

## NLN Community Health Exam – Sample of Areas Assessed

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| <ul style="list-style-type: none"> <li>• Initial visit to family in homeless shelter</li> <li>• Health problems of the homeless</li> <li>• Health problems of homeless family</li> <li>• Health care need of homeless family</li> <li>• Determining extent of homelessness</li> <li>• Care of client with chronic mental illness</li> <li>• Eligibility for financial assistance</li> <li>• Discharge planning</li> <li>• Client referral for community services</li> <li>• Client teaching</li> <li>• Example of nursing role</li> <li>• Example of primary prevention</li> <li>• Example of secondary prevention</li> <li>• Example of tertiary prevention</li> <li>• Assessing older adult client's change in behavior</li> <li>• Client confidentiality</li> <li>• Purified protein derivative (PPD) testing</li> <li>• Preventing drug resistance when treating tuberculosis</li> <li>• Assessing results of PPD testing</li> <li>• Positive PPD result</li> <li>• Results of human immune deficiency (HIV) testing</li> <li>• Assessing HIV-positive client</li> <li>• Single HIV-positive mother</li> <li>• Results of infant's HIV testing</li> <li>• Acquired immunodeficiency syndrome (AIDS) prevention in high school population</li> <li>• HIV/AIDS workplace issues</li> <li>• Ethical issues related to HIV/AIDS</li> <li>• HIV-positive school-age children</li> <li>• HIV-education program for teachers</li> <li>• HIV-positive client with sexually transmitted disease</li> <li>• Increased incidence of HIV infection in women</li> <li>• Factors affecting health of school-age children</li> <li>• Home visits to children with head lice</li> <li>• Issues confronting teenagers</li> <li>• Sexually transmitted disease (STD) in teenagers</li> <li>• Preventing spread of infection in school population</li> <li>• Community sources of lead</li> </ul> | <ul style="list-style-type: none"> <li>• Initial focus of home visit</li> <li>• Focus of subsequent home visit</li> <li>• Desired client outcome</li> <li>• Documentation of home visit</li> <li>• Client focus of home visit</li> <li>• Personal security when making home visits</li> <li>• Addressing family situation</li> <li>• Family –centered care</li> <li>• Achieving client goal</li> <li>• Infant's health status</li> <li>• Immunizations in immune-compromised children</li> <li>• Testing children for lead levels</li> <li>• Lead poisoning in children</li> <li>• Assessing family with Down syndrome infant</li> <li>• Potential food poisoning</li> <li>• Incidence of a health problem</li> <li>• Definition of health statistic</li> <li>• Example of health statistic</li> <li>• Community assessment process</li> <li>• Domestic violence</li> <li>• Changing scope of practice</li> <li>• Standards of care</li> <li>• Description of community</li> <li>• Identifying health care needs of older adults</li> <li>• Client records</li> <li>• Reporting asbestos hazard</li> <li>• Contamination of water supply</li> <li>• Culturally appropriate care</li> <li>• Importance of infant mortality rate</li> <li>• Developing agency goals</li> <li>• Client advocacy role</li> <li>• Importance of community demographics</li> <li>• Screening of pre-kindergarten age children</li> <li>• Screening of middle aged adults</li> <li>• Screening of adults over 65 years of age</li> <li>• Planning group education program</li> <li>• Outcome of group education program</li> <li>• Educational program for senior citizens</li> <li>• Evaluating what group members learned</li> <li>• Steps of epidemiological process</li> <li>• Epidemiological process</li> </ul> |
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<b><u>Basic Concepts:</u></b>	Definitions; Interpretations
<b><u>Assessment:</u></b>	Use of population data and research findings; Identification of persons/populations at risk; Assessment of health status of individuals, families, and groups
<b><u>Planning:</u></b>	Social, economic, and legal forces that influence formulation of goals and programs of the community; prioritization of problems and development of strategies for resolving health problems of individuals, families, and groups.
<b><u>Implementing:</u></b>	Available resources; appropriate use of agencies and personnel; nursing interventions with individuals, families, and groups.
<b><u>Evaluation:</u></b>	Criteria for achievement of goals established for individuals, families, groups, and community.

### **TOPICAL OUTLINE OF COMMUNITY HEALTH NURSING TEST**

1. Structure and functions of the health care delivery system: federal, state, and local systems; the role of governmental and voluntary health and welfare agencies; social environmental, economic, and legal forces that influence delivery of care; the process by which health policies and regulations are developed.
2. Community health nursing: historical perspectives; standards and conceptual models; governmental and legal influences on practice; settings for practice.
3. The concept of community: conceptual models, cultural diversity in the community; the community as focus of care; assessment of health needs of the community; establishing population-based goals.
4. Epidemiology and nursing practice: the use of population based data, research findings and concepts of epidemiology in providing health care; integration of the nursing process with an epidemiological approach.
5. Major community health problems; populations at risk; identification of problems and needs; the impact of chronic disease, communicable disease, mental illness, substance abuse, poverty, and environmental pollutants on individuals, families, groups, the community.
6. The family as client: defining the concept of family; family dynamics, stress, and crises; assessing the planning to meet the health needs of the family; cultural and societal influences on the structure and function of the family.
7. Health promotion: primary, secondary, and tertiary prevention to meet the needs of individuals, families, groups, and communities. Concepts and strategies for health education with families and groups.

**Recommended Text:**

Stanhope, M & Lancaster, J (Eds), (2008) Community and Public Health Nursing (7th Edition), St. Louis: Mosby (check for availability on amazon.com; abebooks.com; or any other website selling texts)

**Alternative Text (if recommended is not attainable):**

Stanhope, M & Lancaster J. (Eds.) (2010). *Foundations of Community Health Nursing-Community Oriented Practice* (3rd ed.). St. Louis: Mosby (check for availability at UNM Medical/Legal Bookstore @ 505-277-5827)