

Resilience ECHO programs

Creating Cultures of Resiliency & Wellness through Project ECHO

Resilience Rounds

Open to ALL who assist with patient, client, or staff well-being and healthcare

Please join us!

Monday, January 9th | 1-2 p.m. MT

[Christine Sinsky, MD](#)

Reorienting the US Healthcare System Around Relationships



[Registration Link](#)

Learning Objectives

- Describe one consequence of a transactional conceptualization of healthcare
- Identify at least 2 tactical approaches to prioritize relationships within the physical structure, team structure, scheduling approach and/or technology within a work unit.
- Plan to bring home at least 1 change to remove sludge from daily work of healthcare workers in your unit
- Become inspired about the possibilities of reclaiming the joy in medicine

When:

Resilience Workgroups

1st, 3rd, 4th Mondays of each month
1-2 p.m. MDT

Resilience Rounds

2nd Mondays of each month
1-2 p.m. MDT

Resilience Office Hours

2nd Mondays of each month
2-3 p.m. MDT

Where:

Connect on your computer or smartphone using Zoom.

Who:

- Healthcare trainees
- Health professionals
- Supervisors and employers of health professionals
- ANYONE working to support patient, wellness & healthcare

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S Government.

Contact Info: [Resilience ECHO Team](#)

Zoom connection information will be sent after your register.

[Project ECHO: Moving Knowledge. Not People](#)

Website: [Project ECHO](#) Flyer Updated 12.15.22





“The proposed project will fill an urgent need to support overworked and overburdened health professionals and others who support patients with mental health conditions, creating a more resilient workforce that can continue to provide essential services in their communities.”

~ Jeff Katzman, MD, Medical Director, Resilience ECHO. Professor and Vice-Chair, University of New Mexico, Department of Psychiatry.

2023 Resilience Rounds Through June 12th

Open to ALL who assist with patient, client, or staff well-being and healthcare. Join our community!

Mondays | 1-2 p.m. MT

Date	Speaker	Title	Background
1/9/23 1-2pm MT	Christine Sinsky, MD	Reorienting the US Healthcare System Around Relationships	Dr. Sinsky is the Vice President for Professional Satisfaction at the AMA and will be speaking about the idea of radically reorienting the US health care system around relationships.
2/13/23 1-2pm MT	Eileen Barrett, MD	The Pebble in Your Shoe	Dr. Barrett , a former UNM hospitalist and Chair-Elect of the American College of Physicians Board of Regents, will talk about identifying and addressing challenges to wellbeing that are small enough to fix and large enough to make a difference
3/13/23 1-2pm MT	Barbara McAneny, MD	The Role for Advocacy in Medicine	Dr. McAneny , the immediate past president of the American Medical Association and CEO and one of the two founding partners of New Mexico Cancer Center, will be speaking about advocating for change in medicine.
4/10/23 1-2pm MT	William Bynum, MD	Shame culture in medicine	Dr. Bynum , family physician, associate director of a family medicine residency program, and health professions educator at Duke University. He will discuss how medical learners and providers experience the emotion of shame and on how to advance shame-free learning and clinical environments for learners and patients alike.
5/8/23 1-2pm MT	Joanna Katzman, MD	Climate, Substance Use, and Mental Health	Dr. Katzman , Professor of Neurosurgery and Director, Project ECHO Public Health Initiatives at UNM HSC, will discuss 3 public health crises affecting clinician well-being.
6/12/23 1-2pm MT	Jonathan Ripp, MD	Wellness Centered Leadership	Dr. Ripp , Professor of Medicine, Medical Education and Geriatrics and Palliative Medicine, Senior Associate Dean for Well-Being and Resilience and Chief Wellness Officer at the Icahn School of Medicine at Mount Sinai, will discuss a leadership framework designed to cultivate leadership behaviors that promote engagement and professional fulfillment.

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In support of improving patient care, Project ECHO® is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



AMA Designation Statement

Project ECHO® designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC Designation Statement

Project ECHO® designates this live activity for a maximum of 1.0 ANCC contact hour. Nursing contact hours will be awarded for successful completion of program components based upon documented attendance and completion of evaluation.



Psychologist Accreditation

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.



Social Work Accreditation

As a Jointly Accredited Organization, Project ECHO® is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Project ECHO® maintains responsibility for this course. Social workers completing this course receive 1.0 continuing education credit.



AAPA Credit Designation Statement – Live

Project ECHO has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.

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