AUTOANTIBODY TESTING: PAST HISTORY, PRAGMATIC CHALLENGES AND PROMISING FUTURE: THE KODACHROME LEGACY

University of New Mexico, Division of Rheumatology Retreat @ Santa Fe October 19 2024 Marvin J. Fritzler PhD MD Professor Emeritus: Cumming School of Medicine University of Calgary Medical Director: MitogenDx



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DISCLOSURES

Werfen International

Speaker bureau, consultant, research and diagnostic kits gifts in kind.

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Speaker bureau and honoraria

- Medical Director: Mitogen Diagnostics Corporation (MitogenDx)
- Does not own or trade shares in companies referred to in this presentation.

MITIGATION

- In accord with Tri-Council Guidelines, all conflicts of interest are declared annually to the Cumming School of Medicine, University of Calgary
- · specific diagnostic products, kits or services are NOT promoted in this presentation
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OUTLINE & OBJECTIVES

- Mentors make a difference
- Brief historical overview of ANA testing
 - Changing bandwidth
 - Different needs by subspecialties
- Review of key studies on population-based ANA testing
- Anti-dsDNA
 - A Puzzling Patient: ANA negative: anti-dsDNA positive
 - DNA the antigen
 - Anti-DNA Antibodies and Assays
- Summary and Future: different approaches and technologies

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Mentors Make a Difference: Dr. Eng M. Tan August 26, 1926 - March 9, 2024





The Kodachrome Legacy The Dark & Bright Side:

"If I look back on all the crap I learned in high school, it's a wonder I can think at all." (Paul Simon)

The bright side:

"Kodachrome, gives those nice bright colors, They give **us the greens** of summers, Makes you think all the world's a sunny day, oh yah!"

The DARK SIDE "Everything looks worse in black and white"



Brief History: ANA Testing Assays

- > 1948 Hargraves discovers LE cell at Mayo Clinic
- > 1950s 1980s Rodent cryopreserved organ sections
- > 1980 present. Fixed HEp-2 substrate
- > 1990s present. ELISA using cell extracts spiked with 'missing' antigens. Higher throughput than HEp-2 IFA.
- 2000s Addressable Laser Bead Assays (ALBIA), Chemiluminescence (CIA). Even higher throughput.
- > 2000s Automated digital ANA IFA testing













Changing Bandwidth of ANA Testing



Clinical scenarios where ANA testing is sued

Intent to REFER: Primary Care <u>Screening</u> > CASE FINDING

• The most value in Mid-Range Pre-Test Probability (Aches and pains, rashes, and other symptoms with no explanation)

Intent to TREAT: Specialist Establish/Confirm DIAGNOSIS

- High Pre-Test Probability
 - Guide to further investigations (biopsy, imaging, etc.), tertiary care referrals and TREATMENT
- Follow clinical course: Guide to treatment effectiveness
 - Confirm remission and/or flares (controversial)

Intent to PREVENT: Earlier and Accurate Diagnosis

- Annual Check-ups
- Low Pre-Test Probability
- Not widely used
- Cost–Value Equation important: VALUE = COST/OUTCOMES

Other clinical uses of anti-nuclear antibodies (ANA)

Fulfill Disease Classification Criteria (Research)

- SLE: https://www.ncbi.nlm.nih.gov/pubmed/31385462
- Autoimmune Liver Disease: <u>https://www.ncbi.nlm.nih.gov/pubmed/24418295</u>
- Predict clinical risk
 - JIA: risk of uveitis https://www.ncbi.nlm.nih.gov/pubmed/35398272
 - Raynaud's: risk of systemic sclerosis (especially anti-centromere)
 - Undifferentiated Connective Tissue Disease (UCTD) progression to SARD

ANA Testing/Screening

HEp-2 IFA patterns and titers matter

See publications below and references therein

DE GRUYTER

Clin Chem Lab Med 2020; aop

Lisa K. Peterson^a, Anne E. Tebo^a,*, Mark H. Wener, Susan S. Copple and Marvin J. Fritzler Assessment of antinuclear antibodies by indirect immunofluorescence assay: report from a survey by the American Association of Medical Laboratory Immunologists

> Tebo et al. Autoimmun Highlights
> (2021) 12:4 https://doi.org/10.1186/s13317-020-00146-w
> Autoimmun Highlights
>
>
> ORIGINAL RESEARCH
> Open Access
>
>
> The antinuclear antibody HEp-2 indirect immunofluorescence assay: a survey of laboratory performance, pattern recognition and interpretation
> Image: Comparison of the survey
>
>
> Anne E. Tebo^{1,2*}
> Robert L. Schmidt^{1,2}, Kamran Kadkhoda³, Lisa K. Peterson^{1,2}, Edward K. L. Chan⁴, Marvin J. Fritzler⁵ and Mark H. Wener⁶

ANA Testing/Screening

HEp-2 IFA Limitations

- In Practice: even though >1000 autoantibody targets present in HEp-2, not all are detected by IFA using human sera
- Inter-manufacturer variation
 - Growth conditions and processing
 - HEp-2 cells stabilized and permeabilized by a variety of fixatives: altered native epitopes
- Interlaboratory variations in reporting, nomenclature and interpretation being addressed International Consensus on Autoantibody Anti-Cell (AC) Patterns



*Classification tree updated February 2024



ANA IFA: Key Population Studies

| Country | Study | Fqy % | Comments | References |
|-------------------|--|-------|---|--|
| Brazil (2011) | N=918 Healthy Individuals 1:80 | 13 | 53.4% had titer <=1:160 vs. 10.8% AARD cohort DFS in 33% HI vs 0% in SARD | Arthritis Rheum 64: 2319-27, 2012 |
| USA (2012) | N=4754 ≥4 years 1:80 | 14 | Details later | Arthritis Rheum 64: 2319-27, 2012 |
| China (2014) | N=20970 2-88 years (x =32) 1:100 | 14 | Females>Males Elderly>Young | Curr Ther Res Clin Exp 76: 116-119, 2014 |
| Germany (2017) | N=1199 ≥20 years 1:80 | 33 | 29% had titer 1:80 or 1:160 Females > Males | Arthritis Res Ther 19:127, 2017 |
| Belgium (2018) | N=279 _ 18-69 (X=46) years 1:80 CAD | 34 | | Autoimmun Rev 17: 533-540, 2018 |

NaHaNES: <u>National Health and Nutrition Examination Survey</u>

Dinse GE, Parks CG, Weinberg CR, et al. Increasing Prevalence of Antinuclear Antibodies in the United States. *Arthritis Rheumatology* 74: 2032-41, 2022

AIM: Determine if prevalence of ANA changed over a 25-year span in USA.

- 13,519 participants age >/=12 years
- 3 time periods studied: 1988-1991, 1999-2004, and 2011-2012.
- Included demographic, environmental variables
- The same assay/diagnostic platform used for all studies
- The prevalence of ANA:

Prevalence ANA Over Three Periods 1988 – 2012



Source: Dinse et al. DOI: 10.1002/art.42330

Prevalence ANA Over Three Periods 1988 – 2012



Source: Dinse et al. DOI: 10.1002/art.42330

National <u>H</u>ealth and <u>N</u>utrition <u>E</u>xamination <u>S</u>urvey: **NaHaNES**

Dinse GE, Parks CG, Weinberg CR, et al. Increasing Prevalence of Antinuclear Antibodies in the United States. *Arthritis Rheumatol.* 74(12):2032-41, 2022.

The prevalence of +ANA increased

- 11.0% 1988-92 (95% confidence interval [95% CI] 9.7-12.6%) ~22.3 million
- 11.4% 1999-2004 (95% CI 10.2-12.8%), ~26.6 million
- 16.1% 2011-2012 (95% CI 14.4-18.0%) ~41.5 million
- Greatest change was among adolescents 12-19 years (OR 2.07 (95% CI 1.18-3.64) and 2.77 (95% CI 1.56-4.91)(P for trend = 0.0004).
- ANA prevalence increased in both sexes (especially in men), older adults (age >/=50 years), and non-Hispanic white individuals.
- Increases in ANA prevalence were not explained by concurrent trends in weight (obesity/overweight), smoking exposure, or alcohol consumption.
- Unfortunately, geographic clustering not done

What about changes in specific autoantibodies?

Prevalence of DFS AC-2 antibody 1988 – 2012



Source:G. E. Dinse, B. Zheng, C. A. Co, C. G. Parks, C. R. Weinberg, F. W. Miller, et al. Front Immunol 14: 1186439, 2023 Accession Number: 37426660 PMCII PMC10326272 DOI: 10.3389/fimmu.2023.1186439 https://www.ncbi.nlm.nih.gov/pubmed/37426660

ARTHRITIS & RHEUMATISM Vol. 63, No. 1, January 2011, pp 19–22 DOI 10.1002/art.30078 © 2011, American College of Rheumatology

EDITORIAL The Antinuclear Antibody Test: Last or Lasting Gasp? Marvin J. Fritzler

If submitted to FDA or Health Canada today, would HEp-2 IFA be approved?

Anti-dsDNA antibodies

What is anti-DNA?

"There is nothing quite so deceptive as an obvious fact." Arthur Conan Doyle Writer, Physician, Creator of Sherlock Holms

"Red Fox" by Bev Doolittle

ANA Negative — anti-dsDNA Positive = "false positive"?

- A 69-year-old female presented with a 1-month history of symmetric polyarthritis, pleuritis and 10 kg weight loss.
- Initial laboratory analysis:
 - Lymphopenia 0.3 x 10⁹/L
 - Elevated ESR 48mm/hr, CRP 93.0mg/mL
 - IFA ANA was <u>NEGATIVE</u> on HEp-2 cells
 - But...high titer anti-dsDNA on Crithidia (CLIFT) and Chemiluminescence Assay (CIA)
- Is this a False +ve anti-dsDNA or a False –ve ANA?
- ANA negative: does not meet 2019 EULAR/ACR SLE Criteria

Case Courtesy Drs. M.Y. Choi & H. Arbillaga, University of Calgary

Key References



A Short History of DNA



- 1860s-1920s Johann Friedrich Miescher: identified "nuclein" as a substance in cell nuclei.
- 1944 Avery, MacLeod, and McCarty: Identified DNA as substance responsible for bacterial heredity.
- 1952 Hershey & Chase experiments confirmed that DNA is not protein, but the 'genetic' material.
- 1953 Watson and Crick: proposed the double-helix model.
- 1957-58 Kornberg A et al: DNA replication elucidated .
- 1960s Genetic Code and RNA: The genetic code DNA sequences translated into proteins deciphered. The role of RNA (mRNA, tRNA, rRNA) in protein synthesis became clearer.
- **1970s Recombinant DNA Technology** (Paul Berg) : Development of recombinant DNA technology allowed the manipulation and cloning of DNA leading to genetic engineering.
- 1990 2003 Human Genome Project: Mapped and sequenced the human genome.
- 2000s present: Technological advancements: next-generation sequencing, accelerated DNA research.

Human DNA



- A single cell contains ~3
 billion DNA base pairs
- Human body
 ~30 trillion cells
- Human Genome Project identified genes/exons expressing
 - ~20,000 proteins

Human DNA



- Junk DNA: short and long interspersed nuclear elements (LINEs and SINEs)
- February 2024 University of Toronto : "Dark DNA" = 1 million "new" exons identified "Researchers discover one million new components of the human genome" (medicalxpress.com)
 - Nicholas Stepankiw et al, The human genome contains over a million autonomous exons, *Genome Research* (2023). <u>DOI:</u> <u>10.1101/gr.277792.123</u>

A Short History of Anti-DNA

| 1938-39: Identification of anti-DNA induced by bacterial infections | | | | |
|--|--|--|--|--|
| Rekvig O: Front Immunol 10: 1104, 2019 | | | | |
| 1957: Holman & Kunkel DNase of DNP eliminated the LE cell. | | | | |
| Science 126: 162-3, 1957 | | | | |
| 1966: Tan, Schur, Carr et al. DNA and anti-DNA in SLE | | | | |
| J Clin Invest 45: 1732-40, 1966 | | | | |
| 1967: Koffler, Schur & Kunkel elute anti-DNA from SLE kidney. | | | | |
| J Exp Med 126: 608-24, 1967 | | | | |
| 1982: Anti-dsDNA included in ARA (ACR) Revised SLE Criteria | | | | |
| Arthritis Rheum 25: 1271-7, 1982 | | | | |
| 1995: Moens, et al. anti-dsDNA induced by DNA virus protein | | | | |
| PNAS 92:12393, 1995 | | | | |
| • 2000's: Link to viruses and oncogenes: Numerous reports of anti-dsDNA in cancer | | | | |
| Rekvig: Front Immunol 10: 1104, 2019 | | | | |
| 2006: Link to increased Type I Interferon and eventually the IFN "signature" | | | | |
| Arthritis Rheum 54:1906, 2006 | | | | |
| 2012: anti-dsDNA included in SLICC criteria | | | | |
| | | | | |
| Arthritis Rheum 64: 2677, 2012 | | | | |

Clinical Applications Anti-dsDNA

- "Marker" autoantibody for Systemic Lupus Erythematosus (SLE)
 - For most immunoassays: specificity >80%; sensitivity 40-75% (depends on cohort makeup)
- A central and historic criterion for classification of SLE
 - ACR (1982) 11 criteria; must have 4 to be classified as having SLE
 - SLICC (2012) 17 criteria; must have 4 and at least one clinical and one immunological
 - EULAR/ACR (2019) Anti-dsDNA has weighted score of 6 10 required for "definite" SLE
- Linked to pathogenesis of SLE*: controversial
- Anti-dsDNA levels fluctuate with disease activity
 - Anti-dsDNA levels used to indicate/predict SLE flare
 - Limitations discussed later
- Anti-dsDNA/DNA immune complexes activate classical pathway complement
 - Deposited or formed *in situ* in the glomerulus leading to inflammation and lupus nephritis
 - Decreased C3, C4, increased sC5b-9 (MAC).
- BUT... transient anti-dsDNA can occur in the context of an infection. A single positive test in time might not be "diagnostic.

* See Damoiseaux & van Beers. J. Translation. Immunol. 6:10091, 2023

The spectrum of anti-DNA targets in SLE

- Bases (purines, pyrimidines: AG CT)
 - ssDNA
- Sugar-Phosphate backbone
- Double helix
 - dsDNA
- Numerous other DNA conformations*
 - "Bent" or "Kinked"
 - Elongated/linear
 - <u>Z (left-handed)</u>
 - <u>"Triplex" "I" motif</u>
 - Cruciform
 - DNA/RNA hybrids

***THE** Reference: Stollar BD. Molecular analysis of anti-DNA antibodies. FASEB J 8:337, 1994





Stollar, B.D. Why the difference between B-DNA and Z-DNA? Lupus **1997**, 6, 327–328.

dsDNA is highly anionic due to deoxyribose phosphate groups



Numerous (cationic) proteins bind to DNA

- Histones forming chromatin/nucleosomes
- C1q
- b2 glycoprotein 1
- Myeloperoxidase (MPO)
- Topoisomerase I (ScI-70)
- Eosinophil cationic protein (ECP)
- Eosinophil peroxidase (EPX)
- Major basic proteins 1 & 2
- The Fab antibody binding site contains arginine residues
- MANY Others
- Cationic Immune complexes bind DNA

dsDNA is highly anionic due to deoxyribose phosphate groups



Numerous (cationic) protein ligands

- Histones forming chromatin/nucleosomes
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- MANY Others

Origins of dsDNA antigens driving B cell responses in SLE?

DNA released from PMNs to extracellular biofilms.Complement opsonizes bacterial DNA to promote clearance.

- HMG box containing proteins like HU and IHF **from bacteria** and HMGB1 **from the host** promote the formation of B-DNA/Z-DNA junctions (BZj) that stabilize Z-DNA formation by NETs.

Pisetsky & Herbert. Ann Rheum Dis 2024



Interest in Mitochondria in SLE



Nat Rev Rheumatol 2022 18 (11): 621-640, 2022



The role of mitochondria in rheumatic diseases

Yann L. C. Becker[™]^{1,2,3,6}, Bhargavi Duvvuri[™]^{4,6}, Paul R. Fortin[™]^{1,2,5}, Christian Lood⁴[™] and Eric Boilard[™]^{1,2,3}[™]

"Mitochondria are immunogenic, and anti- mitochondrial antibodies (for example, antibodies that target cardiolipin, mitofusin 1 (MFN1), **mitochondrial DNA or mitochondrial RNA) are commonly seen in..." (SLE)**.

Is the Gut Microbiome a Factor?

- Dysbiosis of the gut microbiome: segmented filamentous bacteria –
 Ruminococcus gnavus (an anaerobe associated with Crohn disease) predominated
- Transplantation of fecal samples from "lupus" mice into germ-free (GF) mice induced significant levels
 of anti-dsDNA antibodies. Ma Y, et al. Mol Med 2019 [PubMed: 31370803]
- Fecal transfer from SLE patients to germ-free mice caused lupus-like features, <u>including increased</u> serum autoantibodies and 'imbalanced' immune system.

Ma Y, et al. Clin Immunol 2021 [DOI 10.1016/j.intimp.2020.106948]


Key factors in induction and persistence of anti-dsDNA

Antigen (dsDNA) 'persistence'

- Deficiency of DNase degradation
 - Genetic deficiency of DNase(s)
 - Caspase-activated DNase deficiency: Arthritis Rheum 64(4): 1247-56, 2012
- Autoantibodies to DNase that block its activity: recent focus on DNaseIL3
 - Autoimmunity 50(2): 125-132, 2017
 - J Exp Med 218(5): e20201138, 2021
 - Nat Commun 14(1): 1388, 2023
- In pediatric SLE (CARRA): 24% +ve associated with anti-dsDNA, -RibP, -Sm, –U1RNP

Limitations

- Does not explain appearance of autoantibodies that accompany anti-dsDNA
- DNase does not degrade all chromatin (core histones need to be removed)
- In our studies so far, there is no direct correlation of antibodies to DNaseIL3 with anti-dsDNA

Anti-dsDNA and Pathogenesis of Glomerulonephritis/'Lupus Nephritis'



Main Considerations: Pathogenesis of Glomerulonephritis



From: Pisetsky D. Pathogenesis of Autoimmune Disease DOI: 10.1038/s41581-023-00720-1

But: are anti-dsDNA actually pathogenic?

• Despite over 50 years of research and study, controversial and debatable.



https://www.ncbi.nlm.nih.gov/pubmed/36469011 https://www.ncbi.nlm.nih.gov/pubmed/36896834 https://www.ncbi.nlm.nih.gov/pubmed/37543287 https://www.ncbi.nlm.nih.gov/pubmed/35797522



Contemporary Anti-dsDNA Immunoassays

- ELISA note: typically, dsDNA is bound to *poly L-lysine* coating the plate
- Line assays: Dot Blot + Lateral Flow
- Fluorometric Enzyme Immunoassay (FEIA)
- Bead-based assays
 - Addressable Laser Bead Immunoassay (ALBIA)
 - Chemiluminescence immunoassays (CIA)
 - Particle Based Multi-Analyte Technology (PMAT)
- Indirect Immunofluorescence assays: Crithidia Iuciliae (CLIFT)









CLIFT : Comments

- SLE: High specificity (>90%); Low sensitivity <30%)
- ~1/150 +ve Kinetoplast staining ANA negative
- <u>Kinetoplast is a modified mitochondrion</u>
 - Unique epitope of 'kinked' DNA
 - Concatenated DNA maxi- and mini-microcircles
 - Maxi encode Oxid Phosphor genes
 - Mini encode "guide" RNA: editosomes

Note:

60% PBC/AIH Overlap syndrome have +CLIFT* Muratori, A. et al. *Am.J.Gastro.* 104:1420, 2009.

Nguyen, Swain, Norman, Fritzler replicated findings <u>**BUT not**</u> anti-dsDNA +ve in other immunoassays. PLoS One 2018 Vol. 13 Issue 3 Pages e0193960



Considerations: anti-dsDNA Assays

- Patient: unique epitope, isotype, affinity, glycosylation
- Source: human/mammalian
 - Purified calf thymus or human cellular = "native"
 - Purified Synthetic: ~22-30 nucleotides; closed circular; "trade secrets"
- Purity
 - "Contaminating" ssDNA
 - Secondary binding of cationic serum/plasma molecules.
- Preferably detect high avidity antibodies
 - correlated with diagnosis and probability of renal involvement in <u>SLE</u>
- Reference standard sera are available: WHO and ASC/PSG harmonization of assays still a goal



Anti-dsDNA in an Inception Cohort of SLE

- 1,137 SLICC patients enrolled within 6 months of diagnosis
- 66.4% anti-dsDNA positive by chemiluminescence (conventional cut-off)
- ~50% anti-dsDNA+ using SLICC-12 cut-off
- Anti-dsDNA correlated with SLEDAI or renal disease?
 - 31.6% had evidence of renal disease at first visit
- Follow-up longitudinal data –
 DOI: 10.1136/annrheumdis-2022-222168
- Anti-dsDNA **not always associated** with homogenous (AC-1) HEp-2 IFA pattern.

Choi MY, et al. Lupus 2017 DOI: 10.1177/0961203317692437



Anti-dsDNA in 717 SLICC patients at Enrollment*

• 524/717 (73.1%) anti-dsDNA +ve

- 73 (10.2%) monospecific dsDNA+ (ENA negative)
- 37 (5.2%) monospecific dsDNA+ if ENA and APLA negative
- Of the 524 anti-dsDNA +ve
 - 46.8% (245) dsDNA+ had anti- SSA/Ro60+
 - 41.2% (216) dsDNA + had anti-histone
 - 40.6% (213) dsDNA + had anti-Ro52/TRIM21
 - 33.8% (177) dsDNA+ had anti-Ribo P
 - . 30.9% (162) dsDNA+ had anti-Sm/RNP
 - . Data does not remarkably change at 1 year after enrollment

* Extracted from SLICC Dataset: Choi MY, et al. Ann Rheum Dis 81(8): 1143-1150, 2022

ANA Negative — anti-dsDNA Positive = "false positive"?

- A 69-year-old female presented with a 1-month history of symmetric polyarthritis, pleuritis and 10 kg weight loss
- Initial laboratory analysis:
 - Lymphopenia 0.3 x 10⁹/L
 - Elevated ESR 48mm/hr, CRP 93.0mg/mL
 - HEp-2 IFA ANA was <u>NEGATIVE</u>
 - But...High titer anti-dsDNA on Crithidia (CLIFT) and BioFlash Chemiluminescence Assay (CIA)
 - ANA negative: does not meet EULAR/ACR Criteria for SLE
 - Is this a False +ve anti-dsDNA or False –ve ANA?



Case Courtesy Drs. M.Y. Choi & H. Arbillaga, University of Calgary

Positive dsDNA but "negative" ANA?



How common is ANA -ve / dsDNA +ve?

- <1%: MDx lab audit of 500 anti-dsDNA results
- 1137 SLICC Adult SLE Enrollment Baseline
 - 6.7% ANA negative
 - 0 of ANA negative were anti-dsDNA +ve BUT
- 258 CARRA Pediatric SLE Study (Dr. Peter Nigrovic: Harvard)
 - 2.3%: 6 anti-dsDNA + ANA negative (AC-0)

Anti-dsDNA on Metaphase Chromosomes



Remove histones and other chromatin proteins with 0.1N HCI

Drug-Induced Lupus (DIL)

Antibodies to Histones in Drug-Induced and Idiopathic Lupus Erythematosus

M. J. FRITZLER and E. M. TAN, Division of Rheumatic Diseases, University of Colorado Medical Center, Denver, Colorado 80262

J Clin Invest 62 (3): 560-7, 1978





Nuclear homogenous IFA appears after 0.1N HCI protein extraction

HEp-2 #1



HEp-2 #2



HEp-2



nature chemistry ARTICLES https://doi.org/10.1038/s41557-018-0046-3

I-motif DNA structures are formed in the nuclei of human cells

Mahdi Zeraati^{1,2}, David B. Langley¹, Peter Schofield¹, Aaron L. Moye³, Romain Rouet¹, William E. Hughes^{1,2}, Tracy M. Bryan^{0,3}, Marcel E. Dinger^{1,2*} and Daniel Christ^{1,2*}

"4-stranded" DNA



• Found in:

- Telomeres (NOR-90/hUBF and other telomere autoantigens TERF2) see: https://www.ncbi.nlm.nih.gov/pubmed/36634459.
- Centromeres
- Promotor regions of oncogenes
- Areas of "Molecular Crowding" (think Crithidia kinetoplast)



nature chemistry

a

ARTICLES https://doi.org/10.1038/s41557-018-0046-3

8% CO2

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5% CO2

2% CO2



ANA -ve / dsDNA+ve





Anti-DNA: Summary and Future Considerations



Summary: Anti-dsDNA Antibodies

• Anti-dsDNA antibodies part of SLE criteria for over 45 years!!



- Are current SLE classification criteria appropriate for a clinically heterogeneous disease?
- Despite over half a century of anti-DNA research no "gold standard" or harmonized anti-dsDNA immunoassays
- Monitoring SLE disease activity or prediction of clinical relapses/remissions using the level of anti-dsDNA antibodies has challenges.
 - Current approved assays are not marketed for this purpose.
 - No universal measure of flares: SLEDAI-2K or BILAG not particularly useful
- Anti-dsDNA antibodies are best interpreted in conjunction with anti-nucleosome and anti-C1q antibodies and components of the complement pathway (sC5b-9).

The Bigger anti-DNA Picture



"There is nothing quite so deceptive as an obvious fact". Arthur Conan Doyle

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