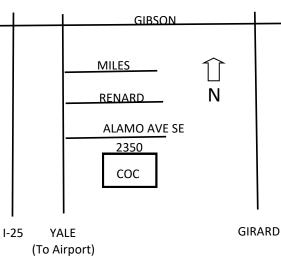
#### Benefits

- It's free
- It's easy to make an appointment to be weighed
- It's accurate. We can weigh the wheelchair separately\* to give an accurate net weight. However, the scale can be used by anyone, not just people who use a wheelchair.
- We keep records of your weight. We also give you a record of your weight after each visit.
- It's convenient. Our offices are accessible and our appointments can fit your schedule.
- It's informative. Weekly weights provide important information about general health, fluid balance, and are a useful tool in a weight-loss program.
- The Continuum of Care staff is very friendly and knowledgeable

\* Individuals must come with adequate staffing to assist with transferring the individual out of the wheelchair and onto an exam bed so that the wheelchair can be weighed.

#### About Us



Continuum of Care The University of New Mexico Health Sciences Center

2350 Alamo Ave. SE, Suite 160 Albuquerque, NM 87106 Office: (505) 925-2378 Fax: (505) 925-2391 Toll free: 1-877-684-5259 https://coc.unm.edu/

Our Mission The mission of Continuum *of* Care is to improve and sustain the quality of health and healthcare for all people with intellectual and/or developmental disabilities (I/DD) in New Mexico.



# Wheelchair Accessible Scale





#### The Wheelchair Accessible Scale at UNM Continuum of Care

You need to make an appointment to be weighed\*

## For Appointments



Call Alfreda Begaye

Clinical Coordinator Office: (505) 925-2378 Fax: (505) 925-2391 Toll-free: (877) 684-5259

\*Our availability varies from day to day and week to week. Continuum of Care staff is not always available to weigh walk-ins. Hence, an appointment is necessary.



#### About the scale

One of the many ways the Continuum of Care serves the community is by providing the community with a wheelchair accessible scale. Any adult with intellectual and/or developmental disabilities (I/DD) who would like to be weighed can make an appointment and have their weight taken on a wheelchair accessible scale.



### Our Scale is accessible

- Located on the first floor
- Free accessible parking is available near the building's entrance
- Concrete ramps on both east and west sides of the building
- Automatic doors on both the east and west sides of the building
- Automatic door switches to enter our offices/clinics