

## Guidelines for Specimen Collection and Labeling

**Instrument: Siemens Immulite 1000 Immunoassay System**

**TEST (TEST CODE): Insulin (INSUL)**

**COLLECTION INSTRUCTIONS:** Fasting is recommended but not required.

**SPECIMEN TYPE:** Whole Blood

**COLLECTION CONTAINER:** Gold top tube (SST), Red top tube (clot activator)



**COLLECTION AMOUNTS:** Preferred: 2.0 mL  
Minimum: 1.0 mL

**REJECTION CRITERIA:** Plasma specimens are unacceptable.

**COLLECTION TIMING:** Separate serum from cells within 2 hours of collection.

**PROCESSING SPECIMENS:** Serum

**PROCESSED AMOUNTS:** Preferred: 1.0 mL  
Minimum: 0.5 mL

**PROCESSING INSTRUCTIONS:** Allow specimen to clot for 20-30 minutes. If using non-gel barrier tubes, aliquot 1.0 ml (min 0.3 ml) serum/plasma into transport tube. Refrigerate.

<b>SPECIMEN STORAGE/STABILITY:</b>	<b>Temperature</b>	<b>Stability</b>
	Ambient	8 hour(s)
	Refrigerated	1 day(s)
	Frozen	6 month(s)

**SHIPPING INSTRUCTIONS:** Refrigerate specimen during transportation.

<b>REFERENCE INTERVAL:</b>	Female:	3.0 – 25.0 uIU/mL
	Male:	3.0 – 25.0 uIU/mL