

## HDR Does NOT:

- ♦ *Make judgments*
- ♦ *Take sides*
- ♦ *Impose personal opinions or make decisions*
- ♦ *Give legal or medical advice*
- ♦ *Become a member of Interdisciplinary teams*
- ♦ *Act as an ethics committee*
- ♦ *Mediate disputes*

HDR makes every effort to update materials on a regular basis. However, the law in many areas can change. If you need legal information or advice regarding these issues, contact Disability Rights New Mexico at: 256-3100.



*A Continuum of Care Project*

8:30 am - 5:00 pm Monday-Friday

*(Except holidays)*

**925-2350**

*Albuquerque*

**1-877-684-5259**

**Toll free anywhere in  
New Mexico**

# Healthcare Decision Resources



**What is Healthcare Decision**

**Resources (HDR)?**

Healthcare Decision Resources is a group of volunteers from various professions who have experience in the field of intellectual/developmental disabilities (I/DD). HDR volunteers offer information and guidance about healthcare decision-making for individuals who have I/DD.

## What does HDR Do?

### HDR Provides:



- ♦ Copies of laws, guidelines and other written materials about healthcare
- ♦ Decision-making and related issues
- ♦ Direct consultation by phone or in person (where possible) to individuals or interdisciplinary teams (IDTs) in English and Spanish
- ♦ Referrals to resources, such as healthcare or legal professionals, ethics committees, mediators, counselors and advocates
- ♦ Support and encouragement for discussion of these issues
- ♦ Training on healthcare decision-making

## What types of healthcare decision-making questions can HDR help with?

HDR can provide information and answer basic questions about the following for persons with intellectual/developmental disabilities:

- ♦ Power of Attorney in regards to healthcare decisions
- ♦ The need for a preparation of Advance Directives
- ♦ The process for appointment of a surrogate decision-maker
- ♦ Do Not Resuscitate (DNR) orders
- ♦ Rights and responsibilities of persons who have I/DD, their parents, and guardians
- ♦ Resources available statewide, including medical and legal professionals

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*toll-free from anywhere in New Mexico*

## How can you get help from HDR?

• Anyone with a question or concern about healthcare decision may call HDR's intake phone number:

**505-925-2350 in Albuquerque**  
**1-877-684-5259 toll free**  
**from anywhere in New Mexico**

- HDR assistance is available:  
**8:30 AM - 5:00 PM**  
**Monday through Friday**  
**(except holidays)**
  - If you need written materials, HDR intake will take your name and address and will send this information quickly.
  - If you would like to talk with an HDR volunteer about your concerns, the intake person will ask for additional information. An HDR volunteer will call you within one working day.
  - If follow-up or research is necessary to answer your question, an HDR member may consult with other members who have specialized expertise.
  - If an in-person consultation or additional referral is necessary, the HDR member may make arrangements with you for a meeting or training.

(HDR volunteers may not always be able to travel long distances for direct consultation)