



Project ECHO[®] (Extension for Community Healthcare Outcomes)
Behavioral Health and Addiction (BHA) ECHO Resources

Depression Management Topics:

PowerPoint Presentations and Session Recordings 2019 (8-week repeating series)		
Session	Session Topic (PowerPoints Linked)	Session Recordings
0	Introductory Session	Video Link here
1	Depression Essentials	Video Link here
2	Antidepressant Medication Management	Video Link here
3	Brief Psychosocial Interventions	Video Link here
4	Referring for Behavioral Health Consultation	Video Link here
5	Treating Resistant Depression	Video Link here
6	Treating Psychotic Depression	Video Link here
7	Treating Bipolar Depression	Video Link here
8	Depression Relapse Prevention	Video Link here

Program Contact Information

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Resources Mentioned during Session

- [Antidepressant Treatment List](#)
- [Behavioral Health Community Providers](#)
- [CBT Auto Thoughts Short and Simple](#)
- [How to choose a therapist](#)
- [Mindfulness Practice](#)
- [Mood Disorder Questionnaire \(MDQ\)](#)
- [National Suicide Prevention Lifeline Wallet Card](#)
- [Patient Health Questionnaire-9 \(PHQ-9\)](#)
- [Primary Care PTSD Screen for DSM-5 \(PC-PTSD-5\)](#)
- [Relaxation Breathing Simple](#)
- [STOP-BANG Sleep Apnea Screening](#)
- [STOP-BANG Sleep Apnea Screening \(Spanish\)](#)
- [Stress Management](#)
- [Stress Response Hunter](#)
- [Stress: What It Is and How to Spot It](#)
- [Suicide Assessment Five-step Evaluation and Triage \(SAFE-T\)](#)

Resources: Articles

- [ASG Beers Criteria 2019](#)
- [Gabapentin Combined With Naltrexone for the Treatment of Alcohol Dependence](#)
- [Gabapentin Treatment for Alcohol Dependence – Clinical Trial](#)
- [Ondansetron Type B Alcohol Dependence Trial](#)
- [Quetiapine for the Treatment of Type A and Type B Alcoholism](#)
- [Quetiapine Monotherapy in PTSD: Randomized Trial](#)