

First Responder Resiliency: Peak Performance Series

1st & 3rd Mondays 2:00pm-3:00pm MST
Convert to your time zone

This program is generously funded by the
NM Human Services Department, Behavioral Health Services Division
State Opioid Response (SOR)

Our program will continue to focus on supporting first responders through the stresses of their position, particularly amidst the ongoing COVID-19 pandemic and opioid crisis



Target Audience Includes

- EMT-B to EMT-P
- Fire Fighters
- Law Enforcement
- Dispatch ER Clinicians/Personnel
- National Guard
- Community Health Workers
- Behavioral Health Clinicians
- Social Workers
- All Frontline Workers

Bi-Monthly 60-Minute Sessions include:

- Evidence-Based Presentations
- Participant Q&A
- Breakout 'Listening Sessions'
- No-cost CEU Credits

Accreditation:

In support of improving patient care, Project ECHO® is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team. Project ECHO® designates this live activity *AMA PRA Category 1 Credit™*. Physicians should claim only the commensurate with the extent of their participation.



AAPA Credit Designation Statement – Live

Project ECHO has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Program Email
Website



Project ECHO's First Responder Resiliency Presents: The Peak Performance Series

The Peak Performance Series will be presented by:
Brigadier General (Ret) Stephen N. Xenakis, MD; [Silver Hill Hospital](#), [CRC Campaign Director](#)
Matt DeBernardis, MA; [CRC Campaign Coach](#)

Facilitators & Moderators:

Jeff Katzman, MD; FRR Medical Director, Psychiatrist, Vice Chair for Clinical Affairs, UNM
Joanna Katzman, MD, MSPH; Pain Specialist, Neurology Senior Associate Director
Elizabeth Romero, MD, Medical Director, Psychiatry Emergency, UNM
Nils Rosenbaum, MD; Director, Behavioral Health, Albuquerque Police Department
Margaret Greenwood-Ericksen, MD; Emergency Dept. Physician, UNM Emergency Medicine
Jessica Medrano; EMT-P, Academic Affairs Director, Emergency Medical Services, CNM
Kimble Richardson, M.S., LMHC, LCSW, LMFT, LCAC, Community Health Network Behavioral Health

2022 DATES	TOPIC
Feb 07	Peak Performance and Stress: Team Dynamics
Feb 21	Peak Performance and Stress: Individual Motivation
Mar 7	Peak Performance Series: Re-Cap
Apr 4	Stigma and Substance Use, Chronic Pain, Mental Health and Suicide
Apr 18	Evaluation of Suicidal Patients
May 2	Impact of Psychological and Historical Trauma on Substance Use, Chronic Pain, Mental Health and Suicide
May 16	Treatment and Harm Reduction for Substance Use Disorder



[First Responder Resiliency ECHO Register Here](#)

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