

"The third year of training in our program is a significant transition: After two years of predominately inpatient work, we find ourselves managing patients across multiple outpatient settings for the entirety of the year. While the majority of these patients are new, some I recognized after treating them on the units during my first years as a resident. These patients, in particular, helped to emphasize a shift in focus from acute risk management to long-term stability, tolerability of medications and increased quality of life.

Each week, I worked in five different clinics - Psychotherapy, Adult (START), Substance Use (ASAP), Geriatric, and Child. Regarding the latter, I specifically had the opportunity to work at the Albuquerque Youth Detention Center (the D-Home), assisting children and adolescents in a forensic setting. Across these myriad treatment settings, I was trusted to act autonomously in my decision making; however, also had the opportunity to staff with a variety of Attendings each day.

The breadth of learning during this year was staggering, reflected in a consistent focus on psychotherapy, psychopharmacology and neuroanatomy each week in addition to a wide array of clinic-specific didactics."

-Travis Campbell, MD, PGY3