

# What is the potential impact of adapting to and managing COVID-19 on antimicrobial resistance?

IPC Global Webinar Series

12/11/2020

Dr Timothy Miles Rawson BSc (hons), MBBS, MRCP (UK), PDME, DTM&H, PhD  
NIHR Academic Clinical Fellow in Infectious Diseases and Medical Microbiology  
Health Protection Research Unit for Healthcare Associated Infections and Antimicrobial Resistance

# What factors could impact on AMR?



Focus on IPC measures.



Social distancing.



Avoidance of healthcare.



Reductions in community prescribing.



Decrease in routine procedures.



Increased prescribing in acute care.



Reduced isolation of other infections (TB, MDRO's).



Overcrowding / healthcare overload.



New methods of remote medicine.

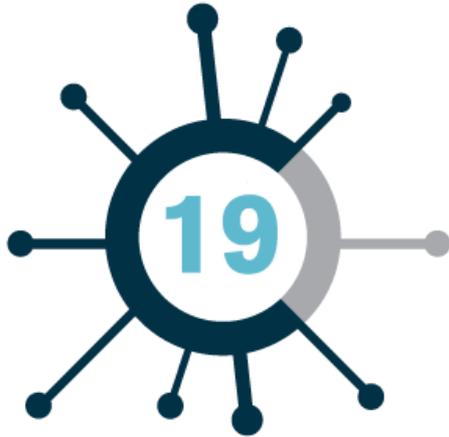


Disruption to established IPC & AMS programs.



Disruption to long-term preventative measures (e.g. immunisation).

# COVID-19, antimicrobial use, and drug-resistance



**Low rates of bacterial co-infection.**



**Organisms similar to pre-COVID-19 era.**



**Acute care / high COVID-19 burden: High rates of antimicrobial prescribing.**



**Community: Indication of falling rates of antimicrobial prescribing.**



**WHO interim guidance on managing COVID-19.**

# Bacterial infection in COVID-19 – acute care

Author	Description	Community co-infection	Secondary infection	Antibiotic prescribing
<i>Hughes et al.</i> June 2020	836 patients United Kingdom	3% on admission	6% throughout admission	Not reported
<i>Garcia Vidal et al.</i> July 2020	989 patients Spain	3%	4% 57% VAP	Not reported
<i>Townsend et al.</i> August 2020	117 patients Ireland	-	6% respiratory co-infection	73%
<i>Ripa et al.</i> October 2020	731 patients Italy	Not reported	9%	Not reported
<i>Yu et al.</i> May 2020	226 critically ill China	-	21% 98% HAP	73%
<i>Dudoignon et al.</i> June 2020	54 critically ill France	-	37% respiratory infection	65%
<i>Contou et al.</i> September 2020	92 critically ill patients France	-	28% on admission to ICU (median 1 days from admission)	~71%

## Current evidence:

7-8% bacterial or fungal infection in COVID-19.

Higher rates in critical care.

72% receive antibiotics.

Heterogeneity in studies.

Few data from LMIC.

# The role of critical care and infection associated with COVID-19

## Current data:

- Reported high rates of ventilator / hospital acquired pneumonia.
- Variable reports of fungal infection (*Aspergillus spp.* and *Candida spp.*).
- Outbreaks of MDRO's.

## Moving into the next phase of the pandemic:

- Increasing use of immunosuppressive therapies in COVID-19.
- Maintenance of routine procedures where possible.

## Current data:

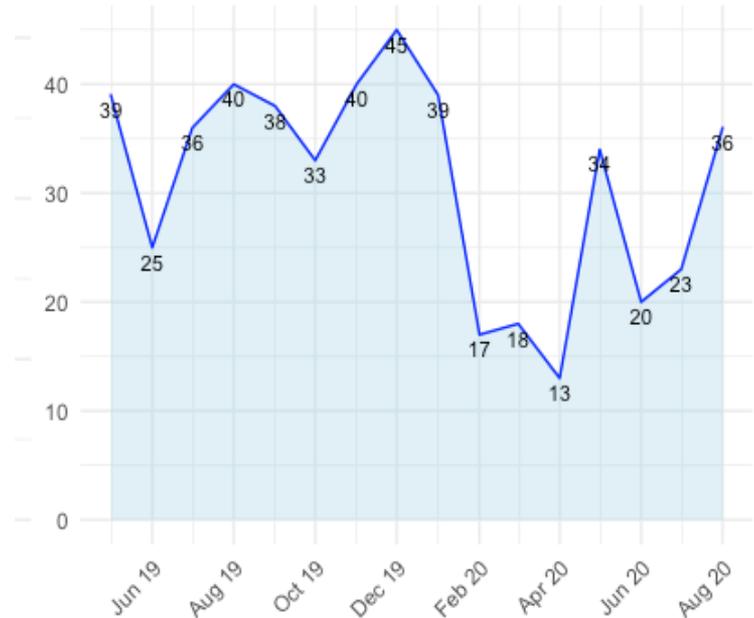
- Little comparison with baseline rates within units and centres pre-COVID-19.

# Considering changes in acute care

## During the initial surge in COVID-19 (March 20):

- **Critical care capacity tripled locally during peak in cases.**
  - Mechanical ventilation.
  - Long periods of paralysis.
  - Long ICU stays (mean (SD) days ventilated 11.1 (8.2)).
- **Central line associated blood stream infections:**
  - Control for these changes, rates less significant (2.1 to 3.2 per 1000 line days).
- **Risk of ventilator associated pneumonia:**
  - 9-27% rate in ventilated patients pre-COVID-19.
  - Prolonged ventilation, long periods of paralysis, male gender, ARDS are risks.
- **Reduction in Gram-negative bacteraemia.**
  - Reduction in surgery / procedures.
  - Possible missed presentations to hospital.
  - Possible changes in sampling.

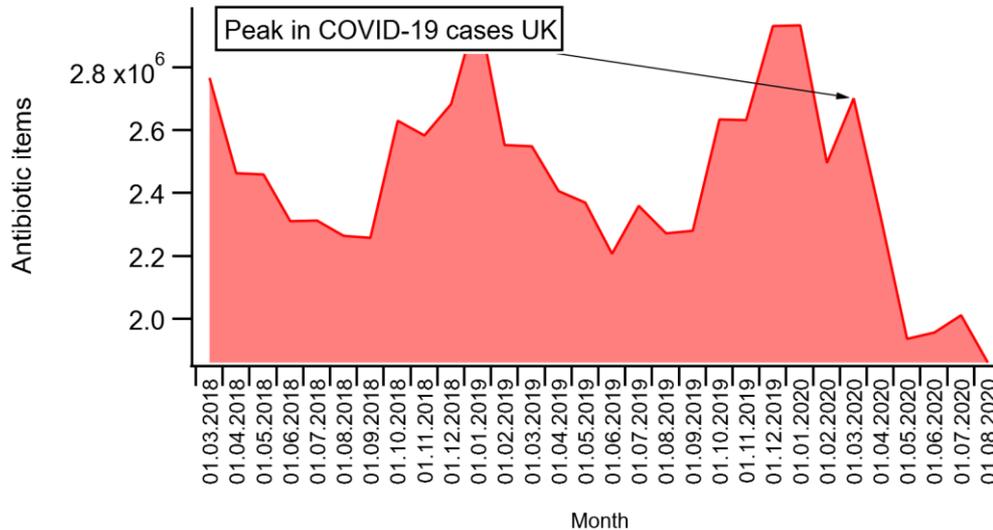
Escherichia coli blood stream infections



# Community infections and prescribing

## A positive impact on AMR?

Monthly antibiotic prescriptions for all age groups in England

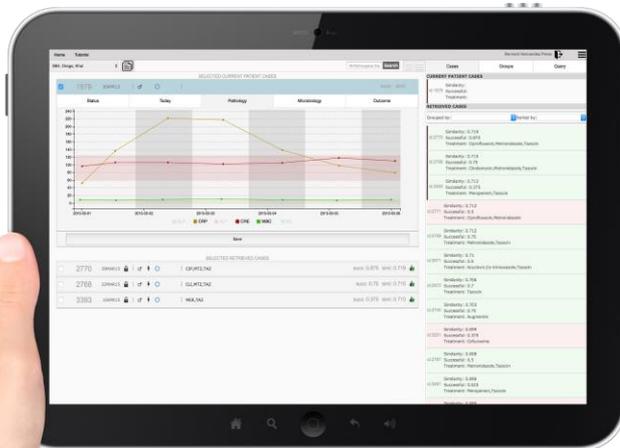


## Notifiable infections compared to 5-year average in the UK:

- Fewer respiratory infections.
- Fewer skin soft tissue infections.
- Fewer intestinal infections.

# Can artificial intelligence help guide decision making?

Risk of bacterial infection?

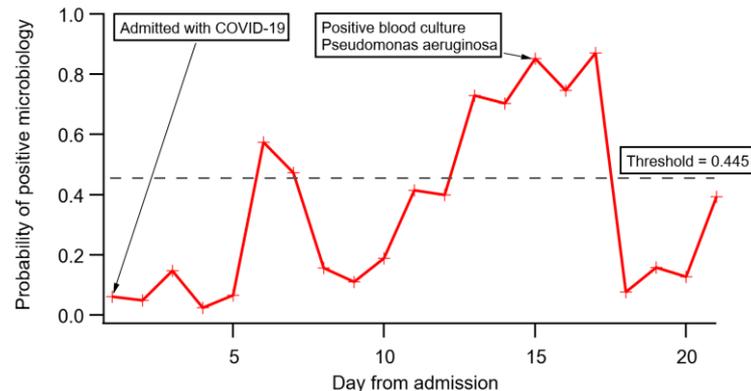


epic impoc

enhanced, personalized and integrated care  
for infection management at point of care

- Supervised machine learning.
- Utilize routine healthcare data.
- Dynamic decision support.
- Diagnosis and management of infection associated with COVID-19.

## Temporal surveillance



# Looking forwards: Standardized frameworks are needed

- Standardised approach for the surveillance and reporting of infections associated with COVID-19, antimicrobial prescribing, and AMR.
- Agree upon appropriate comparators to support greater understanding of changes attributable to COVID-19.
- Support comparison between centres and regions (HIC and LMIC).
- Prospective data to allow temporal trends to be assessed.
- Consider institutional level and individual patient factors.

## In conclusion

- The true impact of COVID-19 on AMR and HCAI remains unclear.
- Evolving nature means that single snapshot analysis is not enough.
- Implementation of standardised frameworks are required.
- Support evidence-base from which to promote best practice.
- Focus on mitigating negative impact of COVID-19 on AMR.
- Focus on sustaining the positive impact beyond the pandemic.

# Acknowledgements

Prof Alison Holmes  
Dr Luke Moore  
Prof Paul Aylin  
Mr Mark Gilchrist  
Dr Nina Zhu

NIHR Health Protection Research Unit for HCAI and AMR  
Centre for Antimicrobial Optimisation  
Imperial College London  
Imperial College Healthcare NHS Trust

**NIHR** | National Institute  
for Health Research

**Imperial College**  
London

Imperial College Healthcare   
NHS Trust

**Imperial Biomedical Research Centre**

**Centre for Antimicrobial Optimisation**