

## BHPW Resilience ECHO Programs

Open to ALL who assist with patient, client, or staff well-being and health care

### Resilience Conversations

2<sup>nd</sup> & 4<sup>th</sup> Mondays of each month\*

1 p.m.-2 p.m. MT

We meet together in the main room for a 20-35 minute didactic and then break out into small groups based on career stage. The small group space gives our network participants a safe space in which to share experiences and best practices.

[Register Here](#)

### Resilience Rounds

1<sup>st</sup> Mondays of each month

1 p.m.-2 p.m. MT

A monthly session using a modified ECHO model in which a 40 minute didactic is presented, followed by an engaging 20 minutes of Q&A & discussion from our network participants.

[Register Here](#)

### Cases in Resilience

3<sup>rd</sup> Mondays of each month\*

1 p.m.-2 p.m. MT

A monthly session offering our network participants (especially supervisors), the opportunity to engage with both real and simulated cases, to think more deeply about, and to practice situational, workplace, and institutional resilience.

[Register Here](#)

**\*Refers to the former and present session days and times.**

*This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government*

## Creating Cultures of Resilience & Wellness through Project ECHO

Review the 2023-2024 BHPW Resilience ECHO program curriculum

[Curriculum Schedule](#)

Download our workbook- Introduction to Resilience: Building Our Internal Resources: General Concepts

[Workbook](#)

Please join us!

- Health care trainees
- Health providers
- Supervisors and employers of health providers
- ANYONE working to support patient, wellness and health care

Contact Info: [Resilience ECHO Team](#)

Project ECHO: [Moving Knowledge, Not People](#)

Website: [Project ECHO](#) Flyer Update 2/20/24





In support of improving patient care, Project ECHO® is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



**AMA Designation Statement**

Project ECHO® designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**ANCC Designation Statement**

Project ECHO® designates this live activity for a maximum of 1.0 ANCC contact hour. Nursing contact hours will be awarded for successful completion of program components based upon documented attendance and completion of evaluation.



**Psychologist Accreditation**

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.



**Social Work Accreditation**

As a Jointly Accredited Organization, Project ECHO® is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Project ECHO® maintains responsibility for this course. Social workers completing this course receive 1.0 continuing education credit.



**AAPA Credit Designation Statement – Live**

Project ECHO has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.

Contact Info: [Resilience ECHO Team](#)

Project ECHO: [Moving Knowledge, Not People](#)

Website: [Project ECHO](#)    Flyer Update 2/20/24

