

# 54<sup>th</sup> ANNUAL UNM CARRIE TINGLEY HOSPITAL WINTER CONFERENCE

## PEDIATRIC ORTHO TRAUMA

## SCOTT NELSON, MD



SCHOOL OF  
MEDICINE  
ORTHOPAEDICS &  
REHABILITATION



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Sandia Resort Event Center  
Friday, February 28, 2025

## Conference Information

This course is designed to provide a review of current trends in the practice of Pediatric Trauma Patients. This conference is intended to update the knowledge base of practicing orthopaedic surgeons, pediatricians, physician assistants, nurse practitioners, orthotists, physical and occupational therapists on diagnosis and treatment of pediatric patients who suffer orthopaedic trauma. We will also cover the pathophysiology of trauma, treatments offered through medications and surgeries by Orthopaedics and Neurosurgery. We will also discuss parameters for patient referrals to a specialist and the common non-operative treatment modalities that can be prescribed prior to referrals.

## Who Should Attend

This conference is intended to update the knowledge base of practicing orthopaedic surgeons, pediatricians, physician assistants, nurse practitioners, physical and occupational therapists, and orthotists on diagnosis and treatment of pediatric orthopaedic patients. We will also cover physical therapy treatments and post-operative nursing care for pediatric trauma patients.

## Objectives

At the conclusion of the course, participants will be able to:

- 1) Explain the basic identification and treatment of pediatric orthopaedic spine and pelvic trauma.
- 2) Identify patients with need for behavioral or psychiatric treatment after trauma.
- 3) Review the basic treatment algorithms so families can be prepared.
- 4) Describe surgical and nonsurgical treatment for children with various orthopaedic trauma injuries, specifically of the spine and pelvis.
- 5) Explain the need for a multi-disciplinary team approach for acute care and rehabilitation.
- 6) Discuss basic limb deformity after traumatic events and what is available for correction to have better conversations with families to ease anxiety and facilitate referrals.

Presented By:

The University of New Mexico School of Medicine,  
Department of Orthopaedics  
Partners for Advancing Clinical Education (PACE)

## Friday, February 28, 2025

7:30 - 8:00 AM	Continental Breakfast and Registration
8:00 - 8:15 AM	Opening Remarks Gehron Treme, MD
<u>Session One: Moderator Selina Silva, MD</u>	
8:15 - 8:55 AM	Orthopaedic Essentialism: How to have more by pursuing less Scott Nelson, MD
8:55 - 9:15 AM	Case Presentation and Questions Orthopaedic Resident
9:15 - 9:50 AM	Pediatric Spine Trauma Andrew Paterson, MD
9:50 - 10:10 AM	Questions
10:10 - 10:20 AM	Break
10:20 - 10:50 AM	Pelvic Trauma Matthew Wharton, MD
10:50 - 11:10 AM	Case Presentation and Questions Orthopaedic Resident
11:10 - 11:40 AM	Rehabilitation after Trauma Jasmyn Olivas, DPT
11:40 AM - 12:00 PM	Questions
12:00 - 1:00 PM	Lunch - (Visiting Professors Lunch with Residents & NMOA Meeting)
<u>Session Two: Moderator Patrick Bosch, MD</u>	
1:00 - 1:45 PM	Behavioral Treatment and Medication Management after Pediatric Trauma Kati Morrison, PhD, Psychologist Amy Rouse, MD, Psychiatrist
1:45 - 2:00 PM	Questions
2:00 - 2:30 PM	Osteotomies Using Intramedullary Fixation Scott Nelson, MD
2:30 - 3:00 PM	The Rule of 57 Scott Nelson, MD
3:00 - 3:20 PM	Resident Case Presentation and Questions Orthopaedic Resident
3:20 - 3:30 PM	Break
3:30 - 4:30 PM	Resident/Fellow Research Presentations TBA
4:30 - 5:00 PM	Summary and Closing Remarks

### Visiting Professor

Scott Nelson, MD  
Loma Linda University  
Medical Center

### Course Directors

Selina Silva, MD  
Department of Orthopaedics &  
Rehabilitation

Patrick Bosch, MD  
Department of Orthopaedics &  
Rehabilitation

Joanne Marasigan, MD  
Department of Orthopaedics &  
Rehabilitation

Gehron Treme, MD  
Professor and Interim Chairman  
Department of Orthopaedics &  
Rehabilitation

### Program Committee

Roxanne Martinez, Debra  
Richards, and Ryan Wood

### For questions regarding program content, contact:

Selina Silva, MD  
University of New Mexico  
Phone: 505.272.5214  
Email: [ssilva@salud.unm.edu](mailto:ssilva@salud.unm.edu)

### University of New Mexico Faculty

Jasmyn Olivas, DPT  
Department of Rehabilitation

Kati Morrison, PhD  
Department of Psychology

Amy Rouse, MD, Psychiatrist  
Department of Psychiatry

### University of New Mexico Residents

Carolyn Ardizzone, MD  
Department of Orthopaedics & Rehabilitation

Tomas Holy, MD  
Department of Orthopaedics & Rehabilitation

Hayley Urreiztieta, MD  
Department of Orthopaedics & Rehabilitation

Kylan Larsen, MD  
Department of Orthopaedics & Rehabilitation

Nicholas Newcomb, MD  
Department of Orthopaedics & Rehabilitation

### Disclosure of Conflicts of Interest

PACE requires every individual in a position to control educational content to disclose all financial relationships with ineligible companies that have occurred within the past 24 months. Ineligible companies are organizations whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant financial relationships are mitigated according to PACE policies.

### Joint Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by Partners for Advancing Clinical Education (PACE) and UNM Carrie Tingley Hospital Department of Orthopaedics. PACE is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physician Continuing Education

PACE designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nursing Continuing Professional Development

The maximum number of hours awarded for this Nursing Continuing Professional Development activity is 7.5 contact hours.

Pharmacotherapy contact hours for Advance Practice Registered Nurses to be determined.

### Interprofessional Continuing Education



This activity was planned by and for the healthcare team, and learners will receive 7.5 Interprofessional Continuing Education (IPCE) credit for learning and change.

## Contact Information

This course is presented by the University of New Mexico Department of Orthopaedics and Rehabilitation in conjunction with PACE. For additional information contact:

UNM Carrie Tingley Hospital  
Attn: Debra Richards or Roxanne Martinez  
Phone: 505.272.5271 or 505.272.5214  
Email: [DRichards@salud.unm.edu](mailto:DRichards@salud.unm.edu) or [Roxmartinez@salud.unm.edu](mailto:Roxmartinez@salud.unm.edu)

## Conference Site and Parking

The conference will be held at:

The Sandia Resort Center  
30 Rainbow Rd  
Albuquerque, NM 87113

Participants are responsible for their own transportation to and from the conference site. Parking is free to all attendee's and valet is available.

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Participants requiring special accommodations should contact the Department of Orthopaedics as early as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

**Registration Form**  
 54th Annual Carrie Tingley Hospital Winter Conference  
 Pediatric Orthopaedic Trauma  
 February 28, 2025  
 Sandia Resort Event Center

	Tuition Remission
MD, DO .....	\$200
Nurse, OT, PT, PA, PhD, Retired MD/DO, CPO, Other .....	\$100
Resident, Fellow, UNM Student (Limited Space) .....	Free
MD, DO .....	\$250
Nurse, OT, PT, PA, PhD, Retired MD/DO, CPO, Other .....	\$150
Resident, Fellow, UNM Student (Limited Space) .....	Free

**Registration Fees**

Full-time UNM Students and UNM House Officers may attend the conference at no charge. Availability is limited and is on a first-come, first-serve basis. Please attach a copy of your UNM ID card with your online registration.

Advance registration is encouraged. Minimum and maximum registration numbers have been established for this conference.

**UNM Tuition Remission**

All eligible UNM Faculty and Staff may enroll using tuition remission to cover tuition costs listed on the registration form. Properly completed remission forms must accompany the registration form with all required signatures. No refund or credit will be issued for non-attendance. Policy can be found here: <https://ce.unm.edu/registration/tuition-remission.html>

**Cancellation**

If you pre-register and cannot attend a 100% refund will be issued to you minus a \$40 administrative fee. Conferences are subject to cancellation. In the event this conference is canceled, UNM is not responsible for any airfare, hotel or other costs incurred by participants.

**Accommodations**

We do not have a block of rooms secure for this conference. However, the Sandia Resort offers a variety of accommodations on-site.

**REGISTER HERE NOW**