

# Getting an ABI Test

## What is an ABI Test?

ABI stands for Ankle-Brachial Index. The ABI test is a quick way to check the blood flow to the legs.

The arteries in your legs or arms may be narrowed or blocked. People with this problem have a high risk of heart attack, stroke, poor blood flow, and leg pain.

This test measures the blood pressure in the ankle and arm while you are lying down.

## During the Test

You lie on a table on your back. A technician measures the blood pressure in both your arms and both your ankles.

The probe uses ultrasound to make wave forms. This lets the tech hear the pulse in your ankle arteries after the blood pressure cuff goes down.

## After the Test

The ABI test should take only a few minutes. You will **not** need any special care after the test.

Your doctor should discuss the test results with you.



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## Questions? Call Us!

Vascular Lab  
Diagnostic Center, 2nd Floor-Main Hospital  
2211 Lomas Blvd. NE  
Albuquerque, NM 87106  
(505) 272-2403  
Open 8:00 am-5:00 pm

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**In case of emergency - Call 911**

