**Behavioral Health Disorders**

**Most Common Disorders**

<table>
<thead>
<tr>
<th>Substance Use</th>
<th>Mental Disorders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opioid Use Disorders</td>
<td>Depressive Disorders</td>
</tr>
<tr>
<td>Alcohol Use Disorders</td>
<td>Anxiety Disorders</td>
</tr>
<tr>
<td>Trauma-Related Disorders</td>
<td>Stressor-Related Disorders</td>
</tr>
</tbody>
</table>

**Substance Use Disorders (SUDS)**

**DIAGNOSES AMONG MEDICAID CLIENTS WITH SUDS, NM, 2018**

<table>
<thead>
<tr>
<th>Disorder</th>
<th>% of Medicaid Clients</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opioid Use Disorder</td>
<td>52.1%</td>
</tr>
<tr>
<td>Alcohol Use Disorder</td>
<td>36.3%</td>
</tr>
<tr>
<td>Amphetamine Use Disorder</td>
<td>17.9%</td>
</tr>
<tr>
<td>Other Stimulant*Use Disorder</td>
<td>17.9%</td>
</tr>
<tr>
<td>Cannabis Use Disorder</td>
<td>13.1%</td>
</tr>
<tr>
<td>Other Substance Use Disorder</td>
<td>4.8%</td>
</tr>
<tr>
<td>Cocaine Use Disorder</td>
<td>3.1%</td>
</tr>
<tr>
<td>Hallucinogen Use Disorder</td>
<td>0.2%</td>
</tr>
</tbody>
</table>

*besides Cocaine

**Demographics**

190,835 NM Medicaid clients with behavioral health diagnoses received health care for their physical or behavioral health needs in 2018

26,009 (13.6%) had both

14,528 (7.6%) had a Substance Use Disorder

150,298 (78.8%) had a Mental Health Disorder

**Population Needs**

**Behavioral Health Conditions**

Since 1981 NM’s suicide mortality rate has been 1.5 to 1.9 times higher than the national rate

**Behavioral Health Treatment**

In 2018, consumers of public mental health services in NM reported higher rates of improved functioning from treatment than the national average:

74.1% vs. 76.1% USA vs. NM ADULTS

75.5% vs. 73% USA vs. NM CHILDREN
**FUNDING HIGHLIGHTS**

Allocated federal grant funding from the Substance Abuse & Mental Health Services Administration (SAMHSA) for Mental Health and Substance Abuse Prevention and Treatment:

$48+ million

Allocated federal grant funding from the Health Resources & Services Administration (HRSA) for programs that provide health care to people who are geographically isolated, economically or medically vulnerable:

$107+ million

In 2019, HRSA’s Health Professional Shortage Area data, reported:

12% of the need for mental health care in NM has been met

27.27% of the need for mental health care in the United States has been met

*leaving 1,246,744 New Mexicans without adequate access to mental health care*

**HRSA FUNDING ALLOCATION IN NEW MEXICO BY YEAR, 2013-2018**

- $110,000,000
- $105,000,000
- $100,000,000
- $95,000,000
- $90,000,000
- $85,000,000
- $80,000,000
- $75,000,000
- $70,000,000
- $65,000,000
- $60,000,000

**PERCENTAGE OF DISCRETIONARY GRANT DOLLARS BY TREATMENT TYPE, NM, 2018**

- 36.6% in Acute Care Costs
- 11.6% in Outpatient Behavioral Health Care

For More Information Please Contact:

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