

Dry Needling Certification Course

Domenici Center for Health Sciences Education

1001 Stanford NE, Albuquerque, NM

January 22 & 23, 2027

SCHOOL OF MEDICINE

PHYSICAL THERAPY

THE UNIVERSITY OF NEW MEXICO HEALTH SCIENCE CENTER

COURSE DIRECTORS

Adam Walsh, PT, DPT

Associate Professor
Board-Certified Clinical Specialist in Sports Physical Therapy, Board-Certified Clinical Specialist in Orthopaedic Physical Therapy, Fellow of the American Academy of Orthopaedic Manual Physical Therapists, Assistant Professor, Director of Physical Therapy Residency Education, Division of Physical Therapy, Department of Orthopaedics & Rehabilitation, UNM School of Medicine

Beth Moody Jones, PT, DPT, EdD, MS

Board Certified Clinical Specialist in Orthopaedic Physical Therapy Professor & Division Chief, Administrator of Physical Therapy Residency Education, Division of Physical Therapy, Department of Orthopaedics & Rehabilitation, UNM School of Medicine

COURSE INFORMATION

The UNM Myofascial Institute, in conjunction with the UNM Division of Physical Therapy, will provide a dry needling certification course for any physical therapist interested in becoming certified in dry needling. This is a two-day certification course that includes all the knowledge and hands-on skills required to effectively and immediately integrate dry needling into clinical practice. **Participants will be required to complete educational modules prior to the hands-on portion of the course.** Upon completion of this course, all requirements to dry needle in New Mexico will be met.

COURSE OBJECTIVES

At the end of the course the attendee will be able to:

- Describe dry needling within the New Mexico Physical Therapy scope of practice.
- Understand neuromusculoskeletal dysfunction related to trigger points.
- Understand how dry needling treats neuromusculoskeletal dysfunction.
- Identify patients that may be appropriate and/or likely to benefit from dry needling.
- Identify patients that may be inappropriate for dry needling.
- Demonstrate proper technique and safe practice in dry needling to musculature learned in this course.
- Participate in activities to assimilate knowledge of anatomy, evaluation, and assessment related to physical therapy and dry needling.
- Critically evaluate current literature related to the practice of dry needling.
- Effectively treat a mock clinical scenario utilizing dry needling.

ACCREDITATION

The New Mexico Board of Physical Therapy has approved this activity for 2.4 CEU hours (24 hours of continuing education).

COURSE DISCLAIMER

Participants will be required to sign a consent and a waiver of liability for participation which includes consent to practice on AND be practiced on by other participants.

Dry Needling Certification

January 22-23, 2027

Friday January 22

Introduction to the Course	8:00 am
Dry Needling Evidence and Legality	8:30 am
Anatomy Review	9:00 am
Needle Safety	9:45 pm
Break	**10:15 am**
Banana Lab	10:30 am
Anterior Hip and Thigh	11:00 am
Lunch	**12:00 pm**
Anterior Hip and Thigh	1:00 pm
Medial and Posterior Thigh	1:30 pm
Leg	2:30 pm
Lumbar Spine	3:30 pm
Wrap Up	**4:30- 5:00 pm**

Saturday January 23

Questions and Answer	8:00 am
Review from Day 1	8:30 am
Electrical Stimulation with Dry Needling	**9:00 am**
Break	**10:15 am**
Cervical Spine	10:30 am
Shoulder	11:30 pm
Lunch	**12:00 pm**
Shoulder	1:00 pm
Arm	1:30 pm
Practice	2:30 pm
Practice Exam	3:00 pm

Educational Module: 9 hours

(prior to live course)

Time	Unit
0.25 Hours	Welcome and Introduction
1 Hour	What is Dry Needling?
2 Hours	Needling Safety
1 Hour	Pain and Dry Needling
1 Hour	Dry Needling for Functional Improvement
0.75 Hours	Billing for Dry Needling
1 Hour	Muscles of the Upper Extremity
1 Hour	Muscles of the Lower Extremity
1 Hour	Muscles of the Spine

Registration Fees

	Early Bird	Regular	Onsite
	Now - 1/1/27	1/2/27 - 1/17/27	1/18/27 - 1/2/27
Physical Therapists	$950.00	$990.00	$1,015.00
Paying with Tuition Remission	*$940.00*	*$980.00*	*$1,005.00*

REGISTRATION

Minimum and maximum registration numbers have been established for these courses. Advance registration is encouraged, register early to avoid disappointment. Your registration will be confirmed via email. If you do not receive a confirmation letter, please contact CPL at (505) 272-3942 or **via email** to verify your attendance. Registration includes course materials, breakfasts, lunches and refreshment breaks each day. Please confirm your registration before making travel arrangements.

HOW TO REGISTER

Click the hyperlinked text below to register:

Dry Needling Registration

or scan the QR Code

CREDIT CARDS:

Complete the **conference registration form** and select that you will be paying with a credit card. **Once you submit the form, you will automatically be redirected to our payment portal. Please complete your payment in that site.**

CHECKS:

Checks should be made payable to UNM CPL, include the attendees name and mailed to: **The University of New Mexico, Office for Continuous Professional Learning MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001**.

UNM TUITION REMISSION

All eligible UNM faculty and staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

1. Complete the **conference registration form** and select that you will be paying with UNM Tuition Remission.
2. If you need your supervisor's approval to use your tuition remission you will need to upload a completed UNM Tuition Remission form with proper signatures to the online registration form. **Please note all registration submissions will be redirected to our credit card payment site, please exit the page when you submit your registration.**

CANCELLATION

If you preregister and cannot attend, CPL will refund tuition, less a $40.00 administrative fee, provided it is received in writing **via email on or before Friday, January 8, 2027**. No refunds will be issued after this date or for non-attendance. Courses are subject to cancellation. In the event a course is canceled, CPL is not responsible for any airfare, hotel or other costs incurred by participants.

HOTEL ACCOMMODATIONS

We do not have a room block secured for this conference. However, The University of New Mexico has negotiated agreements with several local hotels, should you need lodging during conference. These rates are based on availability and hotel occupancies. Some hotels may require proof of UNM eligibility.

SPECIAL ACCOMMODATIONS

Individuals requiring special accommodations should contact CPL as soon as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

For Questions or more information, please contact:

UNM Office for Continuous Professional Learning
HSC-CPL@salud.unm.edu

Mailing Address:
UNM Office for Continuous Professional Learning
MSC09 5370
1 University of New Mexico
Albuquerque, NM 87131-001

Phone: 505.272.3942.

hsc/unm.edu/school-of-medicine/education/cme/

Maria Lilia Vidaca
505.272.6737 | mvidaca@salud.unm.edu

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