

# Management of allergic reactions and anaphylaxis



Symptoms of allergic reaction or anaphylaxis may develop rapidly. It is important to take quick action when symptoms develop.

SYMPTOMS	INITIAL TREATMENT	IMMEDIATELY AFTER	FOLLOW-UP
<b>ALLERGIC REACTION</b>			
<ul style="list-style-type: none"> <li>■ Itching</li> <li>■ Flushing</li> <li>■ Urticaria</li> <li>■ Nausea/vomiting</li> </ul>	Benadryl 50 mg IVP	Solu-Medrol 125 mg IVP over 5 minutes	Call physician Document allergic reaction
<b>ANAPHYLAXIS</b>			
<ul style="list-style-type: none"> <li>■ Hives</li> <li>■ Shortness of breath</li> <li>■ Dyspnea</li> <li>■ Hypotension</li> <li>■ Bronchospasm</li> <li>■ Laryngeal edema</li> <li>■ Cyanosis</li> </ul>	Epinephrine (adrenaline 1 mg/ 1mL) <b>Administer</b> <b>0.3 mg (0.3 mL) IM</b> <b>AND</b> Benadryl 50 mg IVP	Solu-Medrol 125 mg IVP over 5 minutes	Call 911 if symptoms persist Call physician Document allergic reaction