LTSS recipients. (2) Psychiatric Facility data prior to 2013 was only for state facilities, after 2013 it includes people in state and nonstate operated facilities when available, see report for details. Updated 9/20/2017

# Vocational supports



- Project SEARCH
  - <http://cdd.unm.edu/project-search/index.html>
- Division of Vocational Rehabilitation (DVR)
  - Apply senior year
  - DVR Counselor
  - DVR counselor can attend child's "EXIT" IEP – senior year
  - <http://www.dvr.state.nm.us/>

# Vocational supports (continued)

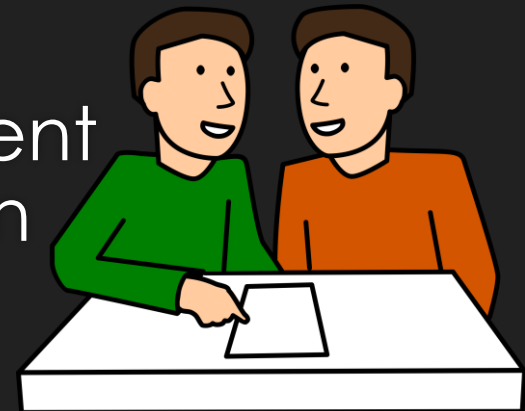
- New Mexico DOH – DDSD
  - Transitioning Youth: Transition to Employment Grant
    - 10 hrs per month for follow-along support at \$12/hour.
    - \$460 for transportation per year.
    - Between the ages of 17 and 25
    - Must be on the DDSD Central Registry (Waiting List)
  - Work Experience Grant Program
    - Trial Work Opportunity
    - Community-Based Situational Assessments
    - Microenterprise (Self-Employment)



# Vocational support (Continued again...)

## Adelante

- Unemployment rate for people with disabilities is over 70%
- EmployAbility: Sales clerks, film operators, car detailers, pet groomer's aides, day care workers, delivery drivers, and many other jobs.
- Ticket to Work Program, an approved Employment Network with the Social Security Administration in providing **FREE** Ticket to Work services.



<https://goadelante.org/wp-content/uploads/2018/09/TTW-details.pdf>



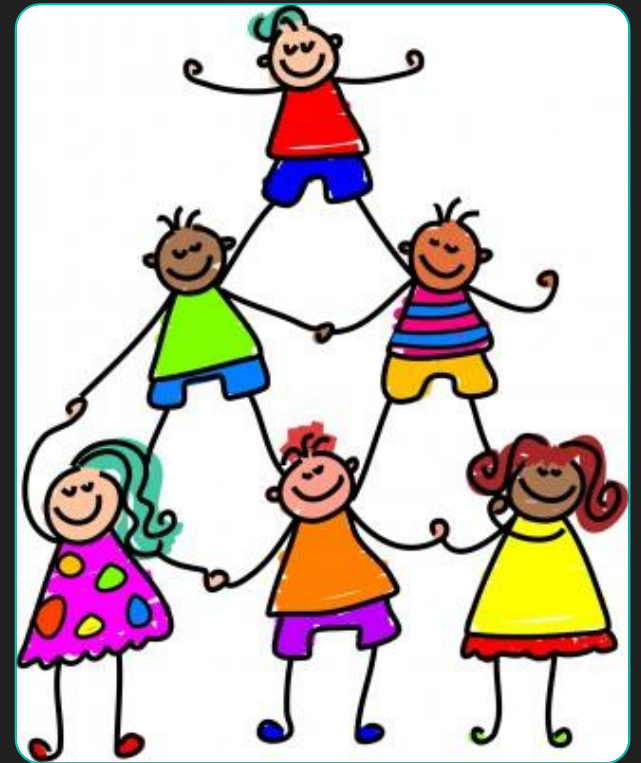
# “Meaningful Day” or “Adult Habilitation”



- Supporting people in their communities in non-work activities.
  - Secondary Freedom of Choice <http://sfoc.health.state.nm.us/>
  - MaxCare <http://maxcarenm.net/>
  - Mandy's Farm <https://mandysfarm.org/>
  - Life ROOTS <http://liferootsnm.org/>
  - A Center for Function and Creativity (CFC) <https://www.mycfcnm.com/>
  - VSA Arts of New Mexico <http://vsartsnm.org/day-arts.htm>

# Where do you come in?

- Mobility needs – transfers!
- Functional math is needed!
- Communication of basic needs & complex ideas!
- Ability to follow a schedule
- Accessing the bathroom (transfers!)
- Social interaction



# Where do you come in?



Just because I have a disability doesn't mean I can't work out, \_\_\_\_\_

- <https://youtu.be/WIzUKuio6fw>

- Health/fitness **outside** of therapy & without structured school activities.
- Knowledge of local/statewide resources
- Begin talking about transition EARLY & OFTEN!!

# Community Resources

- Adaptive Sports Program New Mexico  
<https://www.adaptivesportsprogram.org/>
- Global Opportunities Unlimited  
<https://www.adaptivesportsprogram.org/>
- NM Special Orchestra  
<https://specialorchestra.org/index.html>
- Therapeutic Riding
  - <http://www.cloudancersofthesouthwest.org/index.html>
  - <https://lovingthunder.com/>
  - <https://trp.nmsu.edu/>



# Community Resources

- SOAR (Special Opportunities, Abilities, & Relationships) at Grace Church  
<https://visitgracechurch.com/soar/>
- Special Olympics New Mexico <https://sonm.org/>
- Merry Makers – Albuquerque
  - Cesar Chavez Community Center / 7505 Kathryn SE (Louisiana & Kathryn)
- New Mexico Wheelchair Sports  
<http://nmwheelchairsports.com/>
  - Wheelchair Basketball, Sled Hockey



# Community Resources



- Special Orchestra  
<https://specialorchestra.org/index.html>
- Boy Scout Troop for adults with disabilities
- New Mexico Technology Assistance Program (NMTAP)  
<http://www.tap.gcd.state.nm.us/>
- New Mexico Commission for the Blind  
<http://www.cfb.state.nm.us//>
- GOTTransition.org  
<https://www.gottransition.org/index.cfm>

# Community Resources

- SunVan (505) 243-7433
- Office of Social Security 1-800-772-1213
- Parents Reaching Out 505-247-0192 or 1-800-524-5171
- Independent Living Resource Center  
505-266-5022 or 1-800-260-5022
- San Juan Center for Independence  
505-566-5827 or 1-877-484-4500

**THANK YOU!!!**

