

IHS Division of Epidemiology and
The South Central Foundation

Present

2021 Indian Health Basic and Refresher Colposcopy Course

February 10-12, 2021
Virtual Conference



The Indian Health Basic and Refresher Colposcopy Courses are designed to prepare the new colposcopist in the evaluation and treatment of cervical dysplasia and to provide a review and update for the experienced colposcopist. The program is targeted for IHS, Tribal, and Urban Indian Clinic providers. The refresher course is ideal for gynecologists and primary care providers who do colposcopy. The format includes lectures, interactive audience response session and small group slide review sessions.

Course Objectives

1. Review the role of high risk HPV including various genotypes in the pathophysiology of cervical cancer.
2. Appropriately select areas of the cervix for biopsy.
3. Appropriately use the 2019 ASCCP Risk-Based management Consensus Guidelines for Abnormal Cervical Cancer Screening Tests and Cancer Precursors.



The 2021 Indian Health Basic and Refresher Colposcopy Course February 10-12, 2021

Wednesday, February 10, 2021 - Basic Course

- 12:30 pm **Registration**
- 12:45 pm **Welcome and Introductions**
Alan G. Waxman, MD, MPH
- 1:00 pm **Cervical Cancer In Indigenous Communities**
Bethany Berry, CNM
- 1:20 pm **Epidemiology of Cervical Cancer**
Christine Conageski, MD
- 2:00 pm **Pathology: The Basics**
Teresa Darragh, MD
- 2:40 pm **Break**
- 3:00 pm **Squamous Metaplasia and the Development of the Transformation Zone, Colposcopy of the Normal Cervix**
Candice Tedeschi, RN-C, NP
- 3:40 pm **Colposcopy of the Abnormal Transformation Zone**
Barbara S. Apgar, MD, MS
- 4:40 pm **Question and Answer**
- 5:00 pm **Adjourn for the Day**

Thursday, February 11, 2021 - Basic Course

- 8:00 am **Technique of the Colposcopy Exam (Includes biopsies & ECC)**
Christine Conageski, MD
- 8:40 am **Documenting Your Findings**
Christine Conageski, MD
- 9:00 am **Counseling the Patient**
Candice Tedeschi, RN-C, NP
- 9:30 am **Colposcopy Mentorship**
Candice Tedeschi, RN-C, NP
- 9:45 am **Question and Answer**
- 10:05 am **Break**
- 10:25 am **Cervical Screening 2021**
Alan G. Waxman, MD, MPH
- 11:00 am **Colposcopy Simulation**
Faculty
- 12:00 pm **Lunch on your own**
- 1:15 pm **2019 ASCCP Risk-Based Guidelines**
Alan G. Waxman, MD, MPH
- 2:00 pm **Colposcopy of LSIL/Management of ASC, LSIL and CIN 1**
Candice Tedeschi, RN-C, NP
- 2:40 pm **Question and Answer**
- 3:00 pm **Break**
- 3:15 pm **Colposcopy and Management of HSIL and CIN 2, 3**
Barbara S. Apgar, MD, MS
- 4:00 pm **Interactive Case Review (Breakout sessions)**
Faculty
- 5:00 pm **Adjourn for the Day**

Thursday, February 11, 2021 - Refresher Course

- 7:30 am **Registration**
- 7:45 am **Welcome and Introductions**
Alan G. Waxman, MD, MPH
- 8:00 am **Cervical Cancer In Indigenous Communities**
Bethany Berry, CNM

- 8:15 am **Pathology: Beyond the Basics**
Teresa Darragh, MD
- 8:45 am **Natural History of HPV**
Barbara S. Apgar, MD, MS
- 9:20 am **ASCCP Colposcopy Standards Project**
Christine Conageski, MD
- 10:05 am **Break**
- 10:25 am **Cervical Screening 2021**
Alan G. Waxman, MD, MPH
- 11:00 am **Interactive Case Review (Breakout sessions)**
Faculty
- 12:00 pm **Lunch on your own**
- 1:15 pm **2019 ASCCP Risk-Based Guidelines**
Alan G. Waxman, MD, MPH
- 2:00 pm **Colposcopy of LSIL/Management of ASC, LSIL and CIN 1**
Candice Tedeschi, RN-C, NP
- 2:40 pm **Question and Answer**
- 3:00 pm **Break**
- 3:15 pm **Colposcopy and Management of HSIL and CIN 2, 3**
Barbara S. Apgar, MD, MS
- 4:00 pm **Interactive Case Review (Breakout sessions)**
Faculty
- 5:00 pm **Adjourn for the Day**

Friday, February 12, 2021 - Combined Course

- 8:00 am **Cancer Warning Signs/Management of Microinvasive Squamous**
Christine Conageski, MD
- 8:30 am **Colposcopy and Management of AGC and AIS**
Alan G. Waxman, MD, MPH
- 9:00 am **HPV Vaccines: Update 2021**
Naomi Swanson MD
- 9:30 am **Question and Answer**
- 9:50 am **Break**
- 10:05 am **Treatment of Preinvasive Cervical Neoplasia**
Alan G. Waxman, MD, MPH
- 10:45 am **Colposcopy In Pregnancy**
Bethany Berry, CNM
- 11:15 am **Interactive Case Review (Breakout sessions)**
Faculty
- 12:00 pm **Lunch on your own**
- 1:00 pm **Benign Vulvar Disease**
Barbara S. Apgar, MD, MS
- 1:45 pm **VIN**
Alan G. Waxman, MD, MPH
- 2:30 pm **Question and Answer**
- 2:50 pm **Break**
- 3:05 pm **Colposcopy of the Vagina, VaIN**
Candice Tedeschi, RN-C, NP
- 3:35 pm **What's New In the Laboratory: HPV Tests, Biomarkers, Extended Genotyping, etc.**
Teresa Darragh, MD
- 4:15 pm **Question and Answer**
- 4:30 pm **Final Case Session: Identification and Use of the App**
Alan G. Waxman, MD, MPH
- 5:30 pm **Adjourn**

The 2021 Indian Health Basic and Refresher Colposcopy Course February 10-12, 2021



ACCREDITATION

Basic Course—The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The UNM School of Medicine designates this live activity for a maximum of **18.50 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Refresher Course—The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The UNM School of Medicine designates this live activity for a maximum of **14.75 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their

Basic Colposcopy Course or Refresher? Which course is right for me?

The Basic Colposcopy Course is intended to be a foundation on which to learn colposcopy. It is for women's health care providers who have not had previous colposcopy training.

The Refresher Course is a shorter program with less emphasis on the basics. It is an ideal review and update for OB/GYNs, family physicians, NPs, PAs, and CNMs who already practice colposcopy who want a brief review of the basics, an update on what's new with screening and management guidelines and a chance to discuss challenging cases with the expert faculty. It is also an appropriate review for those currently participating in a mentorship or preceptorship program.

The Mentorship

Learning to do colposcopy requires at least two educational components, a basic course and a period of hands-on mentorship or preceptorship. In the mentorship the fledgling colposcopist works side by side with an experienced colposcopist until a degree of competency is reached. There are two avenues by which a colposcopist in the I/T/U system can complete the mentorship. One is to complete the formal ASCCP mentorship program of 25 supervised exams followed by successful completion of an on-line examination. (see <https://www.asccp.org/cmp>) The other way of completing the mentorship is through IHS and requires completion of 50 exams and recommendation by the mentor without the exam. New colposcopists are encouraged (though not required) to have identified a mentor prior to taking the course.

Program Director

Alan G. Waxman, MD, MPH
Emeritus Professor
University of New Mexico School of Medicine, Dept. of Obstetrics and Gynecology

Course Faculty

Barbara S. Apgar, MD
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Senior Nurse Midwife
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University of New Mexico School of Medicine,
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Candice Tedeschi, RN-C, NP
Nurse Practitioner
Private Practice
Great Neck, NY

Registration

Advance registration is encouraged. Your registration will be confirmed via email. If you do not receive a confirmation letter, please contact UNM CPL at (505) 272-3942 to verify your attendance. Registration includes access to the virtual conference platform and conference materials. Registrations paid in cash must be in the exact amount of tuition. UNM CPL does not maintain a petty cash fund. It is UNM policy to charge offerer \$35.00 plus normal merchant bank fees for each returned check. **UNM CPL does not accept POs or paper registrations with credit card information.**

Non-IHS/Tribal/Urban Clinical Provider Fees

Early Registration (Now through January 20, 2021)	\$275.00
Regular Registration (January 21–February 8, 2021)	\$315.00
On-site Registration (February 8-12, 2021)	\$340.00
UNM Resident/Fellows (Now through February 12, 2021) <i>Must provide a copy of UNM ID. Will not receive professional credit.</i>	\$35.00

NOTE: Non-IHS/Tribal/Urban providers are responsible for their tuition as well as their own computer/device equipment rental costs (if applicable) associated with attending this training.

Providers from IHS/Tribal/Urban Indian Health Facilities

If employed through an IHS/Tribal/Urban Indian Health facility, you will not be charged tuition but you are responsible for your own computer/ device equipment costs associated with attending the training (if applicable). **Register online!** Please email Roberta.Paisano@ihs.gov if there are further questions.

How to Register

Credit cards, checks, cash or UNM PR: <http://bit.ly/Colpo2021>

UNM CPL does not maintain a petty cash fund. Cash payments must be made in the exact amount. Checks should be made payable to the UNM CPL and mail it along with this form to: The University of New Mexico, Office for Continuous Professional Learning, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. **UNM CPL does not accept POs or paper registrations with credit card information.**

UNM Tuition Remission:

1. Complete [UNM Tuition Remission](#) form with proper signatures.
2. Save your completed UNM Tuition Remission form as a PDF.
3. Complete the [conference registration form](#) and upload the completed UNM Tuition Remission form to the online registration form.
4. Click PAY WITH UNM TUITION REMISSION and click SUBMIT.
5. If you click the box, you will receive an email copy of the information you provide. **THIS IS NOT YOUR CONFERENCE CONFIRMATION.** Your conference confirmation will come later from the email address HSC-CPL@salud.unm.edu.

UNM Tuition Remission

All eligible UNM faculty and staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. A copy of the UNM Tuition Remission Form can be found here: <https://hr.unm.edu/benefits/tuition-remission>. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

Cancellation

If you pre-register and cannot attend, UNM CPL will refund tuition, less a \$40.00 administrative fee, provided it is received in writing on or before January 27, 2021. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is cancelled, UNM CPL is not responsible for any computer/device equipment rental or other costs incurred by participants.

Special Accommodations

Individuals requiring special accommodations should contact UNM CPL as soon as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

Questions? UNM Office for Continuous Professional Learning
MSC09 5370 - 1 University of New Mexico, Albuquerque, NM 87131-0001
Phone: (505) 272-3942 • HSC-CPL@salud.unm.edu • <http://goto.unm.edu/cpl>

