

PGY-4

The fourth year in any psychiatry residency program is the time when you effectively integrate and consolidate all your skills, knowledge, and expertise to fine-tune your professional identity. UNM supports this process.

The flexibility in the rotation selection is supported by a variety of available focus areas. We have ten half days (1 slot is reserved for didactics) in one week, and each rotation is three months in length. Combining the rotations with the half days, allows the learner to have over 36 experience slots available throughout the PGY-4 year. These options can be at the UNMH and/or the VA health system. These slots can also be used to create a longitudinal continuity clinic in many areas that are too many to list...

I used my time to study for the boards, see patients in the reproductive psychiatry clinic, train in neuromodulation, continue psychotherapy, and participate in research. As the chief of residents for informatics and quality improvement, I was also empowered to be on quality and informatics projects at the hospital level.

What made the fourth year even more exciting was the flexibility to follow my passion and change rotations after the year started. Seeing how creative the psychiatry department was in supporting my learning was invigorating.

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