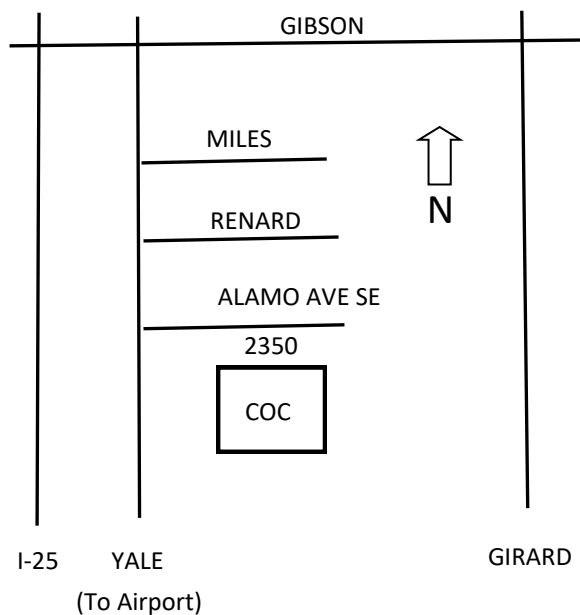


UNM Continuum of Care

Ketogenic Diet Clinic



Continuum of Care

The University of New Mexico

2350 Alamo Ave. SE, Suite 160

Albuquerque, NM 87106

Office: (505) 925-2378

Fax: (505) 925-2391

Toll free: 1-877-684-5259

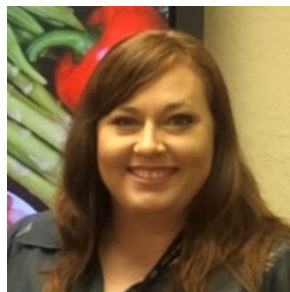


For more information please contact:

Jennifer Reed, RN

505-925-2340

Toll Free: 1-877-684-5259



Our website:

<https://coc.unm.edu/>

Our Mission:

The mission of **Continuum of Care** is to improve and sustain the quality of health and healthcare for all people with intellectual and/or developmental disabilities (I/DD) in New Mexico.



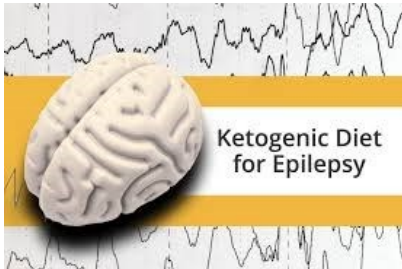
Continuum of Care

Ketogenic Diet Clinic



The Ketogenic Diet

- A high fat, low carbohydrate diet which is prescribed and is beneficial for some people with Intractable Epilepsy/Seizure Disorder, especially children.
- The diet should be prescribed and monitored by clinical professionals
- The diet has been shown to improve seizure control for some children/adults
- May improve mental alertness with less medications



The Ketogenic Diet Clinic

- A team of clinical professionals who will:
 - * determine if the Ketogenic diet is the right treatment option;
 - * provide information and education about the diet;
 - * design and adjust the diet as needed to meet a patient's needs; and
 - * regularly monitor patients who attend the Clinic.

How to Schedule an Appointment

Call Jennifer Reed, RN with the UNM Continuum of Care at 505-925-2340 or call toll free at 1-877-684-5259.

Some insurance companies may require a referral by the primary care physician prior to the appointment date.

The Ketogenic Diet Clinic is held once a month at:

Continuum of Care (CoC)
2350 Alamo Avenue SE
Suite 160
Albuquerque, NM 87106

Ketogenic Diet Education Classes are usually held once a month for patients and their families/caregivers who are interested in learning more about dietary options to treat their seizure disorder.



Meet Our Team:



Dr. Jennifer Vickers, MD, is a Neurologist at UNM Hospital who specializes in treating patients with epilepsy. Dr. Vickers is the Director of the Ketogenic Diet Clinic.

Yvette Mascarenas, MS, RD, LD is a pediatric dietician who provides nutrition therapy for children and adults followed in the Ketogenic Diet Clinic.

Jennifer Reed, RN, is a RN Case Manager with CoC who is in charge of the scheduling and management of the Ketogenic Diet Clinic.

Carla Fedor, RN, CDDN is a nurse consultant providing education to patients and families on the Ketogenic and Modified Atkins Diets.