

# Getting Your DOB Test

(Dobutamine Stress Echocardiogram)

## What is DOB?

A DOB test helps your doctor see how well your heart works under stress. You will get a medicine called Dobutamine. It will make your heart beat stronger and faster during the test. You will lie on a bed during the test.

### What we do during the test:

- Watch your blood pressure and heart rate.
- Do an ECHO (echocardiogram). This is an exam of your heart as it beats.
- Check your ECG (EKG).

We may do only parts of this test. This depends on your heart rate and how you are feeling. A doctor will look at your results before you leave.

## What to Do Before Your Test

- ✗ Do not eat or drink for 6 hours before your test.
- ☐ If you are **diabetic** and take insulin, take only half of your dose. If you are taking a pill, take the whole pill. You may also have dry toast and only 1 cup of orange juice no later than 6 hours before the test. Please call your doctor if you have questions.
- ☐ If you take medicines each day, you can take them with a small sip of water. Your doctor may ask you not to take certain medicines before this test.

## On the Day of Your Test

- ☐ Come to the Diagnostic Center on the 2<sup>nd</sup> floor of the hospital.
- ☐ If you need to cancel your test, please call 272-2403.
- ☐ You may need to make a co-pay for this test.

**Be sure to come  
30 minutes early!**

## Questions? Call Us!

Heart Station  
Diagnostic Center, 2<sup>nd</sup> Floor – South Tower  
Phone: 505-272-2403 7:00 a.m. – 5:30 p.m.  
After 5:30 p.m. call 272-2111. Ask for the  
“Cardiology Fellow” on call.

**In case of  
emergency  
call 911.**



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