

# CRISIS INTERVENTION TEAM (CIT) ECHO HIGHLIGHTS and RESULTS

Based on a survey of 300 first responders from 47 public safety agencies who attended trainings between January 12, 2016 to December 31, 2019

## CIT ECHO WORKS



### Confidence and Comfort

90% of participants agreed that they felt comfortable interacting with people living with mental illness

### Attitudes Towards People Living with Mental Illness

Before participating in CIT ECHO 21% of participants agreed with the statement, ***“people living with mental illness often require the use of force to maintain officer safety.”*** After participating only 4% of participants agreed with the statement.

before 21%



after 4%

### Awareness of Resources

86% agreed that participating in CIT ECHO helped them know who to call for advice about how to interact with a person living with mental illness.



### Knowledge about CIT Best Practices

80% agreed that participation in CIT ECHO enabled them to determine if a person living with mental illness who committed a crime should be taken to jail or a hospital.

84% agreed that participation in CIT ECHO enabled them to utilize verbal de-escalation techniques effectively.



### Connecting People to Treatment

After participating in CIT ECHO, participants were much more likely to agree to the statement ***“It is the job of law enforcement to link/connect people living with mental illness into treatment”***. Somewhat and strongly agree responses increased from 36% to 71%.

before 36%



after 71%



CIT ECHO is a continuing education model developed to improve law enforcement interactions with people living with mental illness. Online sessions are held weekly and last 90 minutes.

## MISSION

The mission of the CIT ECHO is to improve law enforcement interactions with people living with mental illness with the aim of increasing the safety of law enforcement and individuals in behavioral health crisis, fostering connections with the mental health system, and raising the level of community policing.

## FORMAT

The CIT ECHO hosts weekly sessions which are divided into two parts: a brief educational presentation and case debriefing. The educational portion is taught by a mental health professional or member of law enforcement. Presentations last no more than 45 minutes and cover topics specific to law enforcement interactions with people living with mental illness. During case debriefings members of public safety agencies present real cases for discussion by the network, and receive recommendations consistent with CIT best-practices, including guidance on how to implement the recommendations, from the Hub Team of subject matter experts.

## PARTNERS:

