

Other Sources of Information:

Center for Telehealth and
Cybermedicine Research

<http://som.unm.edu/telehealth>

American Telemedicine Association

<http://americantelemed.org>

For more information please
contact:



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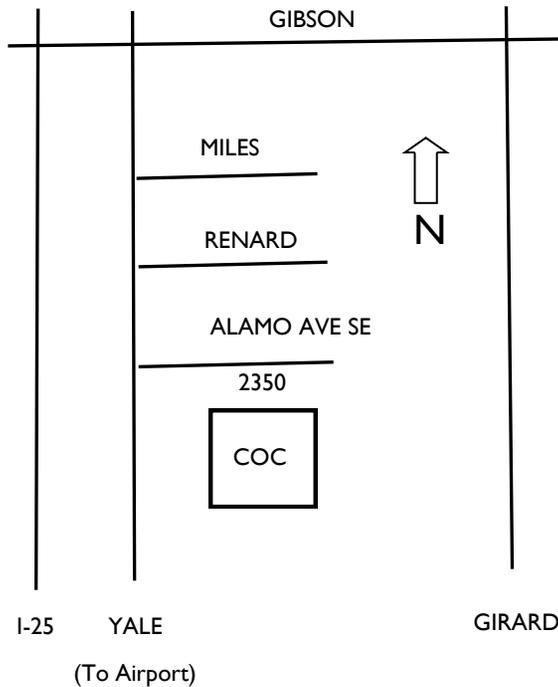
(505) 925- 2357

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Our website is:

<http://som.unm.edu/coc/>

TELE-HEALTH WHAT IS IT???



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The mission of **Continuum of Care**
is to improve and sustain the quality
of health and healthcare for all people
with intellectual and/or developmen-
tal disabilities in New Mexico.

Date Revised: 1/18/2013



Continuum of Care Project



THE UNIVERSITY of NEW MEXICO
HEALTH SCIENCES CENTER

SCHOOL of MEDICINE

Tele-Health

What is Tele-health?

Tele-health is a method of delivering health-related information and services across distances. It uses communication equipment, networks and information technologies to provide health assessments and treatment in real time. There is evidence that Tele-health can increase access to care, improve health outcomes, and reduce costs. This is especially applicable to rural communities, where access to healthcare services is often limited.



Tele-health benefits to your organization:

- Reduction in travel costs
- Better Lines of Communication
- More consistent communication within a group
- Increased access to resources

Tele-Health benefits to patients:

- Reduced stress level from travel
- Direct observation by clinician of the patient in a comfortable/familiar environment
- Greater access to multidisciplinary care
- Lowered travel costs
- HIPAA compliant and a secure form of communication

Tele-health services funding:

Most Tele-health projects are grant funded, especially in the start-up phase. Over the past decade grant-funding for Tele-health has increased ten-fold, and is expected to continue to increase in coming years.

There are various restrictions to reimbursement for Tele-health services from insurance companies. There are current legislative efforts, supported by many different groups, to change the way insurance companies cover the expenses of Tele-health.

Tele-health platforms:

- **Legacy Systems: ie. Polycom, Cisco, Tanburg.**
These systems are generally placed in conference room settings. This type of equipment is designed to accommodate large groups.
- **PC Based software systems: ie. Vidyio, Conference ME.**
This is software that can be set up on PC's and Mac's for individual use. Not many of the software based programs are both secure and HIP-PA compliant; Vidyio meets these criteria.
- **Mobile systems: ie. Android Tablets, iPads, Smartphones.**

Most of the software based programs have a version that can also be used on a mobile device. This makes Tele-health possible almost anywhere.

Tele-health requirements:

- Identifying how/who will use Tele-health
- Choosing the best platform to meet your needs
- Funding: start-up and maintenance
- High speed internet connection
- User policy agreements

Need HELP?

We would be happy to answer any questions you might have in regards to Tele-health. We can help you with general issues, as well as help you to develop your Tele-health program.