

Getting Your TEE Test (Transesophageal Echo)

What is a TEE test?


A TEE test helps your doctor see how well your heart is working.

What we do during the test:

- We spray your throat with a numbing medicine to make you more comfortable.
- We give you medicine to help you relax.
- We place a special probe or tube in your food pipe (esophagus). The tube goes right behind your heart. This helps the doctor get good pictures of your heart. It also shows pictures of your heart that we cannot see with other exams like an Echo.



What to Do Before Your Test

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- ✗ Do not eat or drink for 6 hours before your test.
 - ☐ If you take insulin, take only half of your dose. If you are taking a pill, take the whole pill. You may also have dry toast and only 1 cup of orange juice no later than 6 hours before the test. Please call your doctor if you have questions.
 - ☐ If you take medicines each day, you can take them with a small sip of water. Your doctor may ask you not to take certain medicines before this test.
 - ☐ Ask someone to drive you to your test. We will give you medicine to help you relax. So you will need someone to drive you home. If you do not have someone to drive you home, we will not be able to do the test.

On the Day of Your Test

- **Please come 30 minutes early.** Come to the Diagnostic Center on the 2nd floor of the hospital.
- Be sure to tell the doctor if you have a hard time swallowing. Tell your doctor if you have any problems with your throat (esophagus) or stomach.
- Be sure to tell the doctor if you might be pregnant.
- If you need to cancel your test, please call 272-2403.
- You may need to make a copay for this test.

**Be sure to come
30 minutes early!**

More on
next
page



After the Test:

- Your throat will be numb. After 1 hour, try to drink a little water.
- If you cough when you swallow, do **not** try to eat. You may eat when you can swallow water without coughing.
- You may have a sore throat after the test. You may use throat lozenges 1 hour after the test.
- Do not drive or use heavy equipment for 24 hours after the test.

Questions? Call Us!

Heart Station

Diagnostic Center, 2nd Floor – South Tower

Phone: 505-272-2403 7:00 a.m. – 5:30 p.m.

After 5:30 p.m. call 272-2111. Ask for the
“Cardiology Fellow” on call.

**In case of
emergency
call 911.**

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