

Project ECHO® (Extension for Community Healthcare Outcomes)

2019-2020 Chronic Pain and Opioid Management TeleECHO™ Program (ECHO Pain) Curriculum

SCHEDULE	TOPIC
	1. Chronic Pain Basics
7/4/2019	Holiday - No Clinic
7/11/2019	Overview of Chronic Pain
7/18/2019	Eliciting the Pain Story
7/25/2019	Examination of the Patient with Chronic Pain: The Neurological Exam
8/1/2019	Examination of the Patient with Chronic Pain: The Musculoskeletal Exam
	2. Hands-On Skills
8/8/2019	The Chiropractic Exam
8/15/2019	Principles of Myofascial Pain
8/22/2019	Treatment of Myofascial Pain
8/29/2019	Physical Therapy and Treatment of Pain
	3. Behavioral Health and Chronic Pain
9/5/2019	Anxiety, Depression and Chronic Pain
9/12/2019	Cognitive-Behavioral Therapy
9/19/2019	Trauma and Chronic Pain
9/26/2019	Trauma-Focused Therapy
10/3/2019	Mindfulness
	4. Special Populations with Chronic Pain
10/10/2019	Treating Patients with Pain Related to Cancer
10/17/2019	Native Traditional Healing Practices
10/24/2019	The Elderly Patient with Chronic Pain
10/31/2019	Pain and Native American culture
11/7/2019	Latin American Healing Practices and Curanderismo
11/14/2019	Overview of Common Peripheral Neuropathies
	5. Medical Issues and Chronic Pain
11/21/2019	Managing Painful Osteoarthritis
11/28/2019	Holiday – No Clinic
12/5/2019	Pediatric and Adolescent Pain
12/12/2019	Sleep Disorders and Chronic Pain
12/19/2019	Fibromyalgia
12/26/2019	Holiday – No Clinic
1/2/2020	Holiday – No Clinic
1/9/2020	Migraine
1/16/2020	Low Back Pain Basics

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1/23/2020	Basic Radiology and Chronic Pain
	6. Integrative Treatments for Chronic Pain
1/30/2020	Acupuncture for Chronic Pain
2/6/2020	Kinesiological Taping
2/13/2020	Biofeedback
2/20/2020	Nutritional Techniques for Managing Chronic Pain
	7. Pharmacologic Treatments for Chronic Pain
2/27/2020	Non-Opioid Medications (Part 1)
3/5/2020	Non-Opioid Medications (Part 2)
3/12/2020	Considerations in Treating Pain with Multiple Medications (drug-drug interactions, serotonin syndrome, etc.)
3/19/2020	Opioids and Chronic Pain: CDC Guidelines
3/26/2020	Cannabis and Chronic Pain
4/2/2020	Buprenorphine for Chronic Pain
	8. Substance Use Disorders and Chronic Pain
4/9/2020	Overview of Substance Use in US and New Mexico
4/16/2020	Alcohol Use Disorder
4/23/2019	Opioid Use Disorder
4/30/2019	Benzodiazepine Use Disorder/Tapering Benzodiazepines
5/7/2020	The Pregnant Patient with Substance Use Disorder
5/14/2020	Management of Pain Patients with OUD
	9. Interventional Treatments for Chronic Pain
5/21/2020	Injections for Chronic Pain
5/28/2020	Spinal Cord Stimulators and Nerve Blocks
	10. Emerging Treatments for Chronic Pain
6/4/2020	Transcranial electrical stimulation, transcranial magnetic stimulation for Pain
6/11/2020	New Drugs, Nocebo
	Clinician Self-Care
6/18/2020	HIV Pre-Exposure Prophylaxis (PrEP)
6/25/2020	Clinician Self-Care