

Project ECHO® (Extension for Community Healthcare Outcomes)  
 NM First Responder ECHO Resources – 2019 and 2020

**2020**

<b>First Responder ECHO – 2020 Presentation Slides and Session Recordings</b>			
<b>Session Date</b>	<b>Session Topic and Presenter(s)</b>	<b>Presentation Slide Links</b>	<b>Video Recording Links</b>
Jan 13, 2020	Cannabis and First Responders <i>Snehal Bhatt, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Jan 20, 2020	<b>No TeleECHO Session</b>		
Jan 27, 2020	Methamphetamine <i>Jeff Katzman, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Feb 3, 2020	Opioid Use Disorder <i>Paul Romo, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Feb 10, 2020	Alcohol as a Coping Mechanism <i>Jasen Christensen, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Feb 17, 2020	<b>No TeleECHO Session</b>		
Feb 24, 2020	Coping with Emotions <i>Jeff Katzman, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
<b>First Responder TeleECHO Sessions Transitioning to 2<sup>nd</sup> &amp; 4<sup>th</sup> Mondays</b>			
Mar 9, 2020	Recognizing Child Abuse <i>Detective Autumn Neas, BCSO</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
The session schedule and curriculum have been and will continue to be modified in response to Project ECHO's efforts to aide in the relief of the <b>COVID-19</b> pandemic.			
Mar 23, 2020	COVID-19 for First Responders <i>Captain Jimmy Melek, AFR</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Apr 6, 2020	1) COVID-19 for First Responders <i>Bureau Chief Kyle Thornton, NM DOH ERD</i> 2) Self-Care for Frontline Healthcare Workers <i>Jeff Katzman, MD</i>	<a href="#">1<sup>st</sup> PPT here</a>  <a href="#">2<sup>nd</sup> PPT here</a>	<a href="#">Video here</a>
<p>As of Apr 13, 2020, the First Responder ECHO will be taking a shift in focus under the new title “First Responder Resiliency ECHO” in response to the <b>COVID-19</b> pandemic, and to provide resources and support to our first responders and frontline healthcare workers.</p> <p>Please email <a href="mailto:firstresponderecho@salud.unm.edu">firstresponderecho@salud.unm.edu</a> for more information</p> <p style="text-align: center;"><i>or</i></p> <p>visit our webpage at <a href="https://echo.unm.edu/covid-19/sessions/firstresponder">https://echo.unm.edu/covid-19/sessions/firstresponder</a></p>			

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**2019**

<b>First Responder ECHO – 2019 PowerPoint Presentations and Session Recordings</b>			
<b>Session Date</b>	<b>Session Topic and Presenter(s)</b>	<b>PowerPoint Links</b>	<b>Video Recording Links</b>
Sep 9, 2019	Epidemiology of Opioid and Pain Crises <i>Joanna Katzman, MD</i>	<a href="#">PPT here</a>	No recording
Sep 16, 2019	Responding to an Overdose with Naloxone <i>Joanna Katzman, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Sep 23, 2019	What is Addiction/Substance Use Disorder? <i>Snehal Bhatt, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Sep 30, 2019	Navigating a Complex Health Care System <i>Margaret Greenwood-Ericksen &amp; Jessica Medrano, EMT-P</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Oct 7, 2019	What is Chronic Pain? <i>Joanna Katzman, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Oct 14, 2019	What is Psychosis? <i>Jeff Katzman, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Oct 21, 2019	Psychiatric Emergency Services (PES) <i>Elizabeth Romero, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Oct 28, 2019	Psychiatric Presentations – Geriatric Population <i>Mohamad Khafaja, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Nov 4, 2019	Sources of Anxiety and Depression, Part I: Depression <i>Jeff Katzman, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Nov 11, 2019	Sources of Anxiety and Depression, Part II: Anxiety <i>Jeff Katzman, MD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Nov 18, 2019	Psychological Survival & Retirement Planning <i>Troy Rodgers, PsyD</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Nov 25, 2019	Anger and Fair Fighting <i>Jeff Katzman, MD</i>	<a href="#">PPT here</a>	No recording
Dec 2, 2019	<b>No TeleECHO Session</b>		
Dec 9, 2019	HEARTS Program <i>Albuquerque Fire &amp; Rescue, Captain Jimmy Melek</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>
Dec 16, 2019	Harm Reduction <i>Christopher Ortiz and Emily Jaramillo</i>	<a href="#">PPT here</a>	<a href="#">Video here</a>