

## **Orthopedic Fast Track Plan**

In an attempt to improve ED throughput, Emergency Medicine education and procedural opportunities, and to reduce the workload on consulting Orthopedic residents, a list of diagnoses amenable to ED management with Orthopedic follow-up arranged by Ortho after review of films and plan with the on-call resident.

### **List of Diagnoses that need PCP follow-up only**

AC Separation – grade II and less

Clavicle Fracture - simple

Malleolar avulsion fxs (small)

### **List of potential diagnoses for ED Reduction and/or splinting with Ortho Follow-up**

### **Splint Types include:**

Scaphoid fracture

Short arm Thumb Spica

Metacarpal fracture

Short Arm Sandwich

Jones fxs/Pseudo-jones

3D boot

Lateral malleolus fractures(minor)

Bulky Jones or 3D Boot

Shoulder dislocations

Sling, early ROM

- AC Separation Grade III-V

Sling for 1-2 weeks

Nightstick Fractures – min. displaced

Sugar tong/Double Sugar

Ligament injuries to knee (*not high energy*)

Bledsoe

### **Plan:**

1) ED Reduces and/or splints and gets post-reduction film

2) Call Ortho Resident to review films and arrange follow-up time (realizing potential for ortho to request to see patient in ED at that time)

\* This list is not all-inclusive, nor does the list accurately represent all potential clinical scenarios for each listed diagnosis. Do not substitute this guideline for clinical judgment.