

UPDATES IN BREAST HEALTH for Community Providers



Virtual Conference
April 10, 2021

UNM Cancer Center



SCHOOL OF
MEDICINE
DEPARTMENT OF SURGERY

In partnership with the Office for Continuous Professional Learning
at The University of New Mexico School of Medicine

Updates in Breast Health for Community Providers 2021 Symposium

April 10, 2021

7:30—8:00 am	Registration	
8:00—8:15 am	Welcome Stephanie Fine, MD, FACS & Sangeetha Prabhakaran, MD, FACS	
8:15—8:45 am	The Changing Breast Cancer Treatment Landscape Bernard Tawfik, MD	
8:45—9:15 am	Seeing Through Dense Breast Tissue: Supplemental Screening Options in Average to High Risk Women Karen Craig, MD	
9:15—9:45 am	Bone Health as a Component of Survivorship in Early Stage Breast Cancer Ursa Brown-Glaberman, MD	
9:45—10:00 am	Trivia	
10:00—10:15 am	BREAK	
10:15—10:45 am	Intersection of NM History and BRCA1 - the Message for Health Providers Angela Meisner, MPH, Jamina Oomen-Hajagos, PhD, MS & Charles Wiggins, PhD	
10:45—11:15 am	Idiopathic Granulomatous Mastitis: A Mysterious Benign Breast Disease Impacting Premenopausal Women Stephanie Fine, MD, FACS	
11:15 am—12:15 pm	KEYNOTE: Integrative Oncology in Breast Cancer Survivorship Lise Alschuler, ND, FABNO	
12:15—12:30 pm	Trivia	
12:30—1:00 pm	LUNCH ON OWN	
1:00—1:30 pm	Updates in Common Benign Breast Diseases: New Treatment Options Anna Voltura, MD	
1:30—2:00 pm	Lifestyle Risk Reduction for Breast Cancer Risk: Evidence-based Recommendations Darcy Cooke, PA-C	
2:00—2:15 pm	Trivia	
2:15—2:30 pm	BREAK	
2:30—3:30 pm	Breakout Sessions <i>(attendees may choose to attend one or more sessions during the hour)</i> a. Landscape ...Therapy, Bone Health (Ursa Brown-Glaberman, MD & Bernard Tawfik, MD) b. Survivorship (Lise Alschuler, ND, FABNO) c. Benign disease and IGM (Stephanie Fine, MD, FACS & Anna Voltura, MD) d. NM History/BRCA1 and Consumer Genetic Testing (Angela Meisner, MPH, Jamina Oomen-Hajagos, PhD, MS, Shawnia Ryan, MS, LCGC, & Charles Wiggins, PhD) e. Ultrasound, Risk Assessment (Darcy Cooke, PA-C, Karen Craig, MD & Sangeetha Prabhakaran, MD, FACS)	
3:30 pm	ADJOURN	

Pre-Recorded Presentations

Available 1 week prior to conference on the virtual conference portal
(attendees will receive login credentials closer to the conference)

Breast Cancer Risk Assessment and the Primary Care Provider
Sangeetha Prabhakaran, MD, FACS

Direct-to-Consumer Genetic Testing
Shawnia Ryan, MS, LCGC

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By the end of the conference, participants will be able to:

- Demonstrate increased medical knowledge regarding the wide spectrum of breast cancer therapy, understanding the potential for side effects, which impact survivorship, and assimilating a "toolbox" for responding to these needs, primarily in the post-treatment setting. Specifically, the provider can assist with ongoing bone health needs, provide evidence-based recommendations for naturopathic supportive therapies, and evidence-based lifestyle recommendations for the cancer patient.
- Recognize the high-risk female by incorporating family history and risk model calculators into their practice.
- Develop an awareness of the strengths and weaknesses of the advanced imaging options available to the high-risk patient.
- Counsel patients on the strengths and weaknesses of direct-to-consumer genetic testing.
- Recognize IGM, a disfiguring and painful inflammatory breast disorder, and make appropriate referrals to a breast specialist for treatment.
- Increase comfort level with recognition and treatment or referral of common breast disorders.

Accreditation

The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of New Mexico School of Medicine designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



This activity has been submitted to the NMNA Accredited Approver Unit for approval to award contact hours. NMNA AAU is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Conference Speakers

Lise Alschuler, ND, FABNO

Professor of Clinical Medicine, University of Arizona
Associate Director, Fellowship in Integrative Medicine, Andrew Weil Center for Integrative Medicine

Ursa Brown-Glaberman, MD

Associate Professor, UNM Department of Internal Medicine
UNM Comprehensive Cancer Center

Darcy Cooke, PA-C

Physician Assistant
Lovelace Women's Hospital Breast care Center

Karen Craig, MD

Assistant Professor
UNM Department of Radiology

Stephanie Fine, MD

Director, Breast Surgical Oncology
Assistant Professor, UNM Department of Surgery

Angela Meisner, MPH

Senior Epidemiologist
NM Tumor Registry

Jamina Oomen-Hajagos, PhD, MS

Genetic Counselor
UNM Comprehensive Cancer Center

Sangeetha Prabhakaran, MD, FACS

Assistant Professor, UNM Department of Surgery
Cancer Liaison Physician
UNM Comprehensive Cancer Center

Shawna Ryan, MS, LCGC

Licensed Genetic Counselor
UNM Comprehensive Cancer Center

Bernard Tawfik, MD

Assistant Professor, UNM Department of Internal Medicine
Medical Oncology and Breast Care Center
UNM Comprehensive Cancer Center

Anna Voltura, MD

Medical Director
Breast Surgery Associates at Santa Fe, Division of XCRANM

Charles Wiggins, PhD

Professor, UNM Department of Internal Medicine
Director/Principal Investigator, NM Tumor Registry

Committee

Laurie Mason, RN

RN Educator
UNM Hospital

Administrative Support

Aggie Dagucon

Administrative Assistant
UNM Department of Surgery

CME Reviewers

From UNM Office for Continuous Professional Learning

Kathy Breckenridge
Robert P. Giebitz, PhD

Jennifer Harbaugh
Gary Smith, PhD

Registration

Advance registration is encouraged. Your registration will be confirmed via email. If you do not receive a confirmation letter, please contact UNM CPL at HSC-CPL@salud.unm.edu to verify your attendance. Registration includes access to the virtual conference platform and conference materials. Registrations paid in cash must be in the exact amount of tuition. UNM CPL does not maintain a petty cash fund. It is UNM policy to charge offerer \$35.00 plus normal merchant bank fees for each returned check. **UNM CPL does not accept POs or paper registrations with credit card information.**

	Early Bird <i>Before 3/19/21</i>	Regular <i>3/19/21-4/6/21</i>	Onsite <i>4/7/21-4/10/21</i>
MD, DO	\$100.00	\$140.00	\$165.00
PA, RN, NP, CNM, Others	\$50.00	\$90.00	\$115.00
Resident/Student	\$35.00	\$75.00	\$95.00

How to Register

Credit cards, checks, cash or UNM PR: <http://bit.ly/2021BHC>

UNM CPL does not maintain a petty cash fund. Cash payments must be made in the exact amount. Checks should be made payable to the **UNM CPL** and mail it along with this form to: The University of New Mexico, Office for Continuous Professional Learning, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. **UNM CPL does not accept POs or paper registrations with credit card information.**

UNM Tuition Remission:

1. Complete [UNM Tuition Remission](#) form with proper signatures.
2. Save your completed UNM Tuition Remission form as a PDF.
3. Complete the [conference registration form](#) and upload the completed UNM Tuition Remission form to the online registration form.
4. Click PAY WITH UNM TUITION REMISSION and click SUBMIT.
5. If you click the box, you will receive an email copy of the information you provide. **THIS IS NOT YOUR CONFERENCE CONFIRMATION.** Your conference confirmation will come later from the email address HSC-CPL@salud.unm.edu.

UNM Tuition Remission

All eligible UNM faculty and staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. Proper completion includes all required signatures. A copy of the UNM Tuition Remission Form can be found here: <https://hr.unm.edu/benefits/tuition-remission>. No refund or credit will be issued for non-attendance.

Cancellation

If you pre-register and cannot attend, UNM CPL will refund tuition, less a \$40.00 administrative fee, provided it is received in writing via an email to HSC-CPL@salud.unm.edu on or before March 26, 2021. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is cancelled, UNM CPL is not responsible for any computer/device equipment rental or other costs incurred by participants.

Special Accommodations

Individuals requiring special accommodations should contact UNM CPL as soon as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

Questions? UNM Office for Continuous Professional Learning
MSC09 5370 - 1 University of New Mexico, Albuquerque, NM 87131-0001
Phone: (505) 272-3942 • HSC-CPL@salud.unm.edu • <http://goto.unm.edu/cpl>



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