



# EAST BY SOUTHWEST

## FOURTH UPDATE IN NEPHROLOGY

**September 8-9, 2023**

**INN & SPA AT LORETTO  
SANTA FE, NEW MEXICO**

### **Conference Description**

This year's conference focuses on new pharmaceutical therapies available as current guidelines developed to manage kidney diseases affecting a large population in the United States are already outdated.

The learner knowledge on these therapies is limited.

With this conference we aim to improve learner knowledge on new therapies available for patients with kidney disease to improve kidney care at a regional and national level.

### **Course Objectives**

1. Participants will demonstrate knowledge of recently disseminated therapeutics for treating kidney disease.
2. Participants will demonstrate competence to utilize recently disseminated CKD therapeutics if given the opportunity with their patients.

**PRESENTED BY**



**SCHOOL OF  
MEDICINE**  
DEPARTMENT OF  
INTERNAL MEDICINE



University of  
**Pittsburgh**

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## FOURTH UPDATE IN NEPHROLOGY

### COURSE DIRECTORS/PLANNING COMMITTEE

**Christos Argyropoulos, MD, MSc, PhD, FASN**

Conference Course Director

Department of Internal Medicine, Division of Nephrology,  
UNM School of Medicine

**Helbert Rondon Berrios, MD, MS, FACP, FASN, FNKF**

Conference Course Director

Associate Professor of Medicine, Renal-Electrolyte Division  
University of Pittsburgh School of Medicine

Program Director, Nephrology Fellowship Training Program

**Pablo Garcia, MD, MS, FASN**

Conference Planning Committee

Assistant Professor, Department of Internal Medicine,  
Division of Nephrology, UNM School of Medicine

### SPEAKERS

**Sara Combs, MD, MS**

Associate Professor, Department of Internal Medicine,  
Divisions of Nephrology & Palliative Care,  
UNM School of Medicine

**Kamran Shaffi, MD, MS**

Associate Professor, Department of Internal Medicine,  
Division of Nephrology, UNM School of Medicine

**Cary Boyd-Shiwarski, MD, PhD**

Assistant Professor of Medicine,  
University of Pittsburgh Medical School

**Namita Singh, MD, FASN**

Assistant Professor, Department of Internal Medicine  
Division of Nephrology, UNM School of Medicine

**J. Pedro Teixeira, MD**

Assistant Professor, Department of Internal Medicine,  
Divisions of Nephrology & Critical Care,  
UNM School of Medicine

**Katherine Tuttle, MD, FASN, FACP, FNKF**

Professor of Medicine, University of Washington,  
Division of Nephrology

**Steven Weisbord, MD, MSc**

Professor of Medicine and Clinical & Translational Science,  
University of Pittsburgh

**Biruh Workeneh, MD, FASN**

Professor, MD Anderson Cancer Center

### ACCREDITATION

The University of New Mexico School of medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of New Mexico School of Medicine designates this live activity for a maximum of **10.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **10.0 MOC points** and patient safety MOC credit in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

#### Non-Physician CE Credits

This program has been approved for **AMA PRA Category 1 Credits™** for physicians. Many societies and credentialing bodies accept the **AMA PRA Category 1 Credits™** as an equivalent as long as the topic is relevant to applicant's field or discipline. To obtain non-physician credit, refer to the guidelines provided by your board to understand specific requirements. Visit **HERE**, for supporting documentation you can use to apply for CE relevant to this activity. A certificate with a statement of attendance will be provided after the course.

### COVID PRECAUTIONS

The UNM Health & Health Sciences encourage activity participants to mask indoors. Continuous Professional Learning (CPL), the activity organizers do not conduct contact tracing and advice participants to follow the CDC guidelines for social interaction. [www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html](http://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html)

### CME REVIEWERS

From the Office for Continuous  
Professional Learning

**Robert P. Giebitz, PhD**

**Jennifer Harbaugh**

**Gary A. Smith, PhD**



This conference is for physicians, nurse practitioners, physician assistants, nurses, and other healthcare providers who want to enhance or develop their knowledge of Nephrology practices.

## FRIDAY, SEPTEMBER 8, 2023

2 - 3 pm	<b>Registration &amp; Exhibitor Expo</b>
3 - 3:15 pm	<b>Welcome &amp; Introduction</b> <i>Christos Argyropoulos, MD, MSc, PhD, FASN</i> <i>Helbert Rondon Berrios, MD, MS, FACP, FASN, FNKF</i>
3:15 - 4:15 pm	<b>Transition Clinics in Nephrology</b> <i>Namita Singh, MD, FASN</i>
4:15 - 5:15 pm	<b>What is new in IgA Nephrology</b> <i>Pablo Garcia, MS, FASN</i>
5:15 - 5:30 pm	<b>Break &amp; Exhibitor Expo</b>
5:30 - 6:30 pm	<b>Scratching that Itch: Updates on CKD-Associated Pruritus</b> <i>Sara Combs, MD, MS</i>
6:30 - 8 pm	<b>Cocktail Reception</b>

## SATURDAY, SEPTEMBER 9, 2023

7:30 - 8:30 am	<b>Registration, Continental Breakfast &amp; Exhibitor Expo</b>
8:30 - 8:40 am	<b>Announcements</b> <i>Christos Argyropoulos, MD, MSc, PhD, FASN</i>
8:40 - 9:40 am	<b>AKI in ECMO</b> <i>J. Pedro Teixeira, MD</i>
9:40 - 10:40 am	<b>Management of Severe Hyponatremia</b> <i>Helbert Rondon Berrios, MD, MS, FACP, FASN, FNKF</i>
10:40 - 10:55	<b>Break &amp; Exhibitor Expo</b>
10:55 - 11:55 am	<b>Plenary Session 1: The Great Masquerader: Unmasking the Impact of Immune Checkpoint Inhibitors on Onconephrology</b> <i>Biruh Workeneh, MD, FASN</i>
11:55 - 12:55 pm	<b>Lunch &amp; Exhibitor Expo</b>
12:55 - 1:55 pm	<b>Plenary Session 2: The Journey to Kidney Health is the Reward for People with Diabetes and CKD</b> <i>Katherine Tuttle, MD, FASN, FACP, FNKF</i>
1:55 - 2:55 pm	<b>Use of Clinically Indicated Cardiovascular Procedures in Patients with CKD: Are we Under-Treating our Patients?</b> <i>Steven Weisbord, MD, MSc</i>
2:55 - 3:10 pm	<b>Break &amp; Exhibitor Expo</b>
3:10 - 4:10 pm	<b>Updates in Hypertension Management: Diet, Drugs, and Denervation</b> <i>Cary Boyd-Shiwerski, MD, PhD</i>
4:10 - 5:10 pm	<b>An Update on Lupus Nephritis</b> <i>Kamran Shaffi, MD, MS</i>
5:10 - 5:30 pm	<b>Assessment</b>
5:30 - 5:40 pm	<b>Closing Remarks</b> <i>Christos Argyropoulos, MD, MSc, PhD, FASN</i>

## REGISTRATION RATES

Advance registration is encouraged. Minimum and maximum registration numbers have been established for this activity, register early to avoid disappointment. Your registration will be confirmed via email, if you do not receive a confirmation email, please contact CPL at [HSC-CPL@salud.unm.edu](mailto:HSC-CPL@salud.unm.edu) to verify your attendance. Please confirm your registration before making travel arrangements. Registration includes conference materials, attendance to the reception on Friday and breakfast and lunch on Saturday.

	Early Bird <i>Before 8/17/23</i>	Regular <i>8/18/23-9/4/23</i>	Onsite <i>9/5/23-9/9/23</i>
MD, DO- In Person	\$400.00	\$440.00	\$465.00
MD, DO: UNM Tuition Remission- In Person	\$390.00	\$430.00	\$455.00
RN, NP, PA, Other- In Person	\$350.00	\$390.00	\$415.00
RN, NP, PA, Other: UNM Tuition Remission- In Person	\$340.00	\$380.00	\$405.00
Virtual Attendee	\$300.00	\$340.00	\$365.00
Full Time Resident/Student (Virtual/In Person)	\$100.00	\$140.00	\$165.00

## CANCELLATION

If you pre-register and cannot attend, CPL will refund tuition, less a \$40.00 administrative fee, provided cancellation notice is received in writing on or before **August 25, 2023**. No refunds will be issued after this date or for non-attendance. Activities are subject to cancellation. In the event this conference is canceled, registrants will be notified via email and will receive a full refund. CPL is not responsible for any computer/device equipment rental, airfare, hotel, car rental or other costs incurred by participants.

## HOW TO REGISTER

**CREDIT CARDS, CHECK OR UNM PR: [bit.ly/EbySW](https://bit.ly/EbySW)**

Checks should be made payable to UNM CPL, include the attendees name and mailed to: The University of New Mexico, Office for Continuous Professional Learning, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. It is UNM policy to charge offerer \$35.00 plus normal merchant bank fees for each returned check. **UNM CPL does not accept POs or paper registrations. All registrations need to be completed online with the link above.**

### UNM TUITION REMISSION:

All eligible UNM faculty and staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

1. Complete the **conference registration form** and select you will be paying with UNM Tuition Remission.
2. If you need your supervisors approval to use your Tuition Remission you will need to upload a completed **UNM Tuition Remission form** with proper signatures to the online registration form.

## CONFERENCE ACCOMMODATIONS

This conference will be held at the Inn & Spa at Loretto Hotel, 211 Old Santa Fe Trail, Santa Fe, NM 87501. A block of rooms has been reserved for participants of the conference for the nights of September 8 & 9, 2023. Please identify yourself as a participant of the East by Southwest Nephrology Conference, and you will receive the group rate which is \$369.00 (plus tax) . Hotel reservations must be received by the hotel on or before August 18, 2023. Please confirm your conference registration before making travel arrangements. To make a hotel reservation please contact the hotel directly at 1-800-727-5531 or book online at [bit.ly/ExSWHotel23](https://bit.ly/ExSWHotel23)

## SPECIAL ACCOMMODATIONS

Individuals requiring special accommodations should contact CPL as soon as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

### Questions?

UNM Office for Continuous Professional Learning  
MSC09 5370 1 University of New Mexico, Albuquerque, NM 87131-0001  
**Phone:** (505) 272-3942  
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**Web:** <http://goto.unm.edu/CPL>



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