



Dear Communities,

Here are the notes from our December 3, 2020 VIVA Action Community Zoom call.

The two big topics discussed were trail building resources, as well as tribal connection opportunities for trail networks. We hope that all communities can review these resources for their projects, *as well as share resources related to these topics to the email group (or send to [LFimbel@unm.edu](mailto:LFimbel@unm.edu) to distribute for you)*.

### Trail Building

- Many communities shared tips that they found helpful for their trail building and sustainability management:
  - Including local volunteers, youth groups, summer programs, and school groups to participate in trail building and maintenance
  - Encourage local fundraising and organizations to promote and provide resources to create new trails and maintain existing trails
  - Hold workshops for volunteers. Cuba has led a classroom and outdoor workshop for volunteers to first learn about trail building and maintenance, then worked outside on the trails to solidify learned skills and create/maintain trails
    - See below for materials provided by Dr. Kozoll with Cuba workshops
  
- Here are additional resources for trail building and maintenance *(if you have additional resources related to this topic please email them to the email group or send to [LFimbel@unm.edu](mailto:LFimbel@unm.edu) to distribute for you)*.
  - Forest Service trail management guidebook: <https://www.fs.usda.gov/managing-land/trails/trail-management-tools/trailplans>

### Forming Tribal Connections for Trail Networks

- Communities wanted to know more about how to establish partnerships with tribal members near them in order to inquire about land for walking paths

- Here are additional resources for tribal connections *(if you have additional resources related to this topic please email them to the email group or send to [LFimbel@unm.edu](mailto:LFimbel@unm.edu) to distribute for you)*.
  - UNM law school may have students or professionals from their Law and Indigenous Peoples department who may be able to provide assistance:  
<https://lawschool.unm.edu/indian/>
  - The CTD agency may have experience working with tribal land:  
<https://continentaldividetrail.org/explore-by-state/new-mexico/>

I have reached out to organizations requesting more materials and information on these two topics described above, and will provide more resources as I acquire them.

Thank you all for the hard work that you dedicate to your communities, together we can all become stronger and overcome barriers of physical activity for our people.

Sincerely,  
The VIVA Connects Team

