



Project ECHO® (Extension for Community Healthcare Outcomes)

First Responder ECHO Curriculum – 2021

Mondays, 2:00 – 3:00 PM MT

[Register here](#) (you must register for each individual session to receive your **unique Zoom link**)

First Responder ECHO – 2021 Mondays, 2:00 – 3:00 PM MT		
<i>Session Date</i>	<i>Didactic Title</i>	<i>Speaker</i>
Jan 11, 2021	Resiliency in the Time of the Pandemic: A Review of Concepts for 2021	Jeff Katzman, MD
Jan 18, 2021	No TeleECHO Session	
Jan 25, 2021	Climbing out of the Chasm: Rural EMS Challenges and Opportunities in the Post-COVID Era	Jenna M. B. White, MD, FAEMS
Feb 1, 2021	Mindfulness-Based Wellness & Resiliency: Simple and Effective Self-Regulation Skills and Practices for First Responder Health & Wellbeing	Fleet Maull, PhD, CMT-P
Feb 8, 2021	How to Get Off the Drama Triangle: Gain Personal Freedom and Eliminate Unnecessary Negative Drama at Work and at Home	Fleet Maull, PhD, CMT-P
Feb 15, 2021	COVID-19 Response by Tribal EMS Programs in New Mexico	Chelsea C. White IV, MD, NRP, FAEMS, FACEP
Feb 22, 2021	Climate Change, Human Health, Resiliency and Disaster Preparedness	Joanna Katzman, MD, MSPH
Mar 1, 2021	Check-In Group Model of Crisis Support: A consideration for the COVID and Opioid Epidemics	Kimble Richardson, MS, LMHC
Mar 8, 2021	APD LEAD Diversion Program	Detective Shannon Miera
Mar 15, 2021	NM Bridge – Statewide Efforts to Address OUD Crisis	Margaret Greenwood-Ericksen, MD, MSc; Brandon Warrick, MD; Eric Ketcham, MD, MBA
Mar 22, 2021	No TeleECHO Session	
Mar 29, 2021	Addiction Services in the Psychiatric Emergency Room	Elizabeth Romero, MD
Apr 5, 2021	Building Resilience in First Responders Part I	Brigadier General (Retired) Steve Xenakis, MD; Matt DeBarnardis, MA
Apr 12, 2021	Building Resilience in First Responders Part II	Brigadier General (Retired) Steve Xenakis, MD; Matt DeBarnardis, MA
Apr 19, 2021	Integrating Mental Health and Primary Care	Jasen Christensen, DO



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Apr 26, 2021	Residential Treatment Services for Treatment of Addictions and Co-Occurring Disorders	Andrew Gerber, MD, PhD
May 3, 2021	Advancing Treatment of the Suicidal Patient: Integrative Approaches for Dual Diagnosis Patients	Michael D. Groat, PhD
May 10, 2021	Healing Addiction in our Community	Jennifer Weiss, MBA
May 17, 2021	<i>Topic TBD</i>	<i>Speaker TBD</i>
May 23, 2021	<i>Topic TBD</i>	<i>Speaker TBD</i>
May 31, 2021	No TeleECHO Session	
Jun 7, 2021	<i>Topic TBD</i>	<i>Speaker TBD</i>
Jun 14, 2021	Motivational Interviewing and Addiction Treatment	Snehal Bhatt, MD
Jun 21, 2021	<i>Topic TBD</i>	<i>Speaker TBD</i>
Jun 28, 2021	<i>Topic TBD</i>	<i>Speaker TBD</i>
Jul 5, 2021	No TeleECHO Session	
Jul 12, 2021	<i>Topic TBD</i>	<i>Speaker TBD</i>