

Monarch Psychiatry (therapy and medication management)
<https://www.monarchpsychiatrynm.com/> (505) 582-2180

Lewis Nemes, PhD (LGBTQ, chronic illness, chronic pain, & sexuality)
<https://www.lewisnemesphd.com/> (505) 345-6616

The Center for Dynamic Practice (chronic health conditions, autism spectrum/neurodiversity, addictions, LGBTQ+, evaluations)
<https://thecenterfordynamicpractice.com/>

Jamie Loor, PhD (insomnia, disordered eating, trauma, addictions)
<https://leadingedgetherapygroup.com/> (417) 501-9423

Vicki Hanfield, PsyD
<http://www.drwickihandfield.com> (609) 841-9159

Juliet Kinkade-Black, LMFT (trauma, LGBTQ, bibliotherapy)
<https://www.curatedtherapysolutions.com/>

Behavior Therapy Associates (mood, traumatic stress, relationships, chronic pain, fertility, perinatal & postpartum adjustment).
<https://www.behaviortherapy.com/> (505) 345-6100

Elevation Counseling (counseling and medication management)
<https://www.elevationcounseling.com/> (505) 888-1686

Wild Magnolia Wellness
<https://www.wildmagnoliawellness.com/> (505) 433-7561

PsychologyToday.com allows you to use a filter to find therapists based on specific criteria that you input (e.g., insurance, type of therapy, specialties, gender, language).
<https://www.psychologytoday.com/us/therapists/nm/albuquerque>

* Please note that these clinicians and group practices are not necessarily covered by UNM health insurance. Some providers offer self-pay and income-based sliding scale options if they do not accept insurance. All financial arrangements must be worked out directly with the clinical provider.

*Group practices can offer a range of therapies and specialties with multiple therapists to select from. Reviewing the clinician bios, pictures, and specialties on the website can help you identify which therapist you might like to request to work with.

*If you are unsure where to start or have questions about starting therapy with any of these community providers, contact OPW@salud.unm.edu and someone from the OPW clinical team will be glad to support you in any next steps.